# The Canine Health Census

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Dear Friend

John and I want to thank you for your support - you have no idea how important and valuable your help has been, because without you, the Canine Health Census would achieve nothing.

We believe that ***the CHC is important.*** *It is the first and only large-scale, independent, research that seeks to lead our dogs to better health.*

When you first joined the CHC, many of you helped by donating £5 towards the costs; some of you gave more. However, we had no idea that it would be so difficult to persuade dog lovers to participate in this research. Nor did we know that the dog magazines would be so reluctant to carry details of the Census, thus making it harder for us to reach dog lovers and persuade them to participate.

Many CHC participants have suggested we put posters up; others have spoken of badges and handouts, and leaflets to leave in places where dog lovers visit. More regular newsletters might also help. But we simply do not have the funds to do all these things. The current newsletter, for example - some £700 - has been paid for by John and I.

Recently, we conducted a mini survey into canine diet (details in the newsletter), and we are now conducting a vaccine-specific survey. We hope to do more of these smaller, simpler, pieces of research to gather vital information more quickly, and to interest more people in the larger project. Once again, funding is the major problem. John and I have put all of our spare cash into making the CHC work - but we could do so much more if the funds were available.

We are therefore asking you to donate an annual subscription to the CHC - to help cover some of the expenses. Contrast the CHC with, for example, the RSPCA, which had over £6 million in the bank at the end of 1995, plus invested funds of over £109 million. Over

half of its income in 1995 - £19 million - was spent on wages and salaries. *Yet no-one involved with the CHC receives a penny for their work.*

We are not abandoning the full census. However, we do recognise that for many reasons it will take much more time to complete. We still want people to complete their full census forms and we need new dog owners to join. Only the full census permits the analysis of the complexities or interrelationships of the many factors that can affect the lives and health of dogs. We still need at least 14,000 full census forms completed.

*The CHC will continue until such time as we have achieved our aim: to unravel the mystery concerning ill health in the modern dog. Please join us for the long haul.*

Yours sincerely

Catherine O'Driscoll

**PS. Please complete the enclosed annual subscription form - now!**
**PPS - Please read the newsletter and return the vaccine survey questionnaire within seven days.**

# CANINE HEALTH CARE CENSUS - QUESTIONNAIRE

## Introduction

You may ask why this census is needed. The answer is simple: we need to understand why certain illnesses seem to be increasing in dogs. We have no preconceived theories, and we are not trying to prove any personal points - we wish only to improve the quality of life for dogs.

The census is self-funded by dog owners, who are contributing £5 **per household** (US$11 overseas due to higher postage) when they take part. In return for this contribution, all participants will receive the findings free in book form.Because this is such a complex issue, we need a large number of questionnaires to examine. Most traditional researches are carried out with very low sample sizes, maybe of around 30 or so. This would be too small when considering the implications for millions of dogs. We need to compare breeds to see if they have different problems, and we need to look at all the possible factors that may affect your dog's health. Your experience is a vital part of the complete picture.

We need your help, now. Involve your dog owning friends - the more data the better!

## Instructions for completing this questionnaire

Firstly, sorry! This is a long questionnaire - we do hope that you will allow yourself the time to answer it because your answers are so important to the success of the census. You should try to be as accurate as possible. If in doubt, perhaps you could ask your vet to help, seek clarification from us, or in the last resort, leave the answer blank. If possible, please ask your vet for a copy of your dog's veterinary records and attach them to the form. This will add credibility to the census and enable us to clarify answers if necessary.

Why is the questionnaire so long? Because there are so many things we need to look at. We need to see the whole picture to be sure that we haven't missed anything important. Please take the time to complete it - the information you provide may well help to save dogs' lives in the future.

** We need to know about all types of dogs: pedigree breeds and cross breeds; young and old; healthy and sick; alive and deceased.

** Please complete one questionnaire per dog. If you wish to send details of more than one dog, then either photocopy the questionnaire or request extra copies from us (please enclose a stamped self-addressed envelope large enough to take A4 sized paper). We welcome as many completed questionnaires as possible; there is no extra cash contribution required from you.

** Complete the form by either printing your answers in black or blue ball point pen or by typing. All writing should be in capital letters (so we can read it!).

** Mark all boxes with a cross - X - when answering in the positive, but leave blank if it does not apply to you or your dog.

** Dates should be in numeric form, for example, May 1994 should be 05.94.

** You will see that some questions require 'forced choice' answers. If the answers are not entirely applicable, then either choose the closest answer or leave blank. Do not write in the margin, but enclose a separate sheet of paper if you wish to add information.

Whilst we wish to complete the survey in a reasonable time it is preferable that time is allowed to gather factual data from all available sources.

Some of the questions are designed to identify problem areas or areas for additional research.

Providing your name and address is optional. It will not be divulged to any third party but it will give us the opportunity to clarify certain points, or to send a supplementary questionnaire if the survey results highlight an exceptional problem.

All questions are asked in the present tense; if you are completing a questionnaire for a deceased dog please treat present tense questions as past tense.

Please return completed forms to:

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DEPT CHC
PO BOX 1, LONGNOR, DERBYSHIRE,
SK17 0JJ, (ENGLAND)

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## Supplementary Data

## Use this list when completing question 9.

from the following list please enter the breed code number applicable. (For example if your dog is a Boxer enter 9.10 against question 9 on the questionnaire).

9.1 Afghan Hound
9.2 Airedale Terrier
9.3 Basset Hound
9.4 Beagle
9.5 Bernese
9.6 Bichon Frise
9.7 BloodHound
9.8 Border Terrier
9.9 Border-Welsh Collie
9.10 Boxer
9.11 Bull Terrier (not Staffordshire - see below)
9.12 Bulldog
9.13 Cairn Terrier
9.14 Cavalier King Charles Spaniel
9.15 Chihuahua
9.16 Chow Chow
9.17 Clumber Spaniel
9.18 Cocker Spaniel
9.19 Collie - Bearded (see also Border)
9.20 Collie - Rough
9.21 Dachshund
9.22 Dalmatian
9.23 Doberman (Pinscher)
9.24 (English) FoxHound
9.25 English Setter
9.26 English Springer Spaniel
9.27 Flat Coated Retriever
9.28 Fox Terriers
9.29 German Shepherd (Alsatian)
9.30 Golden Retriever
9.31 Great Dane
9.32 GreyHound
9.33 Irish WolfHound
9.34 Irish Setter
9.35 Labrador Retriever
9.36 Lhasa Apso
9.37 Newfoundland
9.38 Old English Sheepdog
9.40 Pekingese
9.41 Pointer - German shorthaired
9.42 Pomeranian
9.43 Poodle (minature)
9.44 Poodle (standard)
9.45 Poodle (toy)
9.46 Pug
9.47 Pyrenean Mountain
9.48 Rottweiler
9.49 Samoyed
9.50 Schnauzer
9.51 Scottish Terrier
9.52 Shetland Sheepdog
9.53 Shih-Tzu
9.54 Staffordshire Bull Terrier
9.55 St. Bernard
9.56 Weimaraner
9.57 Welsh Corgi
9.58 West Highland White Terrier
9.59 Whippet
9.60 Yorkshire Terrier
9.39 other - please state

## Use the following list when completing question 23

23.1 Aconite
23.2 Actaea rac.
23.3 Apis Mel.
23.4 Argent. Nit.
23.5 Arnica
23.6 Arsen. Alb.
23.7 Belladonna
23.8 Bryonia
23.9 Calc. Carb.
23.10Calc. Flour.
23.11Calc. Phos.
23.12Cantharis
23.13 Carbo Veg.
23.14 Cuprum Met.
23.15 Drosera
23.16 Euphrasia
23.17 Ferr. Phos.
23.18 Gelsemium
23.19 Graphites
23.20 Hamamelis
23.21 Hepar Sulph.
23.22 Hypericum
23.23 Ignatia
23.24 Ipecac
23.25 Kali. Bic.
23.26 Kali. Phos.
23.27 Lycopodium
23.28 Merc. Sol.
23.29 Nat. Mur.
23.30 Nux vom.
23.31 Phosphorus
23.32 Pulsatilla
23.33 Rhus tox.
23.34 Ruta grav.
23.35 Sepia
23.36 Silicea
23.37 Sulphur
23.38 Thuja

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## Supplementary data

## Use this list when completing question 25.

Please take care to use the correct code number as shown against each ailment listed below.

25 **Abortion**

25.1 **Abscess** (boil)

25.2 Acanthosis nigricans (a black thickened skin disease)

25.3 **Accident**

25.4 - use this code when describing the accident.

25.5 **Achondropasia** (short limbs & short wide heads - dwarfism)

25.6 **Acral lick dermatitis** (a raised thickened plaque on a limb)

**Adrenal disease**

-hypoadreno-corticism

25.7 - overactive (Cushing's disease)

25.8 - under active (Addison's disease)

**Allergy** (any reaction or sensitivity to a substance)

25.9 - use this code when describing the allergy.

25.10 **Asthma**

25.11 **Atopy** (inhalant allergies)

**Alopecia**

25.12 - colour mutant alopecia

25.13 - partial, bilaterally

25.14 - partial, symmetrical

25.15 - total

*Alveolar periostitis, see peridonstitis*

**Amputation** of whole or part of a limb

25.16.1 Right front leg

25.16.2 Left front leg

25.16.3 Right rear leg

25.16.4 Left rear leg

25.17 **Amyloidosis** (an infiltration of organs with amyloid, a waxy starch like substance)

**Anaemia**

25.18 - Aplastic

25.19 - Dyshaemopoietic (deficiencies of vitamins or minerals)

25.20 - Haemolytic (AIHA) (destruction of blood cells)

25.21 - Haemor-rhagic (through bleeding)

25.22 - Nutritional

25.23 - other, please describe

25.24 **Anal glands** - problems with

25.25 **Anasarca** (excess fluid beneath skin - "bulldog puppies")

25.26 **Angioma** (benign tumour of cells lining heart etc.)

25.27 **Angiosarcoma** (malignant tumour of cells lining heart etc.)

**Arthritis**

25.28 - Arthrosis (inflammation of a joint)

25.29 - Infective or septic

25.30 - Osteoarthritis (degeneration of joint)

25.31 - polyarthritis (multiple joints)

25.32 - Rheumatoid (erosion of bone/cartilage)

25.33 **Ascaris** - nematode (roundworms)

25.34 **Ascites** (accumulation of fluid in the abdomen, dropsy of)

*Asthma, see allergy*

25.35 **Ataxia** (staggering walk)

25.36 **Atrophy** (wasting) of limbs

*Atrioventricular valve, see heart problems*

25.37 **Avitaminosis** (lack of vitamins)

25.38 **Avascular necrosis** of femoral head (a disease of the hind limb)

25.39 **Bad breath**

25.40 **Bee or wasp stings**

25.41 **Behavioural problem** or treatment

*bicuspid valve, see heart problems*

25.42 **Blepharitis** (inflammation of eyelid, usually margin)

**Blindness**

25.43 left eye

25.44 right eye

*Bloat, see GDV*

25.45 **Bleeding, excessive**

25.46 - Factor VII (proconvertin) deficiency (bleeding disorder)

25.47 - Factor VIIIAg (von Willebrand's disease) (bleeding disorder)

25.48 - Factor X (Stuart Prower) deficiency (bleeding disorder)

25.49 - Factor XI (plasma thromboplastin antecedent) deficiency (bleeding disorder)

25.50 - haemophilia (bleeding disorder)

25.51 **Blood cell** (red) enzyme deficiency (any)

*Blood blister, see haematoma*

25.52 **Blue eyes**

25.53 **Blue-green alga poisoning**

*Brain, see cerebr-*

*Bronchitis (inflammation of bronchi)see Tracheobronchitis*

25.54 **Burns**

25.55 use this code against a description of the cause of burn

25.56 use this code against a description of the extent of burn

25.57 **Bursitis** (inflammation of a bursa - a small sack of fibrous tissue, fluid filled synovial membrane)

25.58 **Caesarean birth**

25.59 **Calcium deficiency.**

**Cancer** *(sarcoma - malignant tumour)*

25.60 Cancer - bladder

25.61 Cancer - blood (leukemia)

25.62 Cancer - bone (Osteogenic sarcoma)

25.63 Cancer - bowel

25.64 Cancer - heart

25.65 Cancer - kidney

25.66 Cancer - liver

25.67 Cancer - lung

25.68 Cancer - lymph node

25.69 Cancer - mammary

25.70 Cancer - mast cell

25.71 Cancer - ovaries

25.72 Cancer - prostate gland

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25.73 Cancer - skin
25.74 Cancer - spleen
25.75 Cancer - stomach
25.76 Cancer - testicles
25.77 Cancer - uterus

*Canicola fever, see Leptospirosis*

**Canker** (otitis - inflammation of ear)

25.78 - external
25.79 - Otodectes cynotis (ear mites)
25.80 - interna (inner ear)
25.81 - media (tympanic cavity)

*Cardiac problems, see heart problems*

*Cardiomyopathy, see heart problems*

*Cataracts, see eye disease*

25.82 **CDRM**
25.83 **Cerebral haemorrhage** (bleeding in brain)
25.84 **Cervical (neck) disc disease**
25.85 **Cervical vertebral** (neck/spine) instability -(Wobbler's syndrome)
25.86 **Cleft palette** (palatoschisis)
25.87 **Cleft lip** (harelip)
25.88 **Clipper rash**
25.89 **Coccidioidomycosis** (desert fever)
25.90 Coccidiosis

**Colitis** (inflammation of colon)

25.91 bacterial
25.92 parasitic
25.93 **Collie** eye anomaly (CEA)
25.94 **Conjunctivitis** (inflammation of membrane lining to eyelid)
25.95 **Constipation**
25.96 **Copper storage** (Wilsons) disease

*Corneal dystrophy, see eye diseases*

25.97 **Craniomandibular** osteopathy (CMO)
25.98 **Cruciate ligament** rupture

*Cryptorchid (only one of two testicles properly developed),see Monorchidism*

*Cyclic neutropenia, see neutropenia*

25.100 **Cystic ovaries** (ovarian cyst)
25.101 **Cystic calculi** (bladder stones)
25.102 **Cystitis** (inflammation of the bladder)
25.103 **Dandruff** (scurf or scales)
25.104 **Deafness**
25.105 **Degenerative joint** disease (DJD)
25.106 **Dehydration**
25.107 **Demodectic mange** (follicular mange) (caused by parasitic mites)
25.108 **Dentition problem** (ie. naturally missing teeth)
25.109 **Dermatitis**
25.110 aptopic Dermatitis (itchy)
25.111 Dermatitis with facial fold
25.112 Pododermatitis (infection of the paws)
25.113 Dermatomycosis (skin infection by fungus)
25.114 Dermatophytosis (skin infection by dermatophyte fungus)
25.115 Dermoid cyst (cyst with hair follicles)

*Desert fever, see Coccidioidomycosis*

25.116 **Diabetes insipidus** (metabolic)
25.117 **Diabetes mellitus** (inadequate insulin)
25.118 **Diarrhoea** (scouring) (bacterial)

*Dirofilariasis, see heartworm*

25.119 **Distemper** and infectious hepatitis (hard pad)
25.120 **Distemper** - other form
25.121 **Dyspnoea** (laboured or difficult breathing)

**Dysplasia**

25.122 of elbow
25.123 of hip
25.124 use this code if confirmed by X-ray?
25.125 **Dystocia** (difficult birth)
25.126 **Eclampsia** (convulsions prior to pregnancy or post whelping)
25.127 **Ectopic ureters** (abnormal tissue of organ causing urine to drain into the vagina rather than bladder)

*Eczema, see atopic dermatitis*

25.128 **Ehlers-Daulos** syndrome (elastic loose skin)

*Elbow dysplasia, see dysplasia*

25.129 **Emphysema** (abnormal accumulation of air in body tissues)
25.130 **Endometritis** (inflammation of membranous lining of the uterus)
25.131 **Enteritis** (inflammation of intestines)
25.132 **Eosinophilic** panosteitis ("longbone")
25.133 **Epilepsy** (convulsions, fits)
25.134 **Epulis** - a benign fibrous tumour in the mouth

**Eye diseases**, inherited

25.135 - cataracts
25.136 - corneal dystrophy
25.137 - PRA (progressive retinal atrophy)
25.138 - VKH (Vogt-Koyanagi-Harada like syndrome)

**Eyelash abnormalities**

25.139 - aberrant cilia
25.140 - distichiasis
25.141 - trichiasis

**Eyelids -**

25.142 - turning in (Entropion)
25.143 - turning out (Ectropion)
25.144 **Fainting** (loss of consciousness)
25.145 **False pregnancy** (pseudopregnancy)
25.146 **Fever syndrome** (vasculitis)
25.147 **Flank sucking** disease
25.148 **Flatulence** (gas or wind)
25.149 **Fleas**
25.150 **Fractures of bones**
25.151 please describe & specify bone(s)
25.152 **Gastritis** (inflammation of stomach)
25.153 **Gastric** dilatation/volvulus (GDV)



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25.154 **Gastroenteritis** (acute haemorrhagic (HGE))

25.155 **Giardiasis** (parasitic)

25.156 **Gingivitis** (inflammation of or sore gums)

25.157 **Glaucoma** (high pressure in the eye)

25.158 **Glomerulonephritis** (a kidney condition)

25.159 **Glycogen storage** disease

25.160 **Haematoma** (blood blister)

25.161 - please specify location of

*Hair loss, see alopecia*
*Hard pad, see distemper*

25.162 **Haws** (cherry eye)

**Heart problems or conditions**

25.163 - Subaortic stenosis (SAS)(abnormal narrowing of arteries)

25.164 - Atrial septal defect

25.165 - Cardiomyopathy (a lesion or disorder of heart muscle)

25.166 - heart block (impaired pumping action)

25.167 - endocarditis (inflammation of the endothelial lining)

25.168 - Mitral (bicuspid) valve defect (left atrioventricular valve)

25.169 - myocarditis (inflammation of heart muscle)

25.170 - Patent ductus arteriosus (PDA)(ie foetal blood vessel persists after birth)

25.171 - Persistent right aortic arch

25.172 - Tetralogy of fallot

25.173 - Ventricular septal defect

25.174 Heart failure - due to cardiomyopathy

25.175 Heart failure - due to congestive

25.176 **Heartworm disease**

25.177 **Heat exhaustion** (sun or heat stroke)

*Haemangioma, haemgiosarioma, see angioma*
*Hepatic portosystemic, see portocaval shunt*

**Hepatitis** (inflammation of liver)

25.178 Bacterial

25.179 Chronic active

25.180 Nutritional/metabolic

25.181 Parasitic

25.182 Viral

25.183 **Hermaphroditism** (bi-sexual)

**Hernia** (internal or external protussion of tissue beyond the normal cavity)

25.184 - Diaphragmatic

25.185 - Femoral

25.186 - Inguinal

25.187 - Perineal

25.188 - Scrotal

25.189 - Umbilical

25.190 - Ventral

*Hip dysplaysia, see dysplaysia*

25.191 **Histiocytoma,** (a malignant skin tumour)

25.192 **Hives** (shingles)

25.193 **Hydrocephalus** (abnormal amount of cerebrospinal fluid in the cavities of the brain)

25.194 **Hydrometra** (water filled uterus)

25.195 **Hygroma** (fluid filled sack on elbow)

25.196 **Hypercholesterlemia** (abnormally high concentration of chlorestrol in blood)

25.197 **Hypertrophic** osteodystrophy (HOD) (defective bones)

25.198 **Hypertrophy** of third eyelid (nictiating membrane)

25.199 **Hypoglycemia** (abnormally low concentration of glucose in blood)

25.200 **Immobile cilia syndrome** (ciliary dyskinesia)

25.201 **Immunoglobulin** (antibody) deficiency - any

25.202 **Infertility**

25.203 **Inflammatory bowel** disease (IBD)

25.204 **Intussusception** (telescoping of bowel on itself)

25.205 **Jaundice** (icterus)

**Jaw**

25.206 - overshot

25.207 - undershot

*Kennel cough, see Tracheobronchitis*

25.208 **Keratoconjunctivitis** sicca (KCS, "dry eye")

25.209 **Kidney failure**

25.210 **Laryngeal muscle paralysis**

25.211 **Laryngitis** (inflammation of the larynx)

*Legg-Calve-Perthes disease, see avascular necrosis*

25.212 **Leptospirosis** (canicola type)

25.213 **Leucopenia** (deficiency of white blood cells)

**Leptospirosis** (also see kidney failure)

25.214 - canicola type

25.215 - icterohaemorrhagiae

25.216 **Lice**

*Liver, inflammation, see hepatitis*

25.217 **Lumbosalral** (backbone) disc disease

25.218 **Lymphedema** (blockage of lymph flow with tissue swelling)

*Lymphosarcoma, see Cancer*

25.219 **Lysosomal** (a particle in the cytoplasm (jelly cover) to cells) storage diseases

25.220 **Malabsorption** (where one or more nutrients from the alimentary tract is impaired)

25.221 **Mammary tumour**

25.222 **Mastocytoma** (a skin tumour of neoplastic mast cells)

25.223 **Mega oesophagus** (abnormally large food tube to stomach)

25.224 **Melanoma** (a tumour, usually brown/black on skin)

25.225 **Microphthalmia** (small eyes)

*Mitral valve, see heart problems*

25.226 **Monorchidism** (only one testicle ever developed).

25.227 **Muscular dystrophy** (degeneration of muscles)

25.228 **Myasthenia gravis** (excessive muscle fatigue after exercise)

*Neutropenia - cyclical, see leucopenia*

25.229 **Osteochrondrosis**

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25.230 **Osteochrondritis** dissecans (OCD) (typically this produces a cartilage flap)

*Osteosarcoma, see Cancer - bone*

*Otitis (ear inflammation), see Canker*

25.231 **Pancreatic insufficiency**

25.232 **Pancreatitis** (inflammation of the pancreas)

25.233 **Papilloma** (warts)

25.234 **Paraplegia** (paralysis of both hind limbs)

*Patent ductus arteriosus (PDA), see heart problems*

25.235 **Pemphigus** (skin disease, typically with blisters or ulcers)

25.236 **Perianal gland** tumour (tumours around the anus)

25.237 **Peridontitis** and other diseases of teeth

25.238 **Peritontitis** (inflammation of the peritoneum)

25.239 **Persistent pupillary membrane** (eye disorder)

*Perthes's disease, see Legg-Calve-Perthes*

25.240 **Peripheral sensory neuropathy** (lack of pain with self-mutilation)

25.241 **Pituitary gland** dwarfism

25.242 **Platelet** (small blood cell to aid clotting) dysfunction

25.243 **Pleuritis** (Pleurisy - inflammation of the pleura)

25.244 **Pneumonia** (inflammation of the lungs)

*PRA (progressive retinal atrophy), see eye diseases*

25.245 **Portocaval shunt** (anastomosis - portal vein bypasses liver)

25.246 **Prolapse** (downward or outward displacement of any organ from the norm)

25.247 use this code when stipulating the organ

25.248 **Protein losing enteropathy** - (PLE - loss of protein from the bowel )

25.249 **Proctitis** - inflammation of the rectum

25.250 **Prostate gland problems**

*prostatic carcinoma, see cancer - prostate*

25.251 **Pyometra** (metritis, infected uterus or womb, pus in uterus)

25.252 **Pyloric stenosis** (stricture of opening from stomach)

25.253 **Rabies**

25.254 **Rage syndrome**

25.255 **Renal dysplasia** (malformation of kidneys)

25.256 **Rickets** (a bone disease)

*Ringworm, see Dermatophytosis*

25.257 **Rodenticide poisoning** (eg rat poison)

25.258 **Runny nose** (coritis)

*Sarcoma, see Cancer*

25.259 **Scabies** (sarcoptic mange)

25.260 **Schnauzer comedo** ("black heads") syndrome

25.261 **Scottie cramp** (periodic muscle cramp or spasm)

25.262 **Sebaceous adenitis** (oily inflammation)

25.263 **Sebaceous cyst** (oily when squeezed)

25.264 **Sebaceous gland tumour**

25.265 **Seborrhea** (excessive oily skin)

25.266 **Sertoli cell tumour** of testes

25.267 **Spina bifida** (open spinal chord)

25.268 **Splenic torsion** (twisted spleen)

25.269 **Stomatitis** (inflammation of the mouth)

*Subaortic stenosis (SAS), see Heart problems*

25.270 **Swimming puppy** syndrome (Swimmer puppy - puppies propel themselves on their chest as if swimming)

25.271 **Syringomyelia** (cavities in spinal cord, causing hopping)

25.272 **Systemic lupus erythematosus** (SLE - characterised by inflammation & destruction of variety of tissues))

25.273 **Tapeworm** (cestode)

*Thrombocyte, see platelet*

25.274 **Thrombcytopenia** (ITP)(too few blood platelets)

25.275 **Thyroid** - under active

25.276 **Thyroiditis** (inflammation of thyroid)

*Testicle deformity, see Monorchidism*

25.277 **Ticks**

25.278 **Tonsillitis** (Inflammation of tonsils)

25.279 **Tooth abscess**

25.280 **Tracheobronchitis** - Kennel Cough

25.281 **Travel** (motion) sickness

25.282 **Uveitis** (inflammation of uveal tract - eye disorder)

25.283 **Vitiligo** (hypopigmentation of lips, nose, eye rims)

*VKH (Vogt-Koyanagi-Harada like syndrome), see eye diseases*



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# The Canine Health Census

## 1 Respondent

1.1 Name _ _ _ _ _ _ _ _ _ _ _ _ _ _

1.2 House _ _ _ _ _ _ _ _ _ _ _ _ _ _

1.3 Street _ _ _ _ _ _ _ _ _ _ _ _ _ _

1.4 District _ _ _ _ _ _ _ _ _ _ _ _ _ _

1.5 Town-City _ _ _ _ _ _ _ _ _ _ _ _ _ _

1.6 Postcode (Zip code) _ _ _ _ _ _ _ _ _ _

1.7 Country _ _ _ _ _ _ _ _ _ _ _ _ _ _

1.8 Telephone _ _ _ _ _ _ _ _ _ _ _ _ _ _

## 2 Location:

cross the applicable box if you live

2.1 - in a town or city _ _ _ _ _ _ _ _ _ _ [ ]

2.2 - in a village _ _ _ _ _ _ _ _ _ _ _ [ ]

2.3 - in the country _ _ _ _ _ _ _ _ _ _ [ ]

## 3 Dog Owner's personal data -

3.1 Please cross box if you are a dog breeder _ _ [ ]

Your age group - please cross one box only of the following

3.2 Aged 11 - 20 years _ _ _ _ _ _ _ _ _ [ ]

3.3 Aged 21 - 30 years _ _ _ _ _ _ _ _ _ [ ]

3.4 Aged 31 - 40 years _ _ _ _ _ _ _ _ _ [ ]

3.5 Aged 41 - 50 years _ _ _ _ _ _ _ _ _ [ ]

3.6 Aged 51 - 60 years _ _ _ _ _ _ _ _ _ [ ]

3.7 Aged 61 or more years _ _ _ _ _ _ _ [ ]

## 4 Veterinary help.

4.1 Please cross box if you requested help from your vet in completing this form. _ [ ]

4.2 If so, please cross box if veterinary assistance was actually given? _ [ ]

4.3 Please cross box if you requested a copy of the dog's veterinary record. [ ]

4.4 If so, please cross box if veterinary records were actually supplied? _ [ ]

## 5 Purebred

If the dog is a mongrel/mixed breed please go to question 6.

5.1 Please cross box if the dog is purebred. _ _ _ [ ]

and complete the following short pedigree, if known. This is a question which has caused much heart searching about your reaction to it. By completing this questionnaire we believe that you are committed to discovering the truth without bias or preconceived ideas. Some people blame breeders for health problems and point the finger at genetic defects. Others wholly reject such ideas. The truth is anyone's guess but only by answering this question can it be resolved. For example, some say that hip dysplasia is genetic, yet even they admit variability as to breed and never claim that more than 40% of hip dysplasia is caused by genetic defects. We believe that responsible breeders and owners will only wish to breed from good strong stock; answering this question will help to resolve the issue. We hope you complete it but understand if you do not.

**Dog's kennel name**

5.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

**Sire's kennel name**

5.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

**Grand Sire's kennel name**

5.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

**Grand Dam's kennel name**

5.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

**Dam's kennel name**

5.6 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

**Grand Sire's kennel name**

5.7 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

**Grand Dam's kennel name**

5.8 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

## 6 Progeny

6.1 Are there any progeny from this dog? _ _ _ [ ]

if so please state:

6.2 total number of litters _ _ _ _ _ _ _ _ [ ]

6.3 total number of puppies born _ _ _ _ _ [ ]

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## 7 Sex

please cross box if

7.1 the animal is a male _ _ _ _ _ _ _ _ _ [ ]
7.2 the dog was castrated _ _ _ _ _ _ _ _ _ [ ]
7.3 the bitch was spayed (speyed) _ _ _ _ _ [ ]
7.4 state date (month & year) of operation. _ [ - ]

## 8 Dog's age data; where known - (month & year)

8.1 Date of birth [ - ]
8.2 Date when dog acquired. [ - ]
8.3 Date of death if deceased [ - ]
If deceased, please cross applicable following boxes
8.4 if the death was due to old age. [ ]
8.5 if the dog was put to sleep (euthanasia) [ ]
8.6 if a post-mortem was carried out [ ]
and please state cause of death

8.7 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

## 9 Breed

From the enclosed list (see page II) please enter the breed code number applicable. (For example if your dog is a Boxer enter 9.10)

9.0 _ _ _ _ _ _ _ _ _ _ _ _ _ [ . ]

## 10 Hip evaluation:

If the dog has had a hip X-ray and the results were scored, please state scores of:

10.1 Left hip _ _ _ _ _ _ _ _ _ _ _ [ ]
10.2 Right hip _ _ _ _ _ _ _ _ _ _ _ [ ]
10.3 On what date was the X-ray done (m/yr) [ - ]
10.4 Sire's hip score (if known) - left [ ] right _ [ ]
10.5 Dam's hip score (if known) - left [ ] right [ ]

## 11 Eye examination:

If the dog had an eye test please state the last date when a valid clear certificate was issued (month year).

11 _ _ _ _ _ _ _ _ _ _ _ _ _ [ - ]

## 12 Diet

Please cross boxes if the animal has been fed:

12.1 a wholly natural diet throughout its life _ _ _ [ ]
(ie a diet where the food has not been cooked nor pre-processed in some way.)
12.2 a commercial dog food throughout its life _ _ [ ]
12.3 if the dog has been frequently allowed "tit bits" [ ]
eg human sweets, chocolate.
12.4 proprietary (ie manufactured) cat food _ _ _ [ ]
12.5 a diet composed entirely of human food _ _ [ ]
( incl. left overs).

12.6 **Please estimate what proportions (%) of the dog's whole diet** (ie from date of birth) from the following list if the dog has been fed any of the following - (enter zero if not fed a listed food). We appreciate that this is a difficult question tocomplete; it is expected that most answers will be in single figures. For example if a dog was fed a human breakfast cereal for the first six months of its life mixed with cows milk and the dog is now two years old we would estimate the cereal to amount to less than 20% of its diet:

**Bacon -**
12.6.1 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.2 raw _ _ _ _ _ _ _ _ _ _ _ [ ] %
**Beef -**
12.6.3 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.4 raw _ _ _ _ _ _ _ _ _ _ _ [ ] %
**Bones, meaty (ie meat at least equal to bone)**
**Beef bones -**
12.6.5 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.6 uncooked _ _ _ _ _ _ _ _ _ _ [ ] %
**Chicken bones -**
12.6.7 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.8 uncooked _ _ _ _ _ _ _ _ _ _ [ ] %
**Lamb bones -**
12.6.9 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.10 uncooked _ _ _ _ _ _ _ _ _ [ ] %
**Turkey bones-**
12.6.11 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.12 uncooked _ _ _ _ _ _ _ _ _ [ ] %
**Venison bones -**
12.6.13 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.14 uncooked _ _ _ _ _ _ _ _ _ [ ] %
**Bones, bare**
12.6.15 Chicken - _ _ _ _ _ _ _ _ _ [ ] %
12.6.16 Lamb - _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.17 Turkey - _ _ _ _ _ _ _ _ _ [ ] %
12.6.18 Venison - _ _ _ _ _ _ _ _ [ ] %
**Cereals, manufactured -**
corn based in the main
12.6.19 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.20 as supplied _ _ _ _ _ _ _ _ [ ] %
barley based in the main
12.6.21 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.22 as supplied _ _ _ _ _ _ _ _ [ ] %
wheat based in the main
12.6.23 cooked _ _ _ _ _ _ _ _ _ _ [ ] %
12.6.24 as supplied _ _ _ _ _ _ _ _ [ ] %



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oats based in the main

12.6.25 cooked [ ] %
12.6.26 as supplied [ ] %

**Chicken - meat**

12.6.27 cooked [ ] %
12.6.28 raw [ ] %

**Heart - lamb**

12.6.29 cooked [ ] %
12.6.30 raw [ ] %

**Heart - ox**

12.6.31 cooked [ ] %
12.6.32 raw [ ] %

**Heart - pig**

12.6.33 cooked [ ] %
12.6.34 raw [ ] %

**Lamb- meat**

12.6.35 cooked [ ] %
12.6.36 raw [ ] %

**Liver - lamb's**

12.6.37 cooked [ ] %
12.6.38 raw [ ] %

**Liver - ox**

12.6.39 cooked [ ] %
12.6.40 raw [ ] %

**Liver - Pig**

12.6.41 cooked [ ] %
12.6.42 raw [ ] %

**Milk - cow**

12.6.43 cooked [ ] %
12.6.44 raw [ ] %

**Milk - goat**

12.6.45 cooked [ ] %
12.6.46 raw [ ] %

**Milk - sheep**

12.6.47 cooked [ ] %
12.6.48 raw [ ] %

**Pork - meat**

12.6.49 cooked [ ] %
12.6.50 raw [ ] %

**Rabbit - meat**

12.6.51 cooked [ ] %
12.6.52 raw [ ] %

**Tripe -**

12.6.53 cooked [ ] %
12.6.54 raw [ ] %

**Turkey - meat**

12.6.55 cooked [ ] %
12.6.56 raw [ ] %

**Venison - meat**

12.6.57 cooked [ ] %
12.6.58 raw [ ] %

**Green vegetables -**

12.6.59 cooked [ ] %
12.6.60 uncooked - whole [ ] %
12.6.61 uncooked - chopped [ ] %
12.6.62 uncooked - grated [ ] %

**Water -**

12.6.63 mains - hot [ ] %
12.6.64 mains - cold [ ] %
12.6.65 spring - hot [ ] %
12.6.66 spring - cold [ ] %
12.6.67 stream/river - hot [ ] %
12.6.68 stream/river - cold [ ] %

Please cross the following boxes if the dog has been fed the following in an **uncooked** state.

12.7 Butter [ ] %
12.7.1 Margarine [ ] %
12.7.2 Cooking oil or fat [ ] %
12.8 Please cross the box if you use a Microwave to cook the dog's food. [ ]
other method - please specify

12.9

## 13 Vitamins & Minerals.

Please list by brand (or generic) name, any vitamin supplements given to the dog. Please cross the boxes to stipulate if these given as a preventative action or as treatment for some form of illness?

| | | Prevention | Treatment |
|---|---|---|---|
| 13.1 | | [ ] | [ ] |
| 13.2 | | [ ] | [ ] |
| 13.3 | | [ ] | [ ] |
| 13.4 | | [ ] | [ ] |
| 13.5 | | [ ] | [ ] |
| 13.6 | | [ ] | [ ] |
| 13.7 | | [ ] | [ ] |
| 13.8 | | [ ] | [ ] |
| 13.9 | | [ ] | [ ] |

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## 14 Lifestyle

14.1 How many dogs are now living with you? _ [ ]

14.2 If the dog is left alone regularly please state the duration to the neartest whole hour. _ _ [ ]

14.3 Cross box if there are cats in the house? _ _ _ [ ]

If you have other pets - please describe:

14.4 _ _ _ _ _ _ _ _ _ _

14.5 How many times per day is the dog given exercise away from the immediate home area? _ _ _ [ ]

How many times per week, on average, does your dog travel with you -

14.5.1 in the car _ _ _ _ _ _ _ _ _ [ ]

14.5.2 on a boat _ _ _ _ _ _ _ _ _ [ ]

14.5.3 on an aircraft _ _ _ _ _ _ _ _ [ ]

14.5.4 follow your bicycle _ _ _ _ _ _ [ ]

14.6 Please cross the box if you smoke (d) cigarettes, cigars or pipes. _ _ _ [ ]

14.7 Date ceased smoking _ _ _ _ _ _ [ - ]

14.8 On average, how many minutes does each walk last _ _ _ _ _ _ [ ]

14.9 If children live in the home, how many are there? [ ]

## 15 Home environment:

Please cross any of the following boxes if, within your home, any of the following are frequently used -

15.1 Air fresheners - aerosol type _ _ _ _ _ _ [ ]

15.2 Air fresheners - solid type _ _ _ _ _ _ [ ]

15.3 Air conditioners _ _ _ _ _ _ _ _ _ [ ]

15.4 incense burners _ _ _ _ _ _ _ _ _ [ ]

15.5 insecticidal strips _ _ _ _ _ _ _ _ _ [ ]

15.6 ionisers _ _ _ _ _ _ _ _ _ _ [ ]

15.7 Perfume - ladies _ _ _ _ _ _ _ _ _ [ ]

15.8 Perfume (after shave) - gentlemen _ _ _ _ [ ]

**Home heating:**

15.9 gas fired central heating _ _ _ _ _ _ _ [ ]

15.10 oil fired central heating _ _ _ _ _ _ [ ]

15.11 coal fired central heating _ _ _ _ _ _ [ ]

15.12 electric powered central heating _ _ _ [ ]

15.13 open gas fire _ _ _ _ _ _ _ _ _ [ ]

15.14 open wood burning fire _ _ _ _ _ _ _ [ ]

15.15 open electric fire _ _ _ _ _ _ _ _ [ ]

15.16 closed solid fuel stove _ _ _ _ _ _ _ [ ]

**Utensils - is the dog's water bowl made or composed of:**

15.17 Plastic _ _ _ _ _ _ _ _ _ _ _ _ [ ]

15.18 Pottery _ _ _ _ _ _ _ _ _ _ _ _ [ ]

15.19 Steel _ _ _ _ _ _ _ _ _ _ _ _ _ [ ]

**Utensils - is the dog's feed bowl made or composed of:**

15.20 Plastic _ _ _ _ _ _ _ _ _ _ _ _ [ ]

15.21 Pottery _ _ _ _ _ _ _ _ _ _ _ _ [ ]

15.22 Steel _ _ _ _ _ _ _ _ _ _ _ _ [ ]

## 16 Water access

The question is aimed at identifying any problems where dogs might suffer from pollutants etc. Cross all applicable boxes if the dog is allowed into water such as:

16.1 Canal _ _ _ _ _ _ _ _ _ _ _ _ [ ]

16.1.1 Estuary _ _ _ _ _ _ _ _ _ _ _ [ ]

16.1.2 Lake - natural _ _ _ _ _ _ _ _ _ [ ]

16.1.3 Lake - reservoir _ _ _ _ _ _ _ _ [ ]

16.1.4 River _ _ _ _ _ _ _ _ _ _ _ [ ]

16.1.5 Sea _ _ _ _ _ _ _ _ _ _ _ _ [ ]

16.1.6 Stream/brook _ _ _ _ _ _ _ _ _ [ ]

## 17 Stress

Is human stress a factor in a dog's heath? We need this question answered to ascertain its relevance. Please rate the level of stress you have in your own life - 0 = stress-free; 10 = very stressful

17.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ [ ]

Which of the following events have occurred in your life whilst the dog has been with you - please cross all applicable boxes:

17.2 Death of spouse/partner _ _ _ _ _ _ _ [ ]

17.3 Divorce _ _ _ _ _ _ _ _ _ _ _ [ ]

17.4 Marital separation _ _ _ _ _ _ _ _ [ ]

17.5 Death of close family member _ _ _ _ _ [ ]

17.6 Personal injury or illness _ _ _ _ _ _ [ ]

17.7 Got married _ _ _ _ _ _ _ _ _ _ [ ]

17.8 Lost employment _ _ _ _ _ _ _ _ [ ]

17.9 Had a marital reconciliation _ _ _ _ _ _ [ ]

17.10 Experienced a long separation from the dog _ [ ]

17.11 become retired _ _ _ _ _ _ _ _ _ [ ]

17.12 had a major change in health of family member [ ]

17.13 Self or spouse/partner become pregnant _ _ [ ]

17.14 Business downturn (if self employed) _ _ _ [ ]

17.15 Do you take your dog on long holidays _ _ [ ]

17.16 Do you show the dog _ _ _ _ _ _ _ [ ]



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## 18 Residence -

18.1 Cross if the dog lives in your home _ _ _ _ [ ]
*if so please cross if*
18.2 the dog is allowed in rooms which are carpeted _ [ ]
*and the carpets in such rooms are*
18.3 treated with a carpet shampoo _ _ _ _ _ [ ]
18.4 treated with a carpet freshener _ _ _ _ _ [ ]
18.5 the dog is allowed in bedrooms and on beds _ _ [ ]
*is bedding washed with*
18.6 a biological detergent? _ _ _ _ _ _ _ [ ]
18.7 a non-biological detergent? _ _ _ _ _ _ [ ]
18.8 the dog is allowed on fabric covered furniture _ [ ]
*is such furniture cleaned with*
18.9 a biological detergent? _ _ _ _ _ _ _ [ ]
18.10 a non-biological detergent? _ _ _ _ _ _ [ ]
18.11 Cross if the dog is normally kennelled at home [ ]
*If the dog had an excerise area such as a yard or field,*
18.12 cross the box if the dog is permitted _ _ _ [ ]
free unsupervised use of this area.
18.13 How large is the exercise area in acres? [ . ]
eg. quarter, half, etc. acre - please express fractions as decimals.
18.14 crtoss the box if you usually place the dog in _ [ ]
boarding kennels when on holiday?

## 19 Vaccinations

19.1 Please state when the animal was _ _ [ - ]
last vaccinated (month year).
19.2 After this date when was the dog next ill? [ - ]
(month year).
19.3 Please cross box if you administer _ _ _ _ [ ]
vaccines yourself.
19.4 Please cross box if a veterinary surgeon _ _ _ [ ]
vaccinated the dog.

Please list below the brand or generic names of vaccines used. Did any vaccine cause a reaction or did it fail (ie dog contracted the illness which the vaccine was intended to prevent). Cross the adjacent box (under column A) if the vaccine was MLV (multiple live vaccine) and the second box (under column B) if the vaccine failed to protect. Cross the third box (under column C) if the vaccine caused an adverse reaction. It is assumed that a killed vaccine was used if you leave the MLV box blank.

| | Name of vaccine | A MLV | B Failure | C Reactio |
|---|---|---|---|---|
| 19.5 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |
| 19.6 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |
| 19.7 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |
| 19.8 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |
| 19.9 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |
| 19.10 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |
| 19.11 | _ _ _ _ _ _ _ _ _ | [ ] | [ ] | [ ] |

## 20 Conventional veterinary treatment

Please cross the appropriate applicable boxes, if:
20.1 Cross the box if the dog has had surgery? _ _ [ ]
- what for

20.2 _ _ _ _ _ _ _ _ _ _ _

20.3 Cross the box if a blood test has been carried out? [ ]
20.4 - date of last test (month year) _ _ _ [ - ]
- what did the test show?
20.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
20.6 Has a tissue pathology test been carried out? _ [ ]
20.7 - date of test (month year) _ _ _ _ [ - ]
- what did the test show?

20.8 _ _ _ _ _ _ _ _ _ _ _

## 21 Drug treatments.

Please list all drugs used in treatment of the animal. Please identify the drug by either its brand or generic name.

**21.1 Antibiotics used**

21.1.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
21.1.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
21.1.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
21.1.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
21.1.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
*list additional drugs on a separate sheet & attach*

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**21.2 Cortisosteroids used**

21.2.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.2.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.2.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.2.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.2.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.3 Non-steroidal anti-inflammatory drugs used.**

21.3.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.3.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.3.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.3.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.3.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.3.6 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.4 Worming medicines used - (tablets, powders, liquids)**

21.4.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.4.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.4.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.4.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.4.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.5 Heartworm preventatives**

21.5.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.5.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.5.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.5.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.5.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.6 Hormonal preparations used.**

Typically used for thyroid, to stop season, to reduce sex drive, for false pregnancy, for pyometra, for unwanted pregnancy.

21.6.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.6.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.6.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.6.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.6.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.7 Heart medications used to alter and/or contract** heart rate or regulate heartbeat

21.7.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.7.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.7.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.7.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.7.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.8 Diuretics used**

21.8.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.8.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.8.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.8.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.8.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

21.9 Insulin - please cross box if used _ _ _ _ [ ]

**21.10 Sedatives used.**

21.10.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.10.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.10.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.10.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.10.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.11 Anti-convulsants used.**

21.11.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.11.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.11.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.11.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.11.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.12 Anaesthetics used (for operations, x-rays etc).**

21.12.1 Since birth how many times _ _ _ _ _ [ ]
has the dog been totally anaesthetised?

21.12.2 Since birth how many times _ _ _ _ _ [ ]
has the dog been locally anaesthetised?

21.12.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.12.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.12.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.12.6 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.12.7 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*



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**21.13 Antispasmotics (for treatment of bowels)**

21.13.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.13.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.13.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.13.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.13.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.14 Blood boosters (for hematinics)**

21.14.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.14.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.14.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.14.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.14.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.15 Blood thinners (anticoagulants, aspirin)**

21.15.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.15.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.15.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.15.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.15.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.16 Chemotherapy**

21.16.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.16.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.16.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.16.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.16.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.17 Immune suppressant drugs**

21.17.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.17.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.17.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.17.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.17.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

**21.18 Anti-emetics (to control vomiting)**

21.18.1 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.18.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.18.3 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.18.4 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

21.18.5 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

*list additional drugs on a separate sheet & attach*

## 22 Blood transfusions.

Place a cross in each applicable box if any of the following types of transfusion have been given.

22.1 - whole blood _ _ _ _ _ _ _ _ _ [ ]

22.2 - red blood cells. _ _ _ _ _ _ _ _ _ [ ]

22.3 - plasura. _ _ _ _ _ _ _ _ _ _ [ ]

22.4 - platelets. _ _ _ _ _ _ _ _ _ _ [ ]

22.5 - plasma concentrate. _ _ _ _ _ _ [ ]

22.6 Was the blood transfusion blood-typed or cross matched? _ _ [ ]

22.7 Was the donor screened for blood-borne infectious diseases? _ _ _ _ _ [ ]

## 23 Homoeopathic veterinary treatment.

Please list all such medicines used. If the medicine is shown on the enclosed list of Homoeopathic medicines please also enter its code number.

**Code Name**

[ ] _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

[ ] _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

[ ] _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

[ ] _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

[ ] _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

## 24 Alternative health care.

Please cross box if the dog has been treated by a practitioner experienced in:

24.1 Acupuncture. _ _ _ _ _ _ _ _ _ [ ]

24.2 Bach flower therapy. _ _ _ _ _ _ _ [ ]

24.3 Chiropractice. _ _ _ _ _ _ _ _ _ [ ]

24.4 Faith healing. _ _ _ _ _ _ _ _ _ [ ]

24.5 Herbalism. _ _ _ _ _ _ _ _ _ _ [ ]

24.6 Osteopathy. _ _ _ _ _ _ _ _ _ _ [ ]

24.7 Radionics. _ _ _ _ _ _ _ _ _ _ [ ]

*list additional drugs on a separate sheet & attach*

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## 25 Ailments & illnesses -

Please list below all illnesses, ailments and diseases experienced by the dog. From the list of ailments etc supplied please list the ailment code, its description and for each ailment state the year of first occurrence. Place a cross in the applicable boxes to show type of treatment and results. Note - if you desire a full description of terms please refer to the Concise Veterinary Dictionary - Oxford University Press - ISBN 0 19 854209 9.

| Code | Description of ailment (optional) | Start Year | Treatments used? Drugs | Surg -ery | Homoe -pathy |
|---|---|---|---|---|---|
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |
| [ . ] | _ _ _ _ _ _ _ | [ ] | [ ] | [ ] | [ ] |

## 26 Insurance

The purpose of this question is to ascertain whether or not pet insurance is worthwhile for the dog owner.

26.1 Is veterinary (medical) insurance available to you? [ ]
if so - Is the dog medically insured? _ _ _ _ _ [ ]
Please state name of insurer

26.2 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

26.3 Date insurance commenced (month year) [ - ]

26.4 How much was the last annual premium payment?

26.5 If the policy requires you to pay part of any claim, what is the maximum amount you must pay.

26.6 Have any claims been paid out _ _ _ _ _ [ ]
26.7 How many claims have been paid out _ _ _ [ ]
26.8 What was the lowest claim amount? _ _ _ _
reason for claim

26.9 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

26.10 What was the highest claim amount? _ _ _ _
reason for claim

26.11 _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

26.12 When was the last claim paid out (m/yr) [ - ]
26.13 If the dog is not insured, what annual insuranc premium do you consider reasonable and affordable? _ _ _ _

## 27 Personal relationship with dog.

Do any of the following statements describe or apply to the relationship you have with your dog? Please cross all applicable boxes:

27.1 The dog and I go everywhere together. _ _ _ [ ]
27.2 I don't think I could have coped _ _ _ _ [ ]
with life without my canine friend
27.3 The dog drives me round the bend _ _ _ _ [ ]
27.4 The dog is very sensitive and willing to please [ ]
27.5 I have close rapport with my dog _ _ _ _ [ ]
27.6 The dog is like a child to me _ _ _ _ _ [ ]
27.7 The dog seeks to dominate me _ _ _ _ _ [ ]
27.8 The dog is my best friend _ _ _ _ _ _ [ ]
27.9 I tell all my troubles to the dog. _ _ _ _ [ ]
27.10 The more I know humans, _ _ _ _ _ _ [ ]
the more I love my dog
27.11 The dog is disobedient _ _ _ _ _ _ [ ]



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## 28 Commercial or manufactured dogs foods .

This question is aimed at complementing the previous question on diet. We seek to see if change in diet or certain types or patterns of diet have affected health or behaviour. Please list all manufactured dog foods eaten by the dog.

§ Cross this box if the product packaging contained an ingredient analysis *which you could understand.*

Stipulate when each food was first given and when ended. Please complete dates in a digital form (eg. May 1994 as 05 - 94)

**Notes on column headings shown below:**
1 means the food is given daily
3 means the food is given only on less than 4 days per week
4 means the food is fed on 4 to 6 days per week
Mth means the food is fed casually during each calendar month throughout the year.
Qtr means the food is fed casually every three months in the year.
cross the appropriate boxes for frequency of use.

*Please enter against each food the reason for change, using a code number from the following list - use 1 = Budget, 2 = digestive reasons, 3 = Breeder advice, 4 = Veterinary recommendation, 5 = as a result of ailment or illness, 6 = advertising.

| | §Ingredient analysis | Dog food name | fed from to (month & year) | | 1 | 3 | 4 | Mth | Qtr | *why changed |
|---|---|---|---|---|---|---|---|---|---|---|
| | §[ X] | food name . . . | [01-81] | [06-84] | [x] | frequency of feeding [ ] | [ ] | [ ] | [ ] | [ 3] |
| 28.1 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.2 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.2 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.4 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.5 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.6 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.7 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.8 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.9 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.10 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.11 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.12 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.13 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.14 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.15 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |
| 28.16 | §[ ] | . . . . . | [ - ] | [ - ] | [ ] | [ ] | [ ] | [ ] | [ ] | [ ] |

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## 29 General environment.

During your ownership of your dog(s) have you lived within 3 miles (5Km) of any of the following? Please give the approximate dates (month & year) from when you commenced and ended the nearby occupation.

| | from | to |
|---|---|---|
| 29.1 Airport or military airfield _ _ | [ - ] | [ - ] |
| 29.2 Arable farms (eg wheat, oats) using crops sprays, nitrates etc intensively | [ - ] | [ - ] |
| 29.3 Fields on farms growing hay treated with crop sprays, nitrates, sheep dip etc | [ - ] | [ - ] |
| 29.4 Brick works _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 29.5 Coal mine _ _ _ _ _ _ _ | [ - ] | [ - ] |
| Electricity generation station powered by: | | |
| 29.6 Coal _ _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 29.7 Gas _ _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 29.8 Nuclear fuel _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 29.9 Oil _ _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 29.10 Electricity sub-station _ _ _ | [ - ] | [ - ] |
| 29.11 Gold mine _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 29.12 Overhead electricity power cables | [ - ] | [ - ] |
| 29.13 Petrol (gas) or Oil distribution depot | [ - ] | [ - ] |
| 29.14 Petrol (gas) or Oil refinery _ _ | [ - ] | [ - ] |
| 29.15 Quarry - stone of any type _ _ | [ - ] | [ - ] |
| 29.16 Railway line(s) with overhead electric power cables _ | [ - ] | [ - ] |
| 29.17 Retail petrol (gas) station _ _ | [ - ] | [ - ] |
| 29.18 Sea port used by vehicle ferries | [ - ] | [ - ] |
| 29.19 Tin mine _ _ _ _ _ _ _ | [ - ] | [ - ] |

## 30 Immediate environment.

During your ownership of your dog(s) have you lived within approximately 800 yards (or 800 metres) of any of the following? Please give the approximate dates (month & year) from when you commenced and ended the nearby occupation.

| | from | to |
|---|---|---|
| Close to farm buildings (eg barns, milking parlours) used by | | |
| 30.1 Cattle _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.2 Deer _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.3 Goats _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.4 Horses _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.5 Pigs _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.6 Sheep _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| Close to farmland or woodland used by | | |
| 30.7 Cattle _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.8 Deer _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.9 Goats _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.10 Horses _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.11 Pigs _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.12 Sheep _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| 30.13 Close to a very busy _ _ _ _ _ _ _ _ _ _ _ _ road or highway | [ - ] | [ - ] |
| 30.14 Close to a Motorway (Autobahn, Freeway etc) _ _ | [ - ] | [ - ] |

## 31 Motor cars, automobiles

This question is aimed at identifying whether or not it is possible that travelling in specific types of cars can affect heath. It might reveal that one make & model of car is a problem indicating a design fault such as exhaust gases infiltrating the rear of the vehicle.

31.1 Tick the applicable box as to where in the car the dog normally sat and/or lay:

| | | |
|---|---|---|
| 31.1.1 | Front seat _ _ _ _ _ _ _ _ _ _ | [ ] |
| 31.1.2 | Rear seat _ _ _ _ _ _ _ _ _ _ | [ ] |
| 31.1.3 | Load space (if an estate car or station wagon) | [ ] |

31.2 Travelling in the car could have varied in frequency during life, as could the type of car used. Please complete the following table of usage history:

| | From | To | Make & model of car | Average Duration* of journey | average trips per month |
|---|---|---|---|---|---|
| 31.2.1 | [ . ] | [ . ] | _ _ _ _ _ _ _ _ _ _ _ _ | [ ] | [ ] |
| 31.2.2 | [ . ] | [ . ] | _ _ _ _ _ _ _ _ _ _ _ _ | [ ] | [ ] |
| 31.2.3 | [ . ] | [ . ] | _ _ _ _ _ _ _ _ _ _ _ _ | [ ] | [ ] |
| 31.2.4 | [ . ] | [ . ] | _ _ _ _ _ _ _ _ _ _ _ _ | [ ] | [ ] |
| 31.2.5 | [ . ] | [ . ] | _ _ _ _ _ _ _ _ _ _ _ _ | [ ] | [ ] |

* in minutes - please estimate.



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## 32 Fleas

During your ownership of your dog(s) have you treated flea infestations with a chemical or pharmaceutical preparation? Please give the approximate dates (month & year) from the beginning and ending of use of the chemical substance and the name of the product or chemical used. Please attach a supplementary sheet if space is insufficient.

| name | from | to |
|---|---|---|
| _ _ _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| _ _ _ _ _ _ _ _ _ _ | [ - ] | [ - ] |
| _ _ _ _ _ _ _ _ _ _ | [ - ] | [ - ] |

## 33 Rescue

33.1 Please cross the box if the dog was subject to a rescue. _ _ _ _ _ [ ]

33.2 How many times was the dog re-homed prior to your ownership of it? _ _ [ ]

33.3 If known, please state the reason for the dog being re-homed prior to your ownership of it.

_ _ _ _ _ _ _ _ _ _

## 34 External Home environment

Have you used near or in your home, any of the following products. If so, please state the brand and date commenced and ended.

Please give approximate dates (month & year) and brand name if, within the garden or yard around your home, plants, grass etc were treated with:

| | name | from to |
|---|---|---|
| 34.1 Fertiliser - grass ie | _ _ _ | [ - ][ - ] |
| 34.2 Fertiliser - plant ie | _ _ _ | [ - ][ - ] |
| 34.3 Weed killer - grass ie | _ _ | [ - ][ - ] |
| 34.4 Weed killer - plant ie | _ _ | [ - ][ - ] |
| 34.5 Insecticide - grass ie | _ _ _ | [ - ][ - ] |
| 34.6 Insecticide - plant ie | _ _ | [ - ][ - ] |

please continue on a separate sheet if insufficient space and attach.

## 35 Working life

Please cross all applicable boxes if the dog has participated regularly in any of the following activities:

35.1 Disabled persons helper _ _ _ _ _ _ [ ]
35.2 Field trials _ _ _ _ _ _ _ _ _ _ [ ]
35.3 Guide dog _ _ _ _ _ _ _ _ _ _ [ ]
35.4 Gun dog (retrieval) _ _ _ _ _ _ _ [ ]
35.5 Hearing dog _ _ _ _ _ _ _ _ _ _ [ ]
35.6 Herding _ _ _ _ _ _ _ _ _ _ _ [ ]
35.7 Hunting (eg birds, deer) _ _ _ _ _ _ [ ]
35.8 Obedience classes/competitions _ _ _ _ [ ]
35.9 PAT _ _ _ _ _ _ _ _ _ _ _ [ ]
35.10 Showing _ _ _ _ _ _ _ _ _ _ [ ]
35.11 Training classes _ _ _ _ _ _ _ _ [ ]

## 36 Owners health check list

Owners are the first to notice all is not well with their dogs. We wish to know which obvious factors are relevant? Please cross the box(es) if has the dog experienced

36.1 being out of coat? _ _ _ _ _ _ _ _ [ ]
36.2 being overweight? _ _ _ _ _ _ _ [ ]
36.3 being underweight? _ _ _ _ _ _ _ [ ]
36.4 intensive scratching without fleas _ _ _ _ [ ]
36.5 bad breath for over 3 days _ _ _ _ _ [ ]
36.6 blocked anal glands _ _ _ _ _ _ _ [ ]
36.7 excess ear wax _ _ _ _ _ _ _ _ [ ]

## 37 Veterinary fees and costs.

This question may be answered for an individual dog or for all your dogs together. In the latter case do not answer this question on another form!

37.1 If your answers are for more than one dog please state the number of dogs included in your reply. _ _ [ ]

37.2 During the last year to date how much have you spent on veterinary treatment? (please state the currency of the amount clearly) _ _ _ _ _ _ _ _ _ _ [ ]

37.3 If you dog has had an annual vaccination booster during the last year, how much did you pay for it? _ _ [ ]

## 38 Feeding costs.

This question may be answered for an individual dog or for all your dogs together. In the latter case do not answer this question on another form!

38.1 If your answers are for more than one dog please state the number of dogs included in your reply. _ _ [ ]

38.2 During the last year to date how much have you spent on manufactured dog foods? (please state the currency of the amount clearly). _ _ _ _ _ _ _ _ _ _ [ ]

38.3 During the last year to date how much have you spent on other food for your dog? (please state the currency of the amount clearly). _ _ _ _ _ _ _ _ _ _ [ ]

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## 39 Canine relatives.

This question is aimed at identifying possible genetically inherited ailments and illnesses of dogs. If you are aware of the health of the dog's parents or littermates, please state by reference to alimnents list for question 25 which illnesses etc were also experienced by parent or littermates - please use the same coding list as for question 25 and cross the relevant box(es) if parent and/or littermate were affected.

| Code used? | Description of ailment etc | Parent | Littermate |
|---|---|---|---|
| 39.1[ . ] | _ _ _ _ _ _ _ | [ ] | [ ] |
| 39.2[ . ] | _ _ _ _ _ _ _ | [ ] | [ ] |
| 39.3[ . ] | _ _ _ _ _ _ _ | [ ] | [ ] |
| 39.4[ . ] | _ _ _ _ _ _ _ | [ ] | [ ] |
| 39.5[ . ] | _ _ _ _ _ _ _ | [ ] | [ ] |
| 39.6[ . ] | _ _ _ _ _ _ _ | [ ] | [ ] |

## 40 Breeding policies.

40.1 Please cross the box if you agree that any dog which develops a serious illness or ailment such as cancer, heart problems etc should not be used for breeding subsequent to discovery of the illness. _ _ _ _ _ _ _ [ ]

40.2 Please cross the box if you agree that any dog which develops a serious illness or ailment such as cancer, heart problems etc should not be shown competitively to after discovery of the illness. _ _ _ _ _ _ _ [ ]

40.3 Please cross the box if you agree that any dog which develops a serious illness or ailment such as cancer, heart problems etc should be deregistered subsequent to discovery of the illness. _ _ _ _ _ _ _ _ _ _ [ ]

40.4 Please cross the box if you agree that any dog used for breeding should have an annual veterinary certificate of good health and such certificates must be available to any prospective buyer of puppies. _ _ _ _ _ _ _ _ [ ]

## 12 Diet, supplementary

Rice - please cross the following box(es) if the dog has been fed any of the following to your knowledge.

12.6.69 Cooked in water from dry ingredients _ _ [ ]

12.6.70 Tinned, eg milk pudding _ _ _ _ _ _ _ [ ]

**Cereals, manufactured -**
rice based in the main

12.6.71 cooked _ _ _ _ _ _ _ _ _ _ _ [ ]

12.6.72 as in packaging _ _ _ _ _ _ _ _ _ [ ]

**Root vegetables -**

12.6.73 cooked _ _ _ _ _ _ _ _ _ _ [ ]

12.6.74 uncooked - whole _ _ _ _ _ _ [ ]

12.6.75 uncooked - chopped _ _ _ _ _ [ ]

12.6.76 uncooked - grated _ _ _ _ _ _ [ ]

## 14 Lifestyle, supplementary

14.10 When away from home how many other dogs on average does it meet? _ _ _ _ _ _ _ _ _ [ ]

14.10.1 Do you allow the dog to play with these other dogs? [ ]

14.11 How many times per week do you brush/groom the dog? _ _ _ _ _ _ _ _ _ _ _ [ ]

14.12 Has the dog suffered any form of stress such as accidents, shock etc which could cause it considerable fear or anxiety during its lifetime? Please state the nature and approximate date (month & year) of the event.

| | cause of stress - describe | Date |
|---|---|---|
| 14.12.1 | _ _ _ _ _ _ _ _ _ | [ - ] |
| 14.12.2 | _ _ _ _ _ _ _ _ _ | [ - ] |
| 14.12.3 | _ _ _ _ _ _ _ _ _ | [ - ] |

please continue on a separate sheet if insufficient space.

## 18 Residence, supplementary

18.15 During the dog's lifetime (concurrent with your ownership/supervision of the dog), please state the number of times you have moved home. _ _ _ _ _ _ [ ]

## 19 Vaccinations, supplementary

19.12 Frequency of vaccinations. If the dog is vaccinated, how frequently did you vaccinate the dog? You might have done this annually in its early life and then increased the elapsed period of time between vaccinations. Please state the average amount of time between vaccinations expressed as years and months. _ _ _ _ _ _ _ _ _ _ [ - ]

## 28 Proprietary dogs foods, supplementary

Please answer this question **only if you have used a manufactured dog food** during the dog's lifetime.

28.17 Do you feed the weight of food recommended by the manufacturers as shown on the packaging? _ _ [ ]

28.18 If you do not feed as per manufacturer's recommendations, what weight*of manufactured dog food do you feed per day? _ _ _ _ _ _ _ _ _ _ [ ]

* please state the unit of measure eg kilograms, pounds etc.



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# *The Canine Health Census*

PO Box 1, Longnor, Debyshire, SK17 0JD (England)

Mr

10 April 1997

**United States**

Dear

## Vaccine Survey

Thanks to your participation we were able to submit an interim report on the vaccine survey to Dr JM Rutter, head of the Veterinary Medicines Directorate (VMD) on 21 February 1997. In his reply of 6 March, he requested our and your assistance from those of you resident in the U.K. He wants you to complete the yellow form (MLA252A) irrespective of any veterinary advice you may have had to the contrary. A copy of this form is enclosed which you should be able to complete if you still have the vaccination records of the dog(s) concerned. Please help.

Dr Rutter confirmed that there is no legal way to enforce completion of this form (by vets or anyone) - this means that people do not bother and so vaccine reactions are grossly under-reported resulting in false claims by manufacturers as regards safety. He defined a reaction as ***". . . one which is fatal, life threatening, lesion producing, disabling, incapacitating or which results in permanent or prolonged symptoms in the animals treated."*** Please complete the form(s).

We enclose with this letter:

1. a copy of CHC News #4 which contains a synopsis of the interim results of the vaccine survey. The complete interim report is in Catherine's new book.
2. details of the first CHC seminar to be held in September 1997. Please support it - it's an opportunity to exchange information.
3. a copy of the Environment and Chemicals survey questionnaire. Just as important as the vaccine survey as we have identified some possible environmental causes of ill health from the vaccine survey. Please complete this form as per its instructions.

Your help in maintaining the momentum into improving canine health is vital - it is greatly valued. We still need more vaccine survey forms completed so please spread the word. Just as important please complete the Environment/Chemical survey. Together we can make changes for the better health of dogs and others. Many thanks.

Yours sincerely

John Watt

**PS. Dog World refused to print the results of the vaccine survey so their readers right to know has been censored. Please help us to spread the word. Shortly we will have available car stickers and leaflets - free. Will you distribute these? A large SAE for them would be much appreciated.**

# The Canine Health Census

The Canine Health Census is independent research - conducted by dog lovers for dogs - that seeks to discover why so many dogs are dying young or suffering from debilitating illnesses such as arthritis, epilepsy, diabetes, and allergies.

It has the support of vets from around the world, including Christopher Day MA, Vet.M.B., M.R.C.V.S., Vet.F.F.Hom; Richard Allport B.Vet.Med., Vet.M.F.Hom., M.A.P.M.C., M.R.C.V.S; W Jean Dodds DVM (America); Edward Dorosz DVM (Canada); Ian Billinghurst B.V.Sc (Hons), B.Sc.Agr., Dip Ed. (Australia); Alfred Plechner DVM (America), and Scott Snellgrove B.Vet.Med (UK).

By filling in a detailed questionnaire about your dog, you can help to answer some important questions:

- Which foods are best for our dogs?
- Does environmental pollution affect dogs?
- How can you prevent arthritis and other degenerative illnesses?
- Can you prevent cancer?
- Are annual vaccines really necessary?
- Is a neutered dog healthier than an entire dog?
- Do overhead power cables make animals sick?
- How much exercise is enough exercise?
- And much, much more.

To register with the Canine Health Census, please

1. Send a large stamped, self-addressed envelope to the address below, stating how many dogs you own. Your questionnaire will come to you by return. If you have more than one dog, please photocopy the questionnaire - fill in one questionnaire per dog.

2. At the same time, please enclose a cheque or postal order for £5 (unless you are an OAP or unemployed). This represents a contribution towards the costs of the Census, which is being funded entirely by dog lovers. Your contribution will entitle you to a copy of the results.

3. If you are an OAP or unemployed, you do not need to contribute towards the costs - but the information you give will be invaluable.

4. You will receive a copy of our last newsletter telling you how the Census is progressing.

5. We need to study the histories of at least 16,577 dogs - so if you have friends or relatives with dogs, please encourage them to take part in the Census.

6. No-one working on the Canine Health Census is being paid for their time - all work is voluntary. Funds are tight - so if you write to us and require a reply, please enclose a stamped, self-addressed envelope. All additional donations are gratefully received.

Thank you for taking part in the Canine Health Census.

THE CANINE HEALTH CENSUS, c/o PO BOX 1, LONGNOR, BUXTON, DERBYSHIRE SK17 0JD. TELEPHONE 01298 84737. (Remember to enclosed your SAE).

## Your letters

We love to hear from you - the more information we receive the better. But, please, if you need a reply, we'd be extremely grateful if you could enclose a stamped, self-addressed envelope. If you're writing from overseas, a reply-paid coupon will help enormously.

## Subsidy

This newsletter has been subsidised by Abbeywood Publishing. We make no apology for enclosing details of our book lists when mailing Census participants - because it is the profits from Abbeywood which make the CHC possible and allow it to continue.

**No book sales = no CHC!** *(And Chappie, Sophie, Samson and Gwinnie would be very hungry!)*

## *Dogs as Teachers*

It is the title of Catherine O'Driscoll's new book about dogs and how they can teach us humans a thing or to.

It will be offered at a substantial discount to Census participants; so for advance order information please tick the box on the registration form and return.

## *£35,490,465*

What price the truth? Remember we need 16,577 completed questionnaires to be sure that the results are mathematically sound. So far over 2,200 have been issued and about 50% returned. Without reliable data there can be no report. We have a long way to go!

Just imagine what we are up against: Pedigree Petfoods, alone, spent £35,490,465 on advertising between September 1994 and August 1995. This figure doesn't include sponsorship, public relations, direct mail, or grants. A massive 98% of Pedigree's advertising budget goes on television advertising, and 1.3% of it pays for press advertising. So it's no wonder that most dog owners believe the experts know best - they've been told so often enough! Quite frankly, we could convince you that the pope was a muslim if we had that sort of money to spend on advertising.

Sadly, ordinary dog lovers don't have £35,490,465. Not even if we won the lottery on a roll-over week. We have to rely upon each other. We must build up a network of people who really care about the health and wellbeing of man's best friend. For all we know, the pet food manufacturers could be providing the very best in nutritional value. But with so many sick and dying dogs around, it's time we put them to the test. Is it wrong to ask the questions?

Every time you buy a tin or packet of dog food, your money is paying for the manufacturer to tell you how good they are; it's paying administrative costs, staff costs, processing costs, packaging costs, legal costs, sponsorship costs, advertising costs, PR costs, poster costs . . . it's paying a hefty margin for the distributor, wholesaler and retailer . . .

Exactly how much of your money actually pays for the food in the can or packet? And if you swapped from the can or packet to meat, bones and table scraps - the dog's natural diet - how much of your money would go on the actual food rather than the organisation that processed it? Is £5 really too much to ask you to contribute . . . simply so we can find out whether we are really doing the best for our dogs?

## *Canine Health Census at the Royal Veterinary College*

Many readers will know Sally Cronk who lost her dog, Sadie, to autoimmune disease some years ago. Since that time, Sally has been as solid as a rock, raising money for the Sadie Fund so that the Royal Veterinary College can look into this dreadful and usually fatal illness.

On November 11th 1995, Sally organised a seminar to raise money for the Sadie Fund. Invited speakers included Richard Allport, talking about homoeopathy and vaccines; Hilary Jupp, self help to maintain optimum health; John Burns, basic nutrition, skin and autoimmune problems; David Williams, autoimmune disease, and Catherine O'Driscoll, Canine Health Census. Surprisingly Pedigree Petfoods and Intervet were added to the list of speakers by the RVC at the last minute.

It will not take a great deal of imagination to realise that the seminar proved to be quite thought-provoking, with all 'sides' airing their views frankly and openly.

Meanwhile, if you'd like a chance to hear what the speakers had to say, a video of the full programme is available for £29.95 (two 4-hour tapes). Alternatively, buy the text of Catherine's 50 minute speech, which directly challenges the pet food and vaccine industry, as well as raising questions about the methods of funding used for UK academic and research institutions. Profits on the video will be divided 50/50 between the Sadie Fund and the Canine Health Census, and Catherine's paper will help to fund the Census.

## CHC Registration & order form

| Quantity required | Description | Cost each | Amount £ |
|---|---|---|---|
| | CHC contribution - minimum | £5.00 | |
| | Budget details | £1.00 | |
| | Statistics table | £1.00 | |
| | RVC Seminar - 2 E240 VHS set | £29.95 | |
| | -do- text - C. O'Driscoll's speech | £3.50 | |
| | Study, Malignant Lymphoma | £1.25 | |
| | Fleas & worms article reprint | £0.50 | |
| | Newsletter - issue 1 | £0.50 | |
| | Newsletter - issue 2 | £0.50 | |
| | Newsletter - issue 3 | £0.50 | |
| | Post & packing | £1.00 | £ 1.00 |
| | | | --- |
| | Cheque (check) enclosed for | | £ |
| | | | ======= |

Please make cheques (checks) payable to The Canine Health Census. If you reside outside the UK please remit an equivalent local sum* by check (cheque) only.

Are you an OAP, disabled or unemployed?.....

☐ *Please send me details of Catherine O'Driscoll's new book*

Your name _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

add address _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _

_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ Postcode(Zip code) _ _ _ _

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# Canine Health Census

## Vaccination Survey

### Important

**Please read the form through before completing it.** We have tried to make this as simple as possible - but if you have any problems, please telephone for clarification before completing the form.

The objective of this survey is to discover how common it is for our dogs to react badly to vaccines, whether initial courses or boosters. In other words, we are trying to quantify the risks and/or benefits of vaccination, and also the effectiveness of vaccines. People who use homoeopathic alternatives are also invited to take part, as are those who never vaccinate.

**It is vital that you complete one form per dog, where the dog(s) suffered from any of the illnesses listed overleaf.** *If none of your dogs has ever had any of the illnesses listed overleaf, just use one form.*

To explain, it is possible that vaccine reactions may be uncommon. We want to know about both healthy and unhealthy dogs so that we can assess the risk. For example, if one per cent of the UK's seven million dog population reacts to vaccines, this will mean that around 70,000 dogs are made ill or die due to vaccines each year - percentages are therefore important! **If you need more forms, please photocopy this form.** When answering yes or no type questions **please delete the inapplicable.**

Please return to CHC Vaccine Survey, PO Box 1,Longnor, Derbyshire SK17 OJD. Telephone 01298 84737 (overseas +44 1298 84737).
e-mail: john@dogcensus.win-uk.net

YOUR NAME .....

YOUR ADDRESS (IN CASE WE NEED TO CLARIFY POINTS) .....

.....

.....

POSTCODE (ZIPCODE).....

## Questionnaire

1. How many dogs do you own now? ..
2. In what year did you first own a dog?
   How many dogs have you owned since then? ..
   .....
4. How many of your dogs have never suffered from any of the conditions listed overleaf? ***(only answer this question on one form ONLY so that we don't distort the data)*** .....
5. Have you ever vaccinated your dog? .... yes/no*
6. Do you use homoeopathic alternatives ... yes/no*
7. If you you use homoeopathic nosodes, did you change to using nosodes after a dog reacted to a conventional vaccine? ..... yes/no*
8. Do you use both? ..... yes/no*
9. If you vaccinate with conventional vaccines:
   9.1 is it a killed vaccine? ..... yes/no*
   9.2 is it a live vaccine? ..... yes/no*

**Only answer the following questions on this form in respect of *one* dog who has suffered from one or more of the conditions listed overleaf.** ***If more than one of your dogs has experienced the conditions overleaf then it is vital that you complete a form for each dog.:***

10. Dog's name .....

11. Breed.....

12. Dog's date of birth (month/year).....

13. Date of death (if deceased) .....

14. Cause of death .....
    .....

15. Was the vaccine/nosode for.....
    0.1 hepatitis ..... yes/no*
    0.2 leptospirosis ..... yes/no*
    0.3 distemper ..... yes/no*
    0.4 parvovirus ..... yes/no*
    0.5 rabies ..... yes/no*
    0.6 lyme disease ..... yes/no*
    0.7 parainfluenza ..... yes/no*
    0.8 kennel cough ..... yes/no*

16. As a puppy, was it:
    16.1 vaccinated? ..... yes/no*
    16.2 given nosodes? ..... yes/no*

17. How frequently? .....
    .....
    17. 1 If annually, what time of year do you vaccinate/give nosode to your dog? month: .....

18. Is this dog now fed manufactured/processed food? Is this:
    18.1 a moist (canned) food ..... yes/no*
    18.2 a dry (packet) food ..... yes/no*

**Please do NOT pre-judge the following question. We are NOT asking if you suspect a vaccine reaction to the following; ONLY if any of the following occurred.**

**If your dog has suffered from any of the following conditions, we need to know when it first occurred.** So please tick, alongside the illness, the box under the appropriate time column. For example if the dog experienced Arthritis within ten days of vaccination, you would tick column D, on the row prefixed 0.2. Only tick one time box per row. *If you have never vaccinated but your dog has experienced one of the following conditions, tick columns I & J as appropriatee.*

## Time Frame.....

***Columns (timescales) A through H apply whether you have given initial vaccine, booster or nosodes***

| 19. Illness | A. Within one hour of vaccination | B. Within 24 hours of vaccination | C. Within 7 days of vaccination | D. Within 10 days of vaccination | E. Within one month of vaccination | F. Within three months of vaccination | G. Within six months of vaccination | H. Within nine months of vaccination | I. This condition was long-lasting | J. This condition continues today |
|---|---|---|---|---|---|---|---|---|---|---|
| 0.1 Allergies | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.2 Arthritis | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.3 Asthma | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.4 Ataxia | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.5 Behavioural problems | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.6 Cancer | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.7 CDRM | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.8 Chorea/twiches | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.9 Colitis | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.10 Diarrhoea | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.11 Distemper | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.12 Dry eye/conjunctivitis/eye probs. | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.13 Encephalitis | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.14 Epilepsy/fits/convulsions | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.15 Heart condition | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.16 Hepatitis | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.17 Kidney damage/failure | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.18 Lameness | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.19 Leptospirosis | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.20 Leukaemia | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.21 Liver damage/failure | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.22 Loss of appetite | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.23 Lupus | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.24 Lyme disease | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.25 Meninigitis | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.26 Nasal discharges & sneezing | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.27 Nervous/worrying disposition | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.28 Pancreas problems | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.29 Parainfluenza/bordetella /kennel cough | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.30 Paralysis of rear end | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.31 Parvovirus | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.32 Rabies | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.33 Short attention span | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.34 Skin problems | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.35 Thyroid problems | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.36 Tumour/growth at skin site of vaccine | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.37 Vomiting | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.38 Weight loss | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |
| 0.39 Auto-immune diseases | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ | ☐ |

Please specify

.....

**20.** Other health conditions (please describe).....

# RESULTS

## *from the Canine Health Census*

Yes folks! We've actually got some results to show you. During July this year we asked people who had purchased Dr Ian Billinghurst's book, *Give Your Dog a Bone*, to take part in a piece of satellite research. This has given us a snapshot of the possible achievements of the Census proper. As a result of this diet-related research, we have decided to continue with the CHC questionnaires, but also to conduct smaller surveys where possible. The vaccine questionnaire is one example of this. ***DO IT, please!***

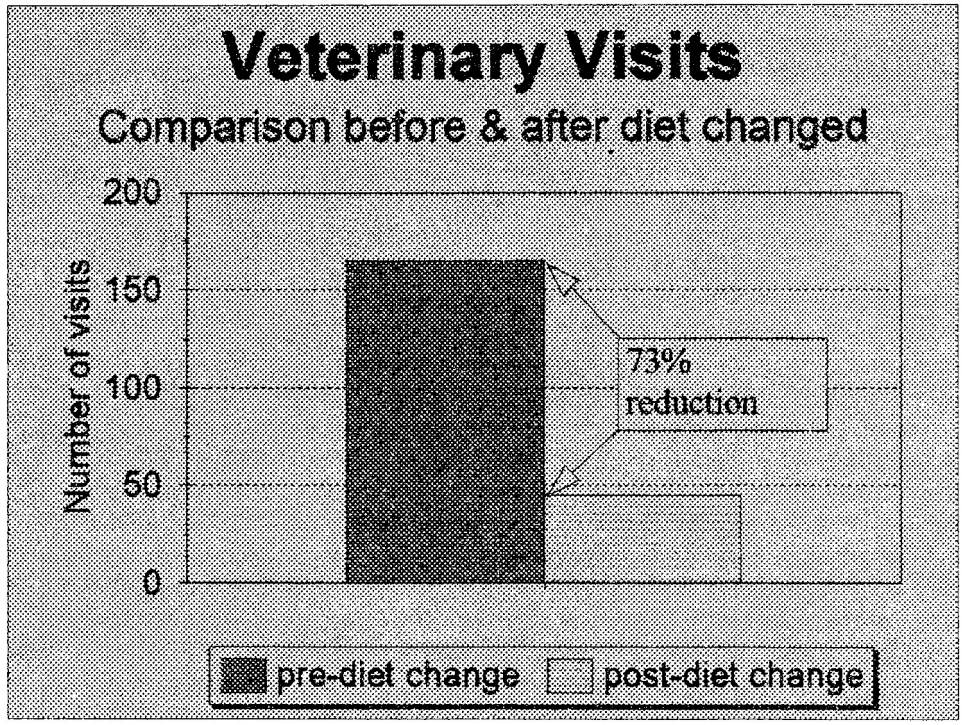
Research conducted by the Canine Health Census shows that Natural Food - including raw meaty bones - **is Better for Dogs than Processed Pet Food**

Eighty-nine dog owners took part in the survey. Seventy-four per cent had changed to the diet recommended by Dr Billinghurst, and 13% were already feeding a similar diet. We were astonished by the results: there was a massive drop of 85% in veterinary visits shown by people whose dog's had 'gone natural'. The 85% reduction was achieved by those who had been feeding the natural diet for a period of six months or more. Our own records show that, initially, feeding costs of a natural diet increase whilst vet costs decline. After about a year, quantity and feeding costs decline, too, as the dogs' nutrition rises to optimum levels.

**85% reduction in vet visits**

The main visible health benefits reported by owners of the 126 dogs who were changed to the natural diet included . . more energy and activity, improved teeth and gums, glossier coats, and skin, weight and behavioural improvements. Other benefits included lower susceptibility to fleas, improved appetite, an absence of stomach and digestive upsets, sweeter breath, cleaner ears, no more scratching, and veterinary medication no longer required.

Although dogs who had been on the diet for only a few weeks showed improvements, Those on the Billinghurst diet for six months or longer were dramatically healthier than those whose diet had only recently changed. And - importantly - guardians were reporting multiple benefits for their dogs.




***All dogs are included in the above graph - the reduction improved to 85% for those on the natural diet for 6+ months.***

## WWW page & Email information

*The vaccine survey questionnaire is two pages in length. It has been prepared after consultation with two vets - Jean Dodds in the U.S.A and Chris Day in the U.K. All nationalities are invited to respond. The questionnaire was also published in Dog World, U.K. on 13 Sept. 1996. Electronic versions have been placed on AOL for all to access. The simplest and quickest way to get the form (or more copies of it) is to send an email to:*

AGORA@INFO.LANIC.UTEXAS.EDU

*with the following line only in the body of the message:*

GET HTTP://MEMBERS.AOL.COM/K9HEALTH/VACQUEST.ASC

*This ASCII file can be imported into all Word Processors or completed on screen and returned by email to john@dogcensus.win-uk.net. All our articles, published research etc. and files can be accessed through WWW at:*

HTTP://MEMBERS.AOL.COM/ABYWOOD/WWW/INDEX.HTM

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# Editorial

The Canine Health Census was first launched in the UK in PetDogs magazine in November 1994 - we're heading for our second birthday! So what's been achieved in that time?

Well . . . it has to be said that neither John nor I realised what we were letting ourselves in for. We knew it was a massive task - but we didn't know how downright difficult it would be, or long-term. One of the first problems has been trying to get details of the Census published - yes, we've contacted every dog magazine in the UK, and many overseas. Yes, we've been in touch with the national papers, and the specialist health/green publications, and the television stations. We've even been on the radio, and we have our own Web page on the 'net'.

We estimate that at least 250,000 dog owners worldwide have read about or heard of the Canine Health Census. To date, some 1,200 dog lovers have signed up. Read this paragraph again: out of more than a quarter of a million people, only 1,200 have joined us.

At first, we were accused of profiteering (the £5 donation) - that's why they wouldn't take part. More recently, John and I paid several hundred pounds from our own pockets (adding to the other thousands we have shelled out) to have the vaccine questionnaire printed in Dog World (U.K.). This, a 30,000 readership magazine, has produced fewer than 100 responses - despite the fact that we asked no-one to help with the costs. Does this mean we should give up and go away, and accept the fact that few people are interested? But what about the dogs?

Dr Chrissie Mason, from our panel of experts, wrote to me recently. She said: *"We - all of us - are responsible for the here and now of animal healthcare, but we should also be addressing and safeguarding their future. If the present standard is anything to go by, there is no future for dogs."*

Let me try to put it another way: your children and your children's children may never know the beauty and companionship of a dog.

We know that our dogs are suffering from a myriad of illnesses, most of which are affecting the immune system. The theory is that dogs are being overloaded by toxins, and the food they eat is failing to sustain them. Our dogs are dying. The dream puppies we bring home with us are becoming our nightmares. How many of us spend too much time at the vets - and how much is this costing us? How many have to watch our dogs die needless, agonising, deaths? What does it take to make us sit up and actually do something? And if your dog is fine - what about the other dogs? Don't you have something to share? Something that can benefit all?

Last year, a pet food company and a vaccine manufacturer tried to have a seminar I was speaking at cancelled. This year the same pet food manufacturer has withdrawn its sponsorship of another seminar because I was speaking. It is incredibly difficult, if not impossible, to get details of the Census, and the issues that concern us, published in the dog press. Once again, the fear is that they are bowing to the pressures of big business. Personally, I wonder why the big businesses are worried - the apathy of dog 'lovers' is their greatest ally.

Is this what you want for your dogs? Are you prepared to accept only the information/propaganda that keeps profit margins in tact - and at the expense of your beloved companions? You know, we simply can't do it without your help. We need completed questionnaires; we need to find a way to help us fund this research; we need foot soldiers on the ground. Two people cannot take on the world and win - well, not without a struggle, anyway!

Fill in your Census questionnaires; take part in the mini vaccine survey; talk to your friends and fellow dog-lovers: make them take part . . . and help us make the Census work. Not for us - but for the dogs who will lay down their lives for you. Believe me, our dogs are dying for us to help them.

*Catherine O'Driscoll*

# Diet induced Aids?

Dr Tom Lonsdale, member of the Census panel of experts, was published in the British Journal of Small Animal Practice last December. His research, which involved measuring the blood profiles of dogs, followed by dental work to clear teeth and gum problems, followed by the introduction of raw meaty bones into the diet, followed by further blood tests, showed that the immune system is suppressed when dogs are fed commercial 'mush'. Dr Lonsdale concludes that processed pet food leads to diet induced Aids.

*"How would you like to eat out of a can or a packet all your life and never clean your teeth?"* asks Dr Lonsdale. *"The millions of bacteria in the mouth go into the body, causing liver, heart, and kidney disease, as well as disease of the immune system. Nature's way of cleaning a dog's teeth is the dog's natural diet, which means raw meaty bones."*

Guess what? A dog is a carnivore, and a herbivore, and an omnivore, and a scavenger! RAW chicken wings, raw green tripe, raw oxtail, raw whole rabbits and chickens, raw meaty lamb bones, as well as raw pulverised vegetables, cottage cheese, eggs, and quality table scraps help a dog to thrive.

# Artificial alternatives to the bone

At the American Petfood Forum '96, A Duke presented a paper concerning pet dental health. He said: *"An early study of diet consistency demonstrated that bovine (cow) tracheas with a little meat attached were an almost ideal diet for dogs. Other investigations showed that in a research colony, feeding oxtails once a week to Beagles could prevent serious periodontal (teeth and gum) disease. "But how many people want their dogs dragging an oxtail or a cow's windpipe through their house?" was the question. "Not many," was the answer. (In fact you would feed such items in the garden!)*

So the race is on amongst petfood manufacturers to come up with an artificial alternative to the bone.

On the packaging of dental chews made by Town & Country Petfoods Ltd., the claim is: "Specially formulated to help

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keep teeth clean, gums healthy, and reduce bad breath and tartar." We thought: "great!" and telephoned for further information. We were told that the r ırch was private, and they didn't know if they could release it. So we wrote several letters of reminder. Still no reply.

Heinz Tartar Check dog biscuits contain an ingredient called Sodium Hexametaphosphate, which is also a commonly used cleaning agent in household detergent products. According to the Journal of Veterinary Dentistry (March 1996), there is no **known** risk to dogs from this chemical. Take a trip to our WWW page to read the report and our critique, or send £4 (US$7) to the CHC for a printed copy. Remember to quote your address.

A suggestion at the Forum was that, if you put an animal on antibiotics and prevent the build-up of bacteria numbers, you can prevent periodontal disease. *This, however* (A Duke said), *could lead to other problems in the pet's health if systemic antibiotics are used continuously.*

Other products, such as ascorbic acid, copper sulphate, zinc salts, and chlorhexidine might prevent the development of periodontal disease, the pet food manufacturers were told. Pedigree's Rask biscuit is also said to 'act like a toothbrush' - but the packaging doesn't say that the research to prove Rask's amazing properties also involved brushing the dogs' teeth every other day with a toothbrush, or that the study lasted only three weeks - insufficient to see if the long term use was adverse. Take another trip to our WWW page to read the report and our critique, or send 4 (US$7) to the CHC for a printed copy. Remember to quote your address.

## Dog press censorship?

John wrote to Beverley Cuddy, editor of Dogs Today, suggesting that her magazine practices censorship. The reply was indignant and public. Merging two separate letters from John and omitting what we considered to be important paragraphs, the indignant Ms Cuddy replied that she always put her readers' interests first. In a later letter to us, Beverley wrote: "Being a publisher, I have to ensure that the magazine doesn't lose money. If it does, it dies. Ultimate censorship!"

Having always maintained that the British press is censored by commercial and/or advertising interests, we're glad at last to have it from the horse's mouth. Our recent research into canine diet, outlined in this newsletter, was sent to all the dog papers - none, so far as we are aware, consider it of interest to their readers.

Take a trip to our WWW page for the grizzly details, or send £5 (US$9) to the CHC for copies of the extensive and insulting correspondence. Remember to quote your address.

## Weedkiller Warning

In issue one of CHC news, we highlighted the research conducted by three American Universities that shows a link between the weedkilling chemical 2,4,2-D and cancer in dogs. Although this chemical is banned in many countries, it is still legal in the UK. In fact, it was advertised as an ingredient within a garden product in the Sunday Times only this summer. Be aware of the facts!

## Electricity

Speak to most electricians and electrical specialists, and they will tell you to remove plugs from wall sockets at night. The reason for this is that, whilst plugged in, electricity is still beaming into your appliances. We have received advice that would urge us all to go one step further: remove all plugs and sockets at night, and replace them with inexpensive devices that can be purchased from many retail outlets.

The devices in question, used primarily to stop children putting their fingers in the sockets, are said to minimise electricity leakage into the atmosphere. What happens to electricity when it's leaking into the atmosphere - the energy we can't see or feel or smell? Already, much research exists to link electromagnetic radiation in with cancer. This is a simple precaution that will cost next to nothing - so why not be safe?

## Additives in pet food

Research in Japan links Ethoxyquin, BHT, and BHA with cancer - all commonly-used ingredients (as preservatives) in pet food. In the USA, the amount used in pet foods is 300 times greater than that permitted for human consumption. As the manufacturers don't (and won't?) specify the additives they use - such as colourings and flavourings which may also be petrochemical/coal tar derived - none of us really knows what we might be buying.

According to research conducted by the Department of Pathology, Nagoya City University Medical School, Japan:

**ETHOXYQUIN** - promoted kidney carcinogenesis, significantly increased the incidence of stomach, tumours, enhanced bladder carcinogenesis, significantly increased the number of colon tumours

**BHA** - caused squamous-cell carcinomas in rats and hamsters, enhanced stomach and urinary bladder carcinogenesis

**BHT** - promoted urinary bladder carcinogenesis, could be a promoter of thyroid carcinogenesis

It makes you wonder why mankind has to invent all these wonderful new chemicals and drugs - when Nature provides for us, and we don't have to experiment on animals to know!

## BAVA

Talking of which, the Canine Health Census would like to officially thank the British Anti-Vivisection Association. They're delighted that our research doesn't involve unnecessary animal experimentation - and the BAVA also campaigns against vaccination, believing it to be horrendously damaging to all human and animal species.

The kind words and practical support of Dr Tony Page, Patrick Rattingan, Henry Turtle, and Chris Pedler have been invaluable. (Did you feel that, men? It was a big kiss.) CHC members interested in the work of the BAVA should write, enclosing a stamped-addressed envelope, to: BAVA, PO Box 82, Kingswood, Bristol BS15 1YF.

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# Vaccine Survey

The CHC vaccine survey is - as you will see - a short, two-page, simple questionnaire. It asks you to list your dog's illnesses, and to tell us how soon they started in relation to the previous vaccine jab. If you don't know, your vet should have the records.

The CHC has received many letters from dog lovers whose beloved dogs died, started epileptic fits, appeared to change personality, became paralysed, contracted the diseases they were vaccinated against, and looked as though they might die within hours or days or weeks of vaccination. Many of these testimonials are included in Catherine O'Driscoll's new book.

How will this survey help? Put simply, there is no mechanism to measure vaccine reactions in dogs. The Veterinary Medicines Directorate has a yellow form that vets are asked to send off if they suspect an adverse drug reaction - but the whole scheme hinges on the word 'suspect'. Further, of the scores of testimonials we have received, only a few vets actually sent the form off.

The vaccine survey is designed to create its own control mechanism. Dogs who have been vaccinated will be compared against those who have never been vaccinated, and both will be compared with dogs who received the homoeopathic alternative to vaccines.

**Question 19 should be completed irrespective of whether you suspect a vaccine reaction.** Given that the dog has experienced a problem listed under question 19, columns I or J should be ticked if the dog experienced the condition - irrespective of the fact that the dog has never been vaccinated or s/he has only ever been given nosodes.

Breeders who no longer use vaccines, but homoeopathic nosodes instead, claim that their puppies and adult dogs are now much healthier, and even have improved behaviour characteristics. They also tell us that they have used the nosodes for years, and never had a problem. But according to one top veterinary immunologist, nosodes don't work.

How did the expert come to this conclusion? He gave a litter of puppies the nosodes, and then immediately injected them with the parvo virus. When they died, he had his proof. We wonder . . . did he think to test conventional vaccines in the same way, and would the puppies die?

So, once again, you can help us to conduct real life research involving real dogs in the real world. You can be adamantly in favour of vaccines; you can be adamantly against them; you can be undecided. But if you do not fill in the vaccine survey form you will never know the facts: facts free from the commercial considerations of the vaccine manufacturers.

Your dog can be healthy, or ill, or 'normal' . . . just fill the blooming questionnaire in and send it to the CHC! You also have our permission to ambush dog owners in the street and ask them personal questions about their dogs (i.e., ask them to fill in a questionnaire on the spot).

Incidentally, try not to pre-judge the issue. One or two people have said, for example, "My dog has such and such, but I know it's not related to the vaccine, it's hereditary". How do you know it's hereditary, and how do you know the 'hereditary' condition isn't connected to vaccines? Vaccines might, for example, trigger so-called hereditary conditions. Indeed, they might simply go for the weakest point in the dog's body.

All of the conditions listed on the reverse of the questionnaire are either proven or suspected to be related to vaccination. So let's try - together - to put an end to itchy, twitchy, achy breaky dogs.

To those who believe that veterinary science already has all the right answers, consider this - in September, 1995, the Australian Veterinary Journal (AVJ) reviewed the research papers it had previously published; papers that depended upon the statistics to justify their conclusions.

The AVJ stated that about 70% of those research papers were mathematically flawed! defective in some way, even fraudulent. But this was not just an Australian problem, the article reported similar problems in other countries including the USA and the UK; it's worldwide. This is why the CHC is vital, it's why the vaccine survey is crucial - to the benefit of dogs and their owners.

By all means make your own decisions but let's do it with our eyes open. As we have said in past newsletters, populations of dogs which run into millions demand large numbers of completed vaccine survey and census forms if the right conclusions are to be drawn. This is not an opinion it's a mathematical fact found in any quality text book on statistics.

The AVJ also pointed out, that only "The Lancet" and the "British Medical Journal" have research papers checked by a suitably qualified statistician/mathematician prior to publication. Just two highly regarded professional journals! With a 70% defect rate there is considerable scope in the veterinary field for huge improvement. Whether innocent, careless or fraudulent, veterinary decisions based on such research are not beneficial to your dog.

**Published by The Canine Health Census, PO Box 1, Longnor, Derbyshire, SK17 0JD, (England) - For further infomation send large (C4) SAE to address above.**

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# Canine Health Census News

## There's lots happening!

***The first, perhaps most exciting, news is that the CHC is organising its first seminar tour. Entitled "The Healthy Dog Seminar",***

it will be taking place during September this year, and our star speaker is flying across from Australia to talk to us. Dr Ian Billinghurst, author of the book Give Your Dog a Bone, will be telling us how we can best feed our dogs to promote health and vitality. This is Ian's first UK tour - he's very well known in Australia and no stranger to the media spotlight, and he also has a very healthy following in the UK (a healthy following whose dogs are very much healthier, thanks to Dr Billinghurst).

The homoeopathic vet Peter Gregory (another new member of the Census team of experts) will also be speaking. Peter will be talking about the principles of homoeopathy, and how we can treat our animals' illnesses effectively without risking drug side-effects.

Catherine O'Driscoll will be talking about the vaccine issue. Catherine's book, What Vets Don't Tell You About Vaccines, is released in March this year - and it's controversial, to say the least. You're entitled to decide whether you will vaccinate your dog each year - but you're also entitled to make it an informed decision.

So do come along. This is the first chance we've had to all get together and meet each other face-to-face. We're certainly looking forward to meeting the people we've spoken with on the phone and had letters from, and we promise to make the day stimulating, thought-provoking, and highly informative. See the details enclosed.

Many thanks to everyone who took part in the CHC satellite vaccine survey, and especially to those of you who went from door to door asking neighbours to take part. Thanks to you, we have some astounding interim results to report.

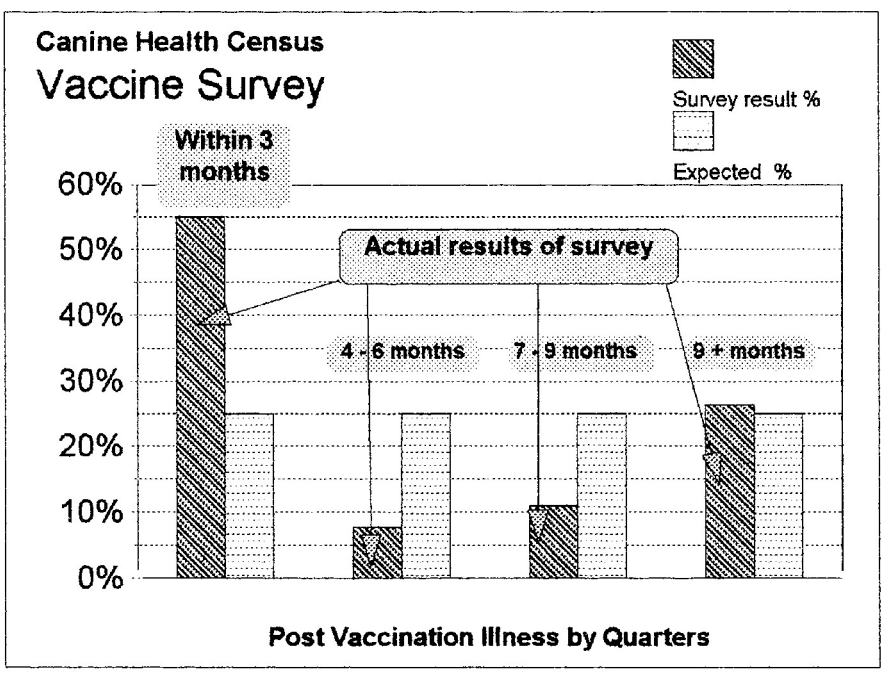
It's well known that there are risks associated with vaccination. The trouble is, no-one really knows how widespread those risks are. Is it true that only a tiny minority of dogs suffer adverse reactions to vaccines - or is the problem more common? And what is a vaccine reaction? Is it something that happens immediately after the jab, or can you expect a reaction to manifest weeks or months later?

Christopher Day, Honorary Secretary of the British Homoeopathic Veterinary Association, told us that, in his experience, where the start date of a dog's illness is known, a high percentage fall within three months of vaccination. So we put Mr Day's theory to the test.

In all, 607 completed questionnaires had been received when John conducted the interim analysis. The questionnaires covered approximately 2,700 dogs (although more are coming in every day, so there's still a chance for ***you*** to take part if you haven't yet done so).

2,700 dogs, by any standards, is a very high number from which draw valid statistical conclusions. Most commercial scientific research involves significantly fewer dogs (i.e., they tend to base their conclusions on data involving a couple of litters of puppies, if that).

# Vaccine Survey Interim Results



## So what have we discovered so far?

Overall, we found that 55% of all sick dogs tend to start being sick within three months of vaccination. If vaccines had no bearing on subsequent illness, then you would expect to see no more than 25% of sick dogs becoming ill within that time frame.

Worse, 41.75% of all illnesses reported in the survey occurred within 30 days of vaccination. This is over five times the expected percentage if vaccination had no bearing on subsequent illness.

More damning still, 24.56% of sick dogs first became sick within seven days of their vaccine jab. This means that a dog is 12.8 times more likely to become ill within seven days of vaccination than at any other time.

## And what are the illnesses?

55.6% of allergic dogs first became allergic within three months of being vaccinated. 54.8% of dogs with autoimmune disease developed the condition within three months of being vaccinated. 56.9% of dogs with colitis first developed the complaint within three months of being vaccinated. 56.9% developed dry eye/conjunctivitis within three months. 65.5% of dogs with epilepsy first became epileptic within three months of vaccination.

But perhaps most astonishing, is the fact that 55.4% of dogs with behaviour problems first showed them within that three month time frame. Added to this is the fact that 54.8% of the dogs with nervous or worrying dispositions became nervous within three months. And 68.4% of dogs with short attention spans lost that attentiveness within three months of vaccination.

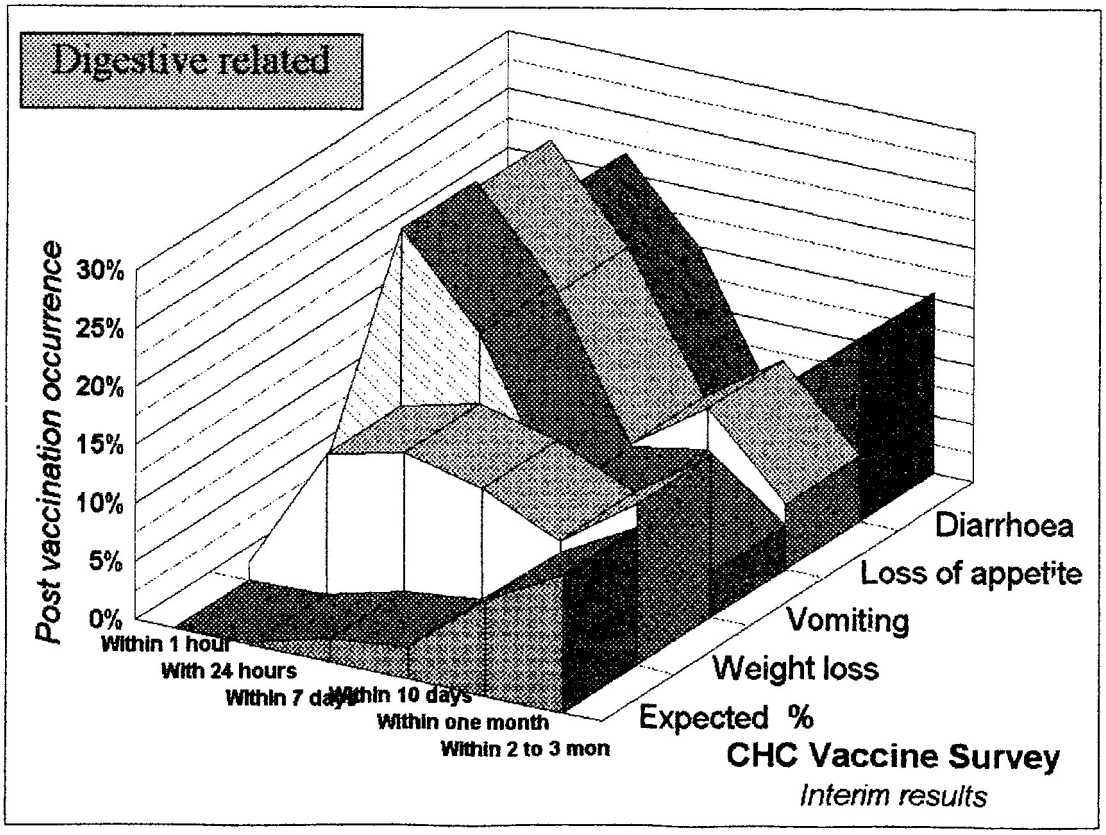
All of this ties in with research in the human field which says that vaccines cause allergies, hypersensitivity, autoimmune disease, epilepsy, personality changes, and brain damage.

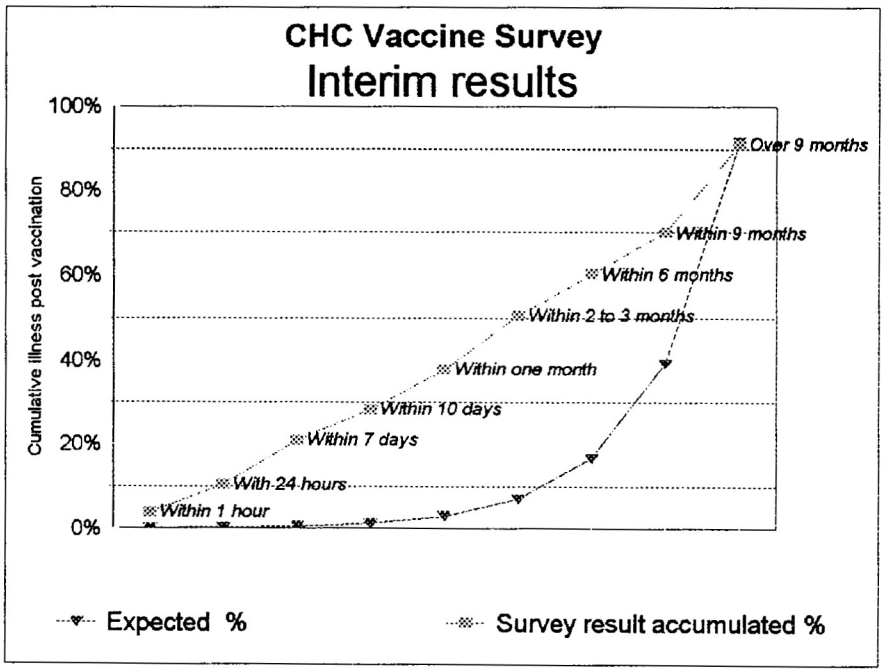
The CHC interim results are statistically very significant, and carry with them very high statistical certainty. This means that we are virtually sure that the above diseases can be triggered or caused by vaccination.

Other diseases were highly represented within the three months after vaccination, including cancer, chorea, encephalitis, heart conditions, kidney damage, lameness, liver damage, paralysis of the rear end and pancreas problems. More completed questionnaires are needed to increase the statistical certainty on these. Interestingly, arthritis and CDRM tend to occur nine months after vaccination - there was a significant cluster in this period, indicating that the diseases probably take longer to develop or show their symptoms.

## Vaccine failure

Of course, many people contend that vaccines are a necessary evil: that we need them to protect our dogs






against the deadly canine diseases. Don't you think it alarming, therefore, that of the dogs with hepatitis, 63.6% contracted it within three months of being vaccinated? The same goes for parainfluenza, where 50% of dogs developed it within three months. 68.8% of dogs with parvovirus, 55.6% of dogs with distemper, and 100% of dogs with leptospirosis in the survey . . . contracted the diseases within three months of being vaccinated.

Indeed, our figures support the scientific viewpoint that vaccines either don't confer guaranteed immunity, or that they actually cause the diseases they're designed to prevent - it's a known fact that both these options are possible; what we don't know is how common these options are. We are leaning towards the conclusion that vaccines cause illness in one in every hundred dogs. The World Health Organisations considers a reaction of one in ten thousand too high where humans are concerned.

We urge you once again to take part in the CHC Vaccine Survey if you haven't already done so. So far, most of the research information about vaccines comes from the manufacturers themselves, or from academic establishments who rely upon drug companies for their funding. Is the CHC blowing the lid off research conducted by or for those with a commercial interest? Can you help the dogs of the future by taking a little time now to complete a questionnaire? Send the CHC a stamped self-addressed envelope (large envelope marked "vaccine survey'), and we will send you your questionnaires free.

**PS:** If these figures have alarmed you and you'd like to find out about the homoeopathic alternative to vaccines, you can ask your vet to refer you to a homoeopathic vet. If he or she doesn't want to do so, write to the British Homoeopathic Veterinary Association, Chinham House, Stanford-in-the-Vale, Faringdon, Oxon SN7 8NQ, England - please enclose a stamped self-addressed envelope (or postal coupons if overseas).

## *THANKS*

Thanks to everyone who has thought to send us press clippings or research material relating to ill health caused by chemicals, drugs, vaccines, diet, environmental issues such as overhead power cables, and more. We can assure you, we **do** value your help in this respect.

## *CHC SPEAKS OUT*

We must be getting somewhere, because the Canine Health Census has been put on the Consultative List for the Veterinary Medicines Directorate. This means that any changes in legislation concerning veterinary medicine should take in the views of the CHC. This means that you, as a CHC member, have a voice - we are all the voice of the voiceless.

# CHC Warning Went Unheeded

In May 1995, Catherine O'Driscoll wrote an article entitled, A Can of Worms at the Flea Circus. The article was commissioned by one of the UK's dog magazines, but was considered too hot to publish. In the same month, the CHC issued a press release to all the national press, the dog press, and to local newspapers. No-one published it.

We were warning pet owners to beware of chemical flea treatments: the shampoos containing chemicals which cause cancer if taken in through the skin; the organophosphate sprays which attack the central nervous system; the flea collars that children mustn't touch but pets can have round their necks for up to four months; and the Droplix-like systemic organophosphate treatments, which are designed to go into your dog and cat's body and kill fleas. Well now we know that they have the potential to kill dogs and cats too.

At least 31 cats and six dogs have died as a result of being treated with Droplix, manufactured by Virbac Ltd, according to **BBC TV's *Watchdog*** programme. The BBC further alleged that Virbac had been aware of the problem in May 1996, but took several months to make their concerns known to vets and pet owners. Maybe if someone had listened to us back in 1995, these cats and dogs would still be alive. Repeat: avoid chemical flea treatments.

Do your dogs and cats have a flea problem? Then try this as a first option: give your pet a complete vitamin and mineral supplement.

Fleas don't like certain vitamins and minerals, so they act as an effective natural repellant. If the fleas are causing a huge problem, we advise that you consult a homoeopathic vet, as this could be an indication of hypersensitivity caused by vaccines.

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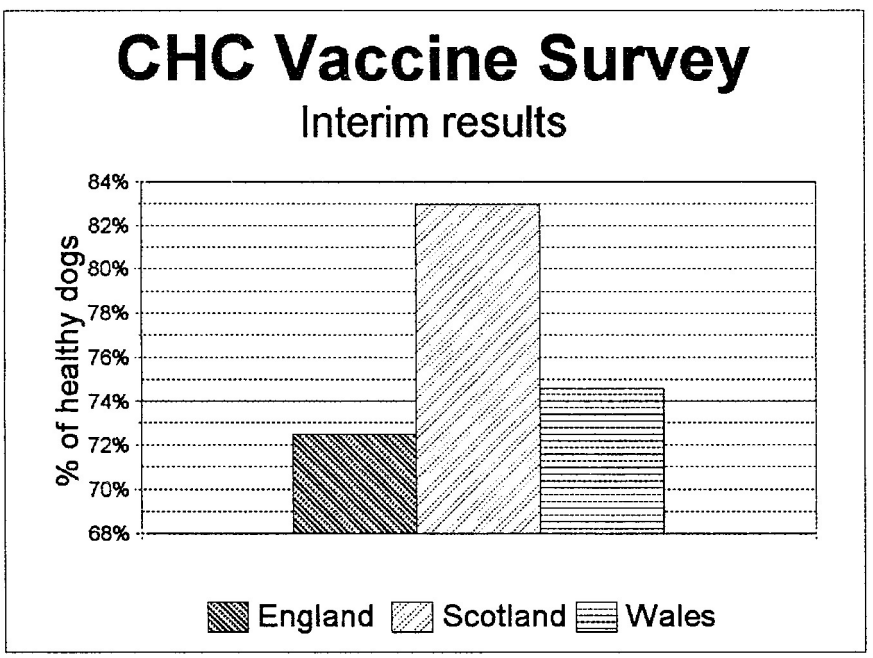


## Still Time To Become An Annual Member

In the last CHC News, we asked CHC members to support the future of this work by becoming annual members. Many of you may not be aware that the CHC is run almost entirely by John Watt and Catherine O'Driscoll - neither of us is paid for the work we do. We are a small, but growing, group, entirely dependent upon donations and membership subscriptions to help us conduct the research and share the findings that could mean so much to your dog's life. Your financial and active participation is not only appreciated, but essential for the CHC's continued survival.

You know, we've achieved an awful lot in the short time the CHC has been going. Do you find the newsletters interesting and stimulating, and has any of the information we have been able to impart helped your dog? Would you like to continue receiving the newsletter? Then please help us fund it!

Maybe you considered becoming an annual member when the last newsletter was issued, but didn't get around to it? The key to change is through individuals taking upon themselves some of the responsibility for the life on the planet: reaching out beyond my dog and my house and my car, and caring for the whole of creation. Please help the CHC in this work, in any way you can. Ultimately, you are helping man's best friend and, without the animals, man would die of great loneliness of spirit.

## Environment Survey

If you're fed up filling in questionnaires, how do you think we feel having to analyse them? Actually . . . we feel wonderful about it. You can't imagine the excitement we've felt as the CHC diet survey and the CHC vaccine survey data started to come through. These satellite research projects are enormously useful. Already, we've been able to say that dogs fed a natural diet are healthier dogs, and dog owners who suspected that their dogs were damaged by vaccines were not imagining it!

Now we're ready to bite off another chunk of the ill-health jigsaw. One of the most interesting interim findings of the vaccine survey was that Scottish dogs are healthier than Welsh or English dogs. Could this have anything to do with the environment?

So now we're asking you to complete an environment-specific questionnaire. The scientists say it's safe for our dogs to walk and play in areas treated by pesticides. They say industrial emissions are at "acceptable standards'. They tell us that overhead power cables are harmless. But this is our planet, too, and some of us think otherwise.

Let's put the environment to the test. Perhaps you think that the CHC survey results will be ignored? But scientists have dogs and children, too. Sooner or later, as the evidence builds up, we humans are going to have to think about the way we treat the earth. According to Edmund Burke, "a state without the means of some change is without the means of its conservation." We can effect change; we can make a difference. Please take part in the CHC Environment Survey - once again, entry is free, and the information we gather may one day be of benefit to you and your loved ones. Also, those of you with a little time to spare . . . could you encourage your dog-owning friends and neighbours to take part?

So that's it for now. See you at the **Healthy Dog Seminar!**

# What Vets don't tell you about vaccines!

It is now researched fact that vaccination is not without risk - *significant risk*. Recent research shows that **the risk is at least 1,500 times higher** than previously admitted.

Turning the world on its head, the author, Catherine O'Driscoll gives you - normal dog owners and lovers - the information that many vets won't or can't tell you. This new book* presents a comprehensive picture of scientific research in an easily readable form for the layman. The book has taken two years to write and its contents have been extensively researched - full research facts and references are specified.

The author's aim is to share the truth so that dog lovers everywhere can make informed choices about the well-being of the pets they treasure.

## When is it right to vaccinate, when not to vaccinate?

This book reveals the answers. This book contains 320 pages of facts, case stories and information about:

- vaccines that can cause encephalitis, an inflammation of the brain - encephalitis has many diverse symptoms, usually involving a highly sensitised state such as allergies, skin problems, behavioural problems, convulsions, eating disorders, and more.
- vaccines that are deadly poisons.
- vaccines that can cause the diseases they are designed to prevent.
- vaccines that shed into the environment, spreading disease.
- vaccines that disarm and unbalance the immune system.
- vaccines which need and do not need annual usage.
- vaccines that cause behavioural problems.
- vaccines that cause death.
- vaccines that cause skin disorders.
- vaccines that cause digestive problems, and much more.

## - and the alternatives to vaccines.

If you wish to make a conscious, informed, choice about your pet's vaccination programme. its annual booster, then you must read this book. For the first time, the scientific evidence - plus dog and cat owners' experiences of vaccination - have been assembled in one volume. Vaccination is a practice surrounded in secrecy, risks which are not spoken of, and unnecessary suffering. This book contains information you need to know.

## Added Bonus

The book contains a whole chapter on the interim results of the CHC Vaccine Survey. These results are mathematically proven. Such results will surprise you - even disturb you.

***Who Killed the Darling Buds of May?**

## 1 : *Vaccination*

**What Vets don't tell you about vaccines.**

*by Catherine O'Driscoll*

### Order form

**Please send me _____ copy (ies) of Who Killed the Darling Buds of May? 1:Vaccination - What Vets don't tell you about vaccines. by Catherine O'Driscoll at an inclusive delivered price of £16.45 (US$29.95, Can $39.95, Aus$37.95 or NZ$44.95 - add $6 for airmail delivery). Please make your cheque (check) payable to Abbeywood Publishing and mail to Abbeywood Publishing, PO Box 1, Longnor, Derbyshire, SK17 0JD, (England).**

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*- Dr. Charles Simone author of Cancer and Nutrition*

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KLA tablets 120 x 250 mg. tablets/bottle @ £14.97 per bottle
KLA tablets 450 x 250 mg. tablets/bottle @ £39.97 per bottle
KLA bulk powder - 225gm (0.5lb) bag - net weight @ £77.77/bag

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*"Approximate content. KLA is a natural food and some minor variation may occur due to natural environmental circumstances. The analyses were performed in accordance with United States government regulations.*

KLA - Vitamins & Minerals - Technical analysis

| Vitamins | "Content Per gram of algae | Unit | Feeding Minima* Puppy | Adult |
|---|---|---|---|---|
| Provitamin A (Beta Carotene) | 2400.0 | IU | 606 | 750 |
| Thiamine B1 | 4.8 | mcg | 324 | 200 |
| Riboflavin B2 | 57.3 | mcg | 600 | 500 |
| Pyridoxine B6 | 11.1 | mcg | 360 | 220 |
| Cobalamin B12 | 8.0 | mcg | 6 | 5 |
| Ascorbic Acid C | 6.7 | mg | | |
| Niacin | 0.13 | mg | 2.7 | 2.25 |
| Folic Acid | 1.0 | mcg | 0.048 | 0.04 |
| Choline | 2.3 | mg | 300 | 250 |
| Pantothenic Acid | 6.8 | mcg | 2.4 | 2.0 |
| Biotin | 0.33 | mcg | | |
| Vitamin E | 0.13 | IU | 7.2 | 5 |

| Minerals | "Content Per gram of algae | Unit | Feeding Minima* Puppy | Adult |
|---|---|---|---|---|
| Boron | 10.0 | mg | | |
| Calcium | 14.0 | mg | 1920 | 1190 |
| Chlorine | 0.464 | mg | 276 | 170 |
| Chromium | 0.53 | mcg | | |
| Cobalt | 2.0 | mcg | | |
| Copper | 0.004 | mcg | 0.96 | 0.6 |
| Fluorine | 38.0 | mcg | | |
| Germanium | 0.27 | mcg | | |
| Iodine | 0.00053 | mg | 0.192 | 0.072 |
| Iron | 0.3507 | mg | 10.44 | 6.5 |
| Magnesium | 2.2 | mg | 132 | 82 |
| Manganese | 0.032 | mg | 1.68 | 1.0 |
| Molybdenum | 3.3 | mcg | | |
| Nickel | 5.3 | mcg | | |
| Phosphorus | 5.1 | mg | 1440 | 890 |
| Potassium | 0.012 | mg | 1404 | 890 |
| Selenium | 0.67 | mcg | 0.36 | 0.22 |
| Silicon | 187.6 | mcg | | |
| Sodium | 2.7 | mg | 180 | 110 |
| Tin | 0.5 | mcg | | |
| Titanium | 23.3 | mcg | | |
| Vanadium | 2.7 | mcg | | |
| Zinc | 0.0187 | mg | 11.64 | 7.2 |

* Minima - Recommended daily needs for Beagles having a body weight of 3Kg for puppies and 10Kg for adults. Source - Nutrient Requirements for Dogs, U.S. Animal Nutrition Board on Agriculture. National Research Council. ISBN 0-309-03496-5

As a food supplement it is recommended that about 1 level teaspoonful of algae is fed per day for an adult dog weighing 27Kg. A level teasponful is about 1 gram in weight.

Adjust feeding quantity for actual body weight proportionately according to breed and experience. It is recommended that you check the dog's weight regularly and ensure that the dog's weight is within the normal range for the breed standard. A change in body weight of the adult dog indicates a need for a change in diet content or volume.

*Chemical "Composition Of Aphanizomenon Flos-aquae:*

**Protein - 59%, Carbohydrates (sugars) -18%, Minerals (ash) - 7.3%, Lipids (fats) - 3.77%.**

*KLA is certified fit for human consumption*

# 85% Fewer Vet Visits*

Nobody wants to have their dog(s) visiting the vets frequently or continuously. Fitness and good health are desired for dogs by all dog owners.

Yet the truth is that veterinary visits and treatments are on the increase. So when a recent survey of dog owners took place which revealed a dramatic 85% reduction* on their veterinary visits, coupled with a saving of up to *63% Reduction in Vet Costs** one wants to know why.

These benefits and savings have been achieved by people who have followed the revolutionary dietary recommendations of Australian vet Ian Billinghurst. The survey shows that those dog owners whose dogs had been changed to a natural diet, from processed pet food, were quids in after six months. Not only in terms of savings in veterinary costs but also in cheaper feeding costs.

*Natural diet - details on WWW pages (or send large SAE for copy): http://members.aol.com/abywood/index.htm*

## "Give Your Dog A Bone"

is the result of Billinghurst's 18 years experience as a practising vet in Australia. He has researched extensively the subject of dog nutrition.

This book explains why processed foods cause health problems - growth, reproductive, dental, skin allergies, kidney failure, heart disease etc.

*"I began to realise,"* writes Ian, *"that most of the disease problems we vets see are caused by only one thing - Poor Nutrition. Most modern dog owners are taught to believe that feeding dogs is such a difficult task, it is best left to the dog food companies. Nothing could be further from the truth.* The book has 320 pages/22 chapters about:

- ***Modern dog food feeding myths.***
- ***Your dog's food enemies.***
- ***What is in processed pet food.***
- ***Cooked or raw food.***
- ***Common problems with home produced food.***
- ***Food separation and combination.***
- ***Bones, Meat Organ meat, Green leafy vegetables as dog food.***
- ***Fruit, Cereals, Dairy products, Eggs, Table scraps as dog food.***
- ***Useful additives and vitamins.***
- ***Feeding puppies, Feeding the adult dog. How much to feed.***
- ***Transferring to a natural diet.***
- ***Vegetarian diets***
- ***Diet for older dogs.***
- ***Extensive references and authorities.***

Another vet who agrees about the processed pet food myth is Canadian vet Ed Dorosz. He too takes the view that most health problems in the modern dog are very much related to pet foods and dietary failings.

## "Let's Cook For Our Dog "

presents a logical and easy-to-understand guide to canine health through nutrition - the one factor in your dog's health that you have any real control over.

Nutritionally related problems are analysed. He describes basic feeding needs, including food sources, vitamins and minerals, and explains how to deal with nutritionally related problems at source: food intolerance and allergies; skin conditions; bad breath; stomach problems, behavioural problems, and more. - 256 pages containing:

- ***60 pages on canine nutrition***
- ***40 pages on buying dog food***
- ***63 recipes using table scraps***
- ***Special information on diets for mothers, puppies, sporting dogs and old timers***

and for cat lovers Ed Dorosz has written a sequel called *"Lets Cook for Our Cat"*.

Ordering & form:

"Give your dog a bone" @ £19.95 incl. p&p - "Let's cook for our dog" @ £16.95 incl. p&p. "Let's cook for our cat" @ £15.95. - **Special offer** (expires 30/4/97) - order "Give your dog a Bone" and "Who Killed the Darling Buds of May" togther and one ticket for the "Healthy Dogs seminar" at a package price of £45 - **You save £5.40**. For express delivery (next working day) add £3.50 per order. None- U.K. customers add £3 per order to cover extra postage (Europe only).
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# Healthy Dogs Seminar

**Ian Billinghurst** BVSc (Hons), BSc.Agr., Dip Ed, vet and author of the book, '*Give Your Dog a Bone*', is coming from Australia to speak at a series of one day seminars in the UK towards the end of September 1997.

Dr Billinghurst will talk of the health benefits of a natural diet for dogs, based primarily on raw meaty bones. Many dog owners who have followed Dr Billinghurst's advice report that their dogs are much healthier, and veterinary bills have dropped significantly. He has many followers in the UK, so we expect tickets to sell quickly.

Other speakers are **Peter Gregory,** BVSc, MRCVS, Vet MF Hom, who will talk about alternative veterinary care; and **Catherine O'Driscoll** of the Canine Health Census and author of the book, '*Who Killed the Darling Buds of May: 1 - Vaccinations -What Vets Don't Tell You About Vaccines*'

Tickets are priced at £10 for CHC members (and their guests)*/participants, and £14 for others. Why not organise a coach party? Bulk discounts for 20+ tickets - details on request. Available from the Canine Health Census, PO Box 1, Longnor, Derbyshire SK17 0JD. *Closing date for members preferential priced tickets: 30th April 1997.

## The Healthy Dogs Seminars will take place in:

London - 19th September 1997
Birmingham - 20th September 1997
Manchester - 21st September 1997
Bristol - 22nd September 1997

***The exact venues will be advised at least one month prior to seminar date. This permits matching ticket reservations to facilities. Exact locations will be chosen to minimise travelling time for ticket buyers.***

---

### Reservation form*

Please make your cheque/PO payable to ***Canine Health Census*** and forward this form to the address above.

I enclose £ in payment of tickets for The Healthy Dogs Seminar. I am prepared to attend at any of the following locations I have ticked as follows:

London - 19th September [ ] Birmingham - 20th September [ ]
Manchester - 21st September [ ] Bristol - 22nd September [ ]

*Please send my confirmation and tickets to:*

Name

Address

Postcode

**Conditions - All moneys will be held in trust prior to confirmation. The organisers reserve the right to cancel and refund moneys for any reason they deem relevant or to consolidate locations at any time prior to one month of the seminar due date.*

# Canine Health Census

## Chemicals & Environment Survey

### Important

**Please read the form through before completing it.** We have tried to make this as simple as possible - but if you have any problems, please telephone for clarification before completing the form.

The CHC Vaccine Survey revealed that canine health may be affected by the environment and/or chemicals - products or treatments such as for worms or fleas. **It is vital that you complete one form per dog, where the dog(s) suffered from any of the illnesses listed under question 21.** *If none of your dogs has ever had any of the illnesses listed under question 21 just use one form.*

It is known that all chemicals have a risk associated with them - some are very toxic at low doses and some are known to cause cancer including chemicals used as preservatives in dog foods. We want to know about both healthy and unhealthy dogs so that we can assess the risk. For example, if one per cent of the UK's seven million dog population reacts to a chemical product, this will mean that around 70,000 dogs are made ill or die due to chemicals each year - percentages are therefore important! **If you need more forms, please photocopy this form.** When answering yes or no type questions **please delete the inapplicable.**

Please return to CHC Vaccine Survey, PO Box 1,Longnor, Derbyshire SK17 OJD. Telephone 01298 84737 (overseas +44 1298 84737). e-mail: john@dogcensus.win-uk.net

YOUR NAME .....

YOUR ADDRESS (IN CASE WE NEED TO CLARIFY POINTS) .....

.....

.....

POSTCODE (ZIPCODE).....

## Questionnaire

**- NB only answer questions 1 to 10 on one form only so as not to distort data**

1. How many dogs do you own now?.....
2. In what year did you first own a dog? ...
3. How many dogs have you owned since then?.
4. How many of your dogs have never suffered from any of the conditions listed overleaf? .....

**5. General Environment**

**During your ownership of your dog(s) have you lived within 3 miles (5Km) of any of the following? Please give the approximate dates (month & year) from when you commenced and ended residence.**

| | | from | | to | |
|---|---|---|---|---|---|
| 0.1 | Airport or military airfield | [ | - ] | [ | - ] |
| 0.2 | Arable farms (e.g. wheat) using crop sprays, nitrates etc. intensively | [ | - ] | [ | - ] |
| 0.3 | Brick works | [ | - ] | [ | - ] |
| 0.4 | Coal mine | [ | - ] | [ | - ] |
| | **Electricity generation station powered by:** | | | | |
| 0.5 | Coal | [ | - ] | [ | - ] |
| 0.6 | Gas | [ | - ] | [ | - ] |
| 0.7 | Nuclear fuel | [ | - ] | [ | - ] |
| 0.8 | Oil | [ | - ] | [ | - ] |
| 0.9 | Electricity sub-station | [ | - ] | [ | - ] |
| 0.10 | Gold mine | [ | - ] | [ | - ] |
| 0.11 | Overhead electricity power cables | [ | - ] | [ | - ] |
| 0.12 | Petrol (gas) or Oil distribution depot | [ | - ] | [ | - ] |
| 0.13 | Petrol (gas) or Oil refinery | [ | - ] | [ | - ] |
| 0.14 | Quarry - stone of any type | [ | - ] | [ | - ] |
| 0.15 | Railway line(s) with overhead electric power cables | [ | - ] | [ | - ] |
| 0.16 | Retail petrol (gas) station | [ | - ] | [ | - ] |
| 0.17 | Sea port used by vehicle ferries | [ | - ] | [ | - ] |
| 0.18 | Tin mine | [ | - ] | [ | - ] |

**6.** Immediate environment.

During your ownership of your dog(s) have you lived within approximately 800 yards (or 800 metres) of any of the following? Please give the approximate dates (month & year) from when you commenced and ended residence

| | | from | | to | |
|---|---|---|---|---|---|
| | **Close to farm buildings used by:** | | | | |
| 0.1 | Cattle | [ | - ] | [ | - ] |
| 0.2 | Deer | [ | - ] | [ | - ] |
| 0.3 | Goats | [ | - ] | [ | - ] |
| 0.4 | Horses | [ | - ] | [ | - ] |
| 0.5 | Pigs | [ | - ] | [ | - ] |
| 0.6 | Sheep | [ | - ] | [ | - ] |
| | **Close to farmland or woodland used by:** | | | | |
| 0.7 | Cattle | [ | - ] | [ | - ] |
| 0.8 | Deer | [ | - ] | [ | - ] |
| 0.9 | Goats | [ | - ] | [ | - ] |
| 0.10 | Horses | [ | - ] | [ | - ] |
| 0.11 | Pigs | [ | - ] | [ | - ] |
| 0.12 | Sheep | [ | - ] | [ | - ] |
| 0.13 | Close to a very busy road or highway | [ | - ] | [ | - ] |
| 0.14 | Close to a Motorway (Autobahn, Freeway etc.) | [ | - ] | [ | - ] |

**7.** External Home environment

Please give approximate dates (month & year) and brand name if, within the garden or yard around your

home, plants, grass etc. were teated with:

| Brand or chemical name | from | to |
|---|---|---|
| 0.1 Fertiliser - grass ie | [ - ] | [ - ] |
| 0.2 Fertiliser - plant ie | [ - ] | [ - ] |
| 0.3 Weed killer - grass ie | [ - ] | [ - ] |
| 0.4 Weed killer - plant ie | [ - ] | [ - ] |
| 0.5 Insecticide - grass ie | [ - ] | [ - ] |
| 0.6 Insecticide - plant ie | [ - ] | [ - ] |

please continue on a separate sheet if space is insufficient.

8. Radon gas

0.1 Have you ever lived in an area known to expereince Radon Gas? If so, please state the period - ..... from to

0.2 Was this tested and confirmed in this home?yes/no*

**9. Internal Home environment:**

Are any of the following used within your home regulary?

| | | |
|---|---|---|
| 0.1 | Air fresheners - aerosol type | yes/no* |
| 0.2 | Air fresheners - solid type . | yes/no* |
| 0.3 | Air conditioners | yes/no* |
| 0.4 | incense burners | yes/no* |
| 0.5 | insecticidal strips | yes/no* |
| 0.6 | ionisers | yes/no* |
| 0.7 | Perfume - ladies | yes/no* |
| 0.8 | Perfume (after shave) - gentlemen | yes/no* |

Home heating:

| | | |
|---|---|---|
| 0.9 | gas fired central heating | yes/no* |
| 0.10 | oil fired -do- | yes/no* |
| 0.11 | coal -do- | yes/no* |
| 0.12 | electric powered central heating | yes/no* |
| 0.13 | open gas fire | yes/no* |
| 0.14 | open wood burning fire | yes/no* |
| 0.15 | open electric fire | yes/no* |
| 0.16 | closed solid fuel stove | yes/no* |

**10. Current location: Please tick all applicable boxes of the following:**

| | |
|---|---|
| 0.1 City or town | [ ] |
| 0.2 Village or hamlet | [ ] |
| o.3 Rural/countryside | [ ] |
| 0.3 Coastal location | [ ] |
| 0.4 Lake/riverside | [ ] |
| 0.5 Mountains/hills | [ ] |

**Only answer questions 11 to 21 on this form in respect of one dog who has suffered from one or more of the conditions listed under question 21 . If more than one of your dogs has experienced the conditions overleaf then it is vital that you complete a separate form for each dog.**

**11.** Dog's pet name .....

**12.** Breed .....

**13.** Date of birth .....

if deceased:

0.2 Date of death .....

0.3 Cause of death .....

**14.** Has/was the dog ever fed manufactured or processed pet food?

| | |
|---|---|
| 0.1 was this canned (moist) . | yes/no* |
| 02. was this dry (packet)? . . | yes/no* |

**15.** If the dog has been vaccinated please state the date of last vaccination:

**16.** If the dog has been given nosodes please state the date of last dose:

**17. Utensils -**

is the dog's water bowl made or composed of:

| | | |
|---|---|---|
| 0.1 | Plastic ..... | yes/no* |
| 0.2 | Pottery..... | yes/no* |
| 0.3 | Steel ..... | yes/no* |

is the dog's feed bowl made or composed of:

| | | |
|---|---|---|
| 0.3 | Plastic..... | yes/no* |
| 0.4 | Pottery ..... | yes/no* |
| 0.5 | Steel ..... | yes/no* |

**18. Working life - did the dog for a period of 1 year or more, participate in any of the following?**

| | | |
|---|---|---|
| 0.1 | Showing ..... | yes/no* |
| 0.2 | Field trials ..... | yes/no* |
| 0.3 | Gun dog (retrieval)..... | yes/no* |
| 0.4 | PAT (therapy support) . | yes/no* |
| 0.5 | Guide (seeing eye) dog. | yes/no* |
| 0.6 | Disabled persons assistant | yes/no* |
| 0.7 | Hearing dog ..... | yes/no* |
| 0.8 | Herding (eg sheep, cattle) | yes/no* |
| 0.9 | Hunting (eg birds, deer) | yes/no* |

**19. Rescue -**

0.1 has this dog ever been subject to rehoming (rescue)? .....yes/no*

0.2 How many times was the dog re-homed prior to your ownership of it? .....

0.3 If known, please state the reason for the dog being re-homed immediately prior to your ownership of it.

.....

**20. Fleas** - During your ownership of this dog has it been treated for flea infestations with a chemical or pharmaceutical preparation? Please give the approximate dates (month & year) from when you commenced and ended the use of the chemical substance and the name of the product or chemical used. Please attach a supplementary sheet if space is insufficient.

| Chemical name | from | to |
|---|---|---|
| ..... | [ - ] | [ - ] |
| ..... | [ - ] | [ - ] |
| ..... | [ - ] | [ - ] |

**21. Illnesses and ailments**. In respect of any ailment which the dog has experienced please state against each applicable illness the approximate date of first diagnosis or your first observation, whichever occurred first. Please specify the month and year.

1. Abscess (boil)
2. Acanthosis nigricans (a black thickened skin disease) .....
3. Achondropasia (short limbs & short wide heads - dwarfism) .....
4. Acral lick dermatitis (a raised thickened plaque on a limb)
5. Addison's disease .....
6. Allergies .....
7. Alopecia .....
8. Anaemia

   1 - Aplastic.....

   2 - Haemolytic . (AIHA) .....
9. Anal glands - problems with .....
10. Angiosarcoma (malignant tumour of cells lining heart etc.)
11. Arthritis .....
12. Ascaris - nematode (roundworms) .....
13. Ascites (accumulation of fluid in the abdomen, ....
14. Asthma .....
15. Ataxia .....
16. Atopy (inhalant allergies)
17. Atrophy (wasting) of limbs
18. Auto-immune diseases .....
19. Bad breath ....
20. Behavioural problems.....
21. Bleeding, excessive .....
22. Blepharitis (inflammation of eyelid, usually margin)
23. Blindness .....
24. Bloat.....
25. Blue eyes .....
26. Bronchitis (inflammation of bronchi) .....
27. Cancer.....
28. Canker (otitis - inflammation of ear)
29. Cataracts .....
30. CDRM .....
31. Cherry eye ....
32. Chorea/twiches
33. Colitis.....
34. Cushing's disease .....
35. Dermatitis.....
36. Diabetes mellitus (inadequate insulin)
37. Diarrhoea .....
38. Distemper.....
39. Dry eye/conjunctivitis/eye probs

    Dysplasia -
40. Hips.....
41. Fore limbs ....
42. Emphysema (abnormal accumulation of air in body tissues)
43. Encephalitis ...
44. Endometritis (inflammation of membranous lining of the uterus).....
45. Enteritis (inflammation of intestines) .....
46. Epilepsy/fits/convulsions
47. Fleas.....
48. Gastric dilatation/volvulus (GDV) .....
49. Gastritis (inflammation of stomach) .....
50. Gastroenteritis (acute haemorrhagic (HGE)) .....
51. Gingivitis (inflammation of or sore gums) .....
52. Glaucoma (high pressure in the eye).
53. Glomerulonephritis (a kidney condition)....
54. Haematoma (blood blister) .....
55. Heart condition
56. Heartworm disease
57. Heat exhaustion (sun or heat stroke) .
58. Hepatitis.....

59. Hernia (internal or external protussion of tissue beyond the normal cavity)

60. Hydrometra (water filled uterus)..

61. Hypercholesteralemia (abnormally high concentration of chlorestrol in blood) .

62. Hypertrophic osteodystrophy (HOD) (defective bones) ...

63. Immune deficiency - any

64. Immunoglobulin (antibody) deficiency - any

65. Infertility .....

66. Inflammatory bowel disease (IBD).

67. Insipidus .....

68. Intussusception (telescoping of bowel on itself) .....

69. Jaundice (icterus)

70. Kennel cough/Parainfluenza/bordetella/ .....

71. Kidney damage/failure .....

72. Lameness.....

73. Legg-Calve-Perthes disease, .....

74. Leptospirosis...

75. Leukaemia.....

76. Lice.....

77. Liver ..... damage/failure

78. Loss of appetite

79. Lupus.....

80. Lyme disease

81. Meninigitis ....

82. Muscular dystrophy (degeneration of muscles) .....

83. Myasthenia gravis (excessive muscle fatigue after exercise).....

84. Nasal discharges & sneezing.....

85. Nervous/worrying disposition .....

86. Osteochrondritis dissecans (OCD) (typically this produces a cartilage flap) ....

87. Pancreas problems.....

88. Paralysis of hind quarters .....

89. Parvovirus ....

90. Perianal gland tumour (tumours around the anus) ...

91. Peridontis and other diseases of teeth

92. Peritontitis (inflammation of the peritoneum).....

93. Pleuritis (Pleurisy - inflammation of the pleura).....

94. Pneumonia (inflammation of the lungs).....

95. PRA (progressive retinal atrophy).....

96. Prostate gland problems.....

97. Pyometra (metritis, infected uterus or womb, pus in uterus).....

98. Rabies .....

99. Rickets (a bone disease).....

100. Rodenticide poisoning (eg rat poison).....

101. Short attention span

102. Skin problems

103. Subaortic stenosis (SAS)(abnormal narrowing of arteries)

104. Thyroid problems

105. Ticks.....

106. Tonsillitis (Inflammation of tonsils).....

107. Tooth abscess

108. Tumour/growth at skin site of vaccine

109. VKH (Vogt-Koyanagi-Harada like syndrome).....

110. Vomiting .....

111. Weight loss ...

Ministry of Agriculture, Fisheries and Food
Veterinary Medicines Directorate, FREEPOST KT 4503,
Woodham Lane, New Haw, Addlestone, Surrey KT15 3BR
Tel. No. 01932 336911 Ext. 3040. Fax : 01932 336618

**IN CONFIDENCE**

# Veterinary Medicines Directorate: Report on suspected adverse reactions

This form should be completed and sent to the address given above, whenever a suspected adverse reaction is observed during or after the use of a veterinary medicine in:

- animals (including birds and fish)
- incidents involving humans.

| For Official Use Only | |
|---|---|
| Adverse Reaction No. | |
| VLM/VMP file | |
| Date mu | |
| Date Ack. | |

## All reporters MUST complete this section

Name of product

Product number (on label)

Batch number

This form will be copied to the Company (Marketing Authorisation holder) in order that they are aware of any reported suspected adverse reaction to their product. They may wish to contact you for further details. If you do not want the name(s) and address(es) on the form to be revealed to the Company, please tick this box ☐

Has the Company already been informed? YES ☐ NO ☐

Your reference No. (if any)

Name and address of person sending this form to the VMD

Address where reaction(s) occurred

Postcode County

Name and address of veterinarian involved or, in the case of a human suspected adverse reaction, the doctor involved

## Details of suspected adverse reaction(s) in ANIMALS

No. of animals treated | No. of animals reacting | No. of deaths | Dosage

Route of administration | Duration of treatment | Reason for using product

| Date of reaction(s) | Species/Breed) | Age | Sex (M/F) | Nature of reaction |
|---|---|---|---|---|
| | | | | |

Products given concurrently (if any)

Immediate treatment given (if any)

Are there results to follow? YES ☐ NO ☐ Please attach results from post mortem or other relevant diagnostic tests.

## Details of suspected adverse reaction(s) in HUMANS

| Name | Sex | Age | Date of reaction | Nature of reaction and exposure (symptoms, duration) |
|---|---|---|---|---|
| | | | | |

**You will be sent a questionnaire seeking further details when the Veterinary Medicines Directorate receives this form**

***If you have any comments or further information, please continue overleaf or on a separate sheet***

CHC Update

News for CHC Members Vol. 3 No. 7 / September, 1998 - £2.50 where sold



***Putting Dogs' Health First***

# Making a Killing

Vets and veterinary nurses are subjected to an awful lot of propaganda. Take an article in *"Veterinary Practice Nurse'* published in 1996, and written by a vaccine manufacturer: *"Despite scare-mongering amongst certain canine journalists, there is no evidence for the mythical disease coined 'vaccinosis' in boosted dogs, and there is no evidence of harm in any breed of cat or dog from giving a full booster every year."*

**This is a fundamental untruth** - an untruth that misleads professional caregivers who subsequently mislead their clients. There is significant and overwhelming evidence of harm caused by annual boosters. So much evidence that recently the Colorado State University issued a statement to say that it no longer advocates annual vaccination because of the side-effects. The statement also claimed that there is no scientific evidence to support annual vaccination, and we may as well choose every 'full moon' to stick the needle in.

Almost every day, CHC receives phone calls from dog owners who, sobbing their hearts out, tell us that they had heard about the dangers of vaccines, but were persuaded to vaccinate their dogs because the vet got angry with them and called them irresponsible and foolish. This is real scare mongering, and it leads to disaster. Examples include a puppy who now has blood pouring from her eyes and a swollen brain; a puppy who has lost weight and stopped eating; a dog who has started having epileptic fits; and a dog who had to be put down as his brain was irretrievably damaged.

We want you to read this article so that you do not become one of the people making such a phone call.

It is scientifically accepted that diseases such as encephalitis (inflammation of the brain), autoimmune haemolytic anaemia (which usually means sudden and rapid death), arthritis, epilepsy, allergies, skin disease, cancer and leukaemia can result from vaccination. Some of this independent proof will be offered later.

Most of this evidence comes from the human field, although some does exist where dogs are concerned. We know, for example, that a 'small minority' of children will react catastrophically to vaccines; but we also know from the parents of these children that it's very hard to get vaccine manufacturers, doctors, or even the government, to admit that a child's epilepsy, mental retardation, hyperactivity, allergies or arthritis could have been caused by a vaccine given only a few days earlier. Rather, doctors minimise the risks and leave the parents to pick up the pieces.

Despite this, august journals such as The Lancet inform doctors that the MMR (measles mumps rubella) vaccine makes children three times more likely to suffer convulsions than those who don't receive it, and causes five times the number of cases of a rare blood disorder. Between 1990 and 1994, the US Vaccine Adverse Events Reporting System recorded 3,063 cases requiring emergency medical treatment. The link with our dogs, of course, is that the measles virus and distemper are virtually the same.

Where dogs are concerned, it's even harder to prove a connection between a vaccine and subsequent illness and death. We simply do not have an acceptable scheme that enables vets and other scientists to measure the extent of vaccine damage in our pets. And it is clear that the people

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who make money from vaccines do not want us to have a reliable scheme.

In the UK, vets are asked - not compelled - to fill in a Yellow Form (MLA 252B) if they **suspect** an adverse reaction to a drug or vaccine. And because vets are trained in colleges that rely on funding from vaccine manufacturers and are subjected to commercial propaganda thereafter, it's unlikely that they appreciate that allergies, brain damage, cancer and so on, can be triggered by vaccines. Their willingness to consider such evidence is then compromised by the fact that a high percentage of veterinary practice income comes from boosters (as much as 40% ).

Consequently, we have all been encouraged to think it's just bad luck when our dog develops an horrendous illness shortly after being vaccinated. The problem, of course, is that vaccines are capable of invoking a wide range of illnesses. It's not like pricking your finger with a needle and you bleed; it's hard to believe that one or two vaccine injections might cause brain damage in one dog, arthritis in another, and leukaemia in another.

The adverse reporting scheme run by the Veterinary Medicines Directorate (VMD) simply doesn't work - firstly because you rely upon your vet to suspect a link that he's never been taught to look for. Secondly, the form, if it's filled in, goes off to the VMD, and the VMD invites the vaccine manufacturer to explain why it isn't a reaction. Then we get a list of numbers issued by the VMD, telling us that there were, say, 234 suspected adverse reactions, 13 of which were upheld. And all along, the VMD is relying on evidence supplied by the company making money from vaccines, and the VMD itself is funded by those selfsame companies. It even employs people from those companies. So much for an independent government department!

In 1997, Canine Health Concern conducted a survey, prompted by one honest vet who refuses to vaccinate (and suffers significant financial loss) because he believes that most (80%) of the illnesses he treats are caused by vaccines: 'vaccinosis'. We had no idea whether the survey would corroborate Chris Day's fears, although we had seen a great deal of research in the scientific literature to suggest he might be right. As it happened, the survey fully supported Chris Day's observations - and so watertight were our conclusions that we offered our base data up for independent scrutiny and analysis.

In response, the veterinary establishment erected a stone wall in our faces, and the National Office of Animal Health **(a trade association representing vaccine manufacturers)** held a press conference to tell vets to scare pet owners into having their friends boosted.

So what are they turning their backs on? And why do they find it necessary to use scare tactics to make you do as you are told? Canine Health Concern's vaccine survey showed that a high percentage (over half) of sick or dead dogs first show signs of a wide range of illnesses within three months of a vaccine event.

But you don't even need CHC's survey to show that vaccines come with proven risks. Here - for everyone's benefit - is some solid scientific evidence. It takes information from the human medical field, chiefly because - as we have demonstrated - there is no adequate adverse reaction reporting scheme for dogs. This information, though, goes a long way towards showing that our survey findings might just have some basis in truth:

The Merck Manual is the most widely used medical textbook. Its editorial board includes Philip K Bondy, MD, Professor of Medicine (Emeritus), Yale University; R Gordon Douglas, Jr., MD, President Merck Vaccine Division; Clinical Professor of Medicine, Cornell University; John Romano, MD, Distinguished University Professor of Psychiatry (Emeritus), University of Rochester . . . plus eleven other scientists of similar status, as well as dozens of consultants and contributors from the medical and academic field.

This is what they - **'the highest of the high'** - say about vaccines:

***When not to vaccinate***:

*"Patients with either B or T cell immunodeficiencies should not be given live vaccines because of the risk of vaccine-induced illness. Associated B cell deficiencies include respiratory or food allergies; features of T cell deficiencies include heart disease; and features of combined T and B cell deficiencies include dermatitis, neurologic deterioration and eczema."*

*"To diagnose immunodeficiencies, a family history should be obtained for early death, related disease, autoimmune illness, allergy, early malignancy, and consanguinity (those related by blood). If this history is positive, a pedigree chart will help identify a hereditary pattern. A past history of adverse reactions to immunizations or viral infections should be noted . . . "*

*"Children with known or suspected immunodeficiency disease should not receive any live virus vaccines, since they could initiate a severe or fatal infection. Children with fluctuating or progressive neurologic disease should not be immunised until their condition has been stabilised for at least one year."*

## Translation:

Dogs, like humans, have T cells and B cells, and T and B cell immunodeficiencies. So, if your dog is related to dogs with respiratory or food allergies, heart disease, skin disease, or neurologic (brain) problems or, indeed, if your dog himself suffers from any of these conditions, it is possible or probable that he has B and/or T cell immunodeficiencies and should **not receive a live virus vaccine** because - in the words of Merck - the vaccine could initiate a severe or fatal infection. What, though, might these infections be? Let's see what Merck has to say:

*"Encephalitis is an acute inflammatory disease of the brain due to direct viral invasion or to hypersensitivity initiated by a virus or other foreign protein. . . Noninfectious causes of encephalitides include . . .* **vaccine reactions: many,** *especially rabies, pertussis, smallpox. . . Symptoms of encephalitis may be associated with cerebral dysfunction (alteration in consciousness, personality change, seizures, paresis) and cranial nerve abnormalities."*

Merck also says: *"The myelin sheaths of many nerve fibres promote transmission of the neural impulse along the axon. Many congenital metabolic disorders affect the developing myelin sheath. . . In acute disseminated encephalomyelitis (postinfectious encephalitis), demyelination can occur spontaneously, but* ***usually follows a viral infection or inoculation (or, very rarely, a bacterial vaccine)."***

Merck defines epilepsy as: *"A recurrent paroxysmal disorder of cerebral function characterised by sudden brief attacks of altered consciousness, motor activity, sensory phenomena, or inappropriate behaviour caused by abnormal excessive discharge of cerebral neurons. Any recurrent seizure pattern may be termed epilepsy."*

*"The DTP vaccine should not be given again if a child develops encephalopathy within seven days; a convulsion within three days; persistent, severe, inconsolable screaming or crying for three hours or an unusual, distinctive, high-pitched cry within 48 hours; collapse or a shock-like state within 48 hours, and immediate severe or anaphylactic (allergic) reaction to the vaccine."*

Merck also tells doctors that, *"reported side-effects of the mumps vaccine include encephalitis, seizures, nerve deafness, parotitis (mumps), purpura (purple skin rash that can lead to chronic kidney failure), itching."*

In another passage, Merck says that, *"epilepsy can be caused by CNS infections, including meningitis, AIDs, encephalitis* (which they have already told us can be caused by vaccines)*, and other causes".* They also say, *"it can be brought about by anaphylaxis (an allergic reaction) to a foreign serum or drug".* **Vaccines contain serum.**

An horrendous 63.2% of dogs in our survey with chorea (degenerative lesions of the nerve cells and residual brain damage), first developed the condition within three months of receiving a vaccine jab.

75% of dogs with encephalitis developed it within three months of the needle.

55.4% of dogs with behavioural problems first became a problem within three months of having it stuck to them.

54.8% of dogs who were nervous and worried first began to panic within three months of their owners handing over approximately £35 to their vets.

65.5% of dogs in the survey with epilepsy first started to twist and writhe about on the floor in agony within three months of booster visits to their friendly neighbourhood vets - most of whom denied that vaccines can cause epilepsy.

68% of dogs with the squits; 55.6% of itchy, scratchy, and pustulating dogs; 72.5% of vomiting dogs; 56.9% of dogs with colitis; 52% of lame dogs; 64.7% of dogs with paralysed back legs; and 68.4% of dogs who couldn't concentrate any more . . . first

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began to be a problem to their owners . . . and cost them a lot of money . . . within three months of being vaccinated.

**Brain damage from vaccination, permanent brain damage, is not a theory - it is a cast-iron, irrefutable, fact.**

Does your dog have an autoimmune disease, and did the disease begin shortly after vaccination? Merck tells us that, *"autoimmune diseases may be initiated by the encephalitis that can follow rabies vaccination in which an autoimmune cross-reaction probably is initiated by animal brain tissue in the vaccine"*. In fact, all sorts of vaccines in addition to the rabies vaccine are typically cultivated on dog, cat, and monkey brains and kidneys; chick embryos, hamsters and guinea pigs - all of which can be described as 'foreign protein' which can cause an allergic reaction and encephalitis.

It is not surprising, then, that 54.8% of the dogs with autoimmune diseases in the CHC interim vaccine survey developed these diseases within three months of receiving the jab.

One-in-a-hundred dogs in the CHC interim vaccine survey had a tumour or growth at the vaccination site - 67% of them within three months of receiving the jab. Not surprisingly, Dr Dennis W Macey from America estimates that 22,000 cats develop tumours at their vaccine sites every year in the USA.

Nearly half the dogs in the CHC survey with skin problems first developed them shortly after vaccination. Way back in 1983, two scientists named Frick and Brookes showed that vaccines trigger atopic (hereditary) dermatitis (skin disease), thus supporting Merck's advice not to vaccinate children with a family history of skin disease. Yet despite this important piece of research, vets will vaccinate dogs irrespective of whether they're likely to develop debilitating skin disease as a result. The necessary questions simply won't be asked.

So don't take it from us - ***take it from Merck that vaccines can cause encephalitis, epilepsy, skin disease, behaviour problems (from brain damage), and autoimmune diseases (which include Addison's disease, rheumatoid arthritis, Hashimoto's thyroiditis, Lupus, haemolytic anaemia, chronic active hepatitis, diabetes melitus, Grave's disease, Hypoparathyroidism, skin inflammations, Uveitis and other immunologic eye diseases).***

One media vet in a women's magazine quipped sarcastically that 'a certain survey' (must be CHC because there aren't any others) was claiming that everything, including broken legs in dogs, could be blamed on vaccines. Ha ha, very funny. And he laughed all the way to the bank.

Meanwhile, Canine Health Concern's network of volunteers are picking up the pieces of what might be described as legalised murder - because annual vaccination is a commercial, not a medical, routine. So what? It's only a dog. The funniest part of it all (ha ha) is that you, the dog owner, are handing over good money to watch your friends suffer.

Have you had enough, yet, of being conned? Tired of seeing your friends die in agony years before their time? Then join CHC and help counter this £$ milti-million trade in death.

Readers who would like to take part in the continuing CHC vaccine survey are warmly welcomed to do so. We need you to take part whether your dog is sick or well, vaccinated or not vaccinated.

** Thanks to ongoing support, we are beginning to get further information through from this survey. Initial results show that Golden Retrievers, Boxers, Shar-Peis, German Shepherds, King Charles Cavalier Spaniels, and Border Collies are all statistically equal in their risk of ill health and disease after vaccination - their profiles matching the interim survey results that showed a dog is very much more likely to be ill within three months of vaccination than at any other time in the year. **This suggests that so-called hereditary defects, or so-called genetically defective breeds are not the problem - but the vaccine!**

**Contact CHC for a short two-page questionnaire.**

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"If you think that something is right just because everyone believes it, then you are not thinking"

Vivienne Westwood

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## The Homoeopathic Alternative to Vaccines

Many dog lovers are moving away from annual vaccination towards the safer homoeopathic nosodes. Nosodes usually come in pill form, made from highly diluted preparations containing the disease-causing organisms or diseased tissue. This method of protection has been used for many years with a significant record of success. Published studies have shown the efficacy of nosodes in reducing the incidence of infection in outbreaks of mastitis in cow herds, kennel cough in dogs, distemper in dogs, meningitis in humans, and tularaemia in mice. As such, the principle of nosodes in disease prevention is well proven.

**Members often ask how they can obtain homoeopathic nosodes**. We advise dog lovers to contact the British Association of Homoeopathic Veterinary Surgeons (BAHVA), Chinham House, Stanford-in-the-Vale, Faringdon, Oxon SN7 8NQ, enclosing a stamped addressed envelope. The BAHVA will then forward you a list of qualified homoeopathic veterinary surgeons.

Although many homoeopathic vets refuse to vaccinate, being convinced of the high risks involved, others will suggest that you vaccinate but try to counteract the side-effects by also giving nosodes. CHC does not recommend this option, as dogs can still experience life-threatening side-effects from the vaccine, nosodes or not. One of the puppies mentioned in our 'Making a Killing' article had received nosodes. And Samson O'Driscoll, who died at the age of five, reacted to his second puppy shot and subsequent booster before developing autoimmune disease which progressed to cancer. Vets who suggest the first vaccine course followed by one booster should also be telling you that it still poses a risk to your friends.

Nosodes can also be obtained from homoeopathic pharmacies, including: Ainsworths in London (telephone 0171 935 5330).

Please note that kennels are increasingly willing to accept nosode-protected dogs, and some training and ringcraft classes are also becoming more enlightened. They do, though, often ask for a letter or certificate from your vet to say that nosodes have been prescribed. For this reason we strongly recommend you consult a homoeopathic veterinary surgeon for the nosodes.

Also, as nosode-protected dogs are usually remarkably healthy, an annual visit to collect nosodes from your vet will probably represent the very worthwhile 'annual check-up'.

## Vaccinosis Case Stories

Mrs JR Briggs took her miniature Dachshund for her annual booster each year with no problems until she was four years old. The dog was vaccinated in the morning and by late afternoon she was rubbing her face on the carpet. She was very hot, and her face was swollen. Mrs Briggs took the dog back to the vet who gave her an injection and said that she had been stung by a wasp. *"I was not convinced,"* says Mrs Briggs, *"and asked him if it could have been the vaccination. He said no."*

Mrs Briggs chanced the booster again the next year, explaining to the vet what had happened the year before. By the afternoon the same symptoms repeated themselves. Bonnie was rushed back to the veterinary surgery, where the vet agreed this time that it must have been the annual booster." In fact, Bonnie had a hypersensitivity reaction to the booster which, if left untreated, may well have killed her.

Mr and Mrs M Roberts' beautiful cocker spaniel died one week after having his booster injection. He was boosted on the Friday, and became ill on the Monday evening. He was taken to the vet on Tuesday morning, and the vet told the couple that the dog had a very high temperature and a swollen spleen. A blood test was taken, revealing that his blood count was very low and that the red blood cells were breaking up. The vet administered steroids.

Mr and Mrs Roberts say that the dog deteriorated very rapidly from here, and the vet suggested a blood transfusion on Thursday, bringing his own dog into the surgery to donate the blood. However, the vet advised that the transfusion would only give the cocker a few days longer, and a match donor would need to be found to give the dog a better chance. Mrs Roberts says that her dog was in a very poor state at this stage, and the couple agreed that it would be kinder to have him put down. Although it was a terrible decision to have to make, they didn't want to see him suffer any more.

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The dog was seven years old. He was diagnosed by the vet as having haemolytic anaemia. The couple suggested that the booster might have caused the condition, but the vet flatly denied this.

**The Merck Veterinary Manual confirms that modified live parvovirus vaccines are suspected to cause autoimmune haemolytic anaemia in dogs**. The Journal of Veterinary Internal Medicine (September-October 1996) carried a paper that *"strongly supports that vaccination can trigger immune-mediated haemolytic anaemia in dogs . . . and vaccine associated IMHA has been reported after DPT vaccination in children"*.

Mrs P Ariss owned a lively Westie puppy who suffered from 'Westie Disease', a jaw disease treated with steroids. At 15 months, the bitch had her first booster injection and for three days was very quiet and lethargic. On the fourth day, Mr Ariss found the dog dead in the kitchen. A post-mortem revealed a heart attack.

**Vets are advised not to vaccinate unhealthy dogs, or dogs receiving steroids. However, they are vaccinating these dogs as a matter of course**.

If a vet calls you an irresponsible dog owner when you suggest that your unhealthy dog should not be vaccinated, be strong and follow your own conscience.

*extracts from 'Who Killed the Darling Buds of May?' by Catherine O'Driscoll*

## PFMA Targets CHC

At a meeting on June 2nd, the Pet Food Manufacturers Association External Affairs Committee proposed that *"a list of 'friendly' journalists be drawn up so that the industry were able to provide accurate information in response to such adverse publicity as the CHC seminars."* The meeting was informed that Grayling Public Relations had already started a 'friendly' journalist list and would forward it to the Secretary for consideration. The secretary reported that a CHC seminar was scheduled to take place on 10-11 October, which would include speakers such as Wendy Volhard and Chris Day, Honorary Secretary of the British Association of Homoeopathic Veterinary Surgeons.

Press releases advertising the Healthy Dogs Seminar have gone out to all the dog publications, enabling you to see - by omission - who the 'friendly' journalists might be.

Members of the Committee also noted at its meeting the previous day, that *"a list of veterinary contacts is to be compiled by the PFMA to supply to the various pet press to ensure that a wide range of vets and nutritionists were in contact with the media to help with articles on petfood nutrition and other issues"*.

## Moral of the story:

A trade association representing £/$ multi-million international businesses has the power to employ expensive London PR consultancies to influence the editorial content of the magazines and papers you read. Their power is further strengthened by £/$ multi-million advertising budgets, without which the publications employing 'friendly' journalists might otherwise go broke.

**Therefore, CHC seminars represent an excellent opportunity for you to hear the other side of the story. So if you're in a position to organise a seminar, get in touch and we'll be happy to arrange speakers for you. Come along, too, to the Healthy Dogs Seminar in October to hear what they don't want you to hear - and show the pet products industry that you have a mind of your own**.

Tickets for the day-long Healthy Dogs Seminar, in London on the 10th October, and Staffordshire on the 11th, cost £20 including lunch.

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Pain and suffering in life are inevitable. Misery is optional.

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## LOCAL SEMINARS

To organise your own seminar, contact CHC National Branch Co-ordinator Sylvia Kolkowski. Sylvia will do all she can to help you.

Seminar Hotline: 01924 252107.

# Genetically Modified Foods

Pig 6707 was given human genes to produce a 'super pig'. It was born instead with ulcers and arthritis, hardly able to stand or see. The pig's designer, Vernon Pursel, likened himself to an early aviator: *"We're at the Wright Brother stage, compared to the 747. We're going to crash and burn for a while,"* he said. But we cannot afford to let them 'crash and burn'. Genetic accidents releasing DNA into the natural world can never be reversed.

We the consumers did not need to see £25 million spent to make a tomato with three days' extra shelf-life. What we need is wholesome natural food from a clean environment.

*Extracts from P&P Lifeweb, PO Box 23, Glastonbury High Street, Glastonbury, Somerset. Please get in touch for further information.*

## "Inert" Ingredients in Pesticides

'Active' ingredients in pesticides are designed to 'destroy, prevent, repel or mitigate' a pest. 'Inert' ingredients are all other chemicals used to make the pesticide product more potent or easier to use. No government agency records the amount of inert ingredients used each year in the United States. When used as an active ingredient, the name of the chemical must be listed on the label and subjected to a battery of tests to determine its toxicity. However, when the same chemical is used as an inert ingredient, no such labelling and only limited studies are required.

A report entitled, **"Toxic Secrets: 'Inert' Ingredients in Pesticides 1987-1997"** found that more than 2,300 chemicals are now listed by the US Environmental Protection Agency as inert ingredients in pesticide formulations. *Over a quarter of these, according to the report,* ***are hazardous to health*** *and the environment.* Some inerts currently in use are known to cause cancer or genetic damage, harm the nervous system, or disrupt hormones. For example, Cristobolite, a known cancer- producer, is used as an inert ingredient in over 1,500 pesticide products.

The report stated that 'over the counter' pesticides sold to consumers often contain over 95% inert ingredients.

## Quote:

***"The great masses of the people will more easily fall victims to a great lie than a small one."***

Adolf Hitler

## Take Good Care of Your Baby...

CHC member Margaret Newman wrote to us for advice: *"Can you help me please? I need to use a flea repellent on the dogs and have been recommended a specific herbal insect repellent. I enquired about the ingredients and it sounded all right until the man mentioned 'DEET'. I wonder if you know anything about that chemical please. I need to be careful with my dogs - Heidi is vaccine-damaged and Polly is 16."*

So we looked it up for her. **Diethyl toluamide (DEET)** is said to be the commonest active ingredient in insect repellants (*C is for Chemicals, Green Print).* This chemical is potentially highly toxic and should be used with care. It is very poisonous if swallowed and has caused death on several occasions. The more serious risk is that it may be absorbed through the skin in sufficient quantities to be toxic. Repeated applications of quite weak solutions of DEET has led to brain disorders, nervous system effects, and even death. The rate of absorption through the skin is increased by high temperatures.

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## Safe Flea Control

IF you want to be safe, you need to check **EXACTLY** what's in the product - *even if it says it's a herbal product.*

A safer method of flea control is to feed a wholesome natural diet, including a raw crushed clove of garlic daily, and a vitamin and mineral supplement (as garlic and some vitamins and minerals repel parasites). A dilution of lavender or tea tree oil (one teaspoon to a pint of water), or vinegar brushed through the coat, will provide another barrier of defence.

## Pet Sprays and Cancer

Two American researchers have determined a significant link between the use of pet anti-flea sprays and brain tumours in children who were exposed to them both in the womb and after.

The risk was 70% higher for children exposed whilst in the womb, and particularly where the child was diagnosed as having a brain tumour before the age of five (150% higher).

The risk doubled when the pregnant mother had prepared, applied or cleaned up flea/tick products herself. The risk was also increased where people did not follow the product instructions such as vacating the house after applying treatment.

The researchers recommend that further research be done to identify the specific chemicals to blame.

*Pogoda, JM and Preston-Martin, S. Household pesticides and risk of paediatric brain tumours.* Environmental Health Perspectives 1995;105(11):1214.

## A Homoeopathic Wormer

The homoeopathic vet, Peter Gregory, has prescribed homoeopathic Arbrotanum 3X as a wormer for many years. Having routinely checked faeces subsequent to administration, Peter believes that this wormer is effective.

## Caesar

The Paralysed Great Dane Puppy
by Wendy Volhard

Caesar was paralyzed. He couldn't get up from the floor to greet Kelly and Mitch when they got home from work. He dragged himself towards them, losing control of his bladder as he did so. At four months of age, Caesar was the apple of their eyes. They doted on him, and had given him the very best of care, following their veterinarian's advice for feeding, vaccination and worming.

Caesar's vet had told Kelly and Mitch that he had probably come down with a spinal disease - common, he said, in fast growing giant breeds, and that nothing could be done. Distraught, Kelly asked if I could help because Caesar was now urine incontinent and couldn't express his bowels. He was lethargic and didn't want to eat.

The importance of a good diagnosis:

I have a close working relationship with a good and trusted vet, who I immediately consulted. Without a good diagnosis, it is not possible to treat a case successfully.

Young Danes in their first year are subject to many diseases, one of them being Calcium Phosphate Deposition disease which causes progressive paralysis in the first two months of life. They are known to have Wobblers Syndrome, a condition which compresses the spinal cord and causes malformation of the cervical vertebrae leading to an inability to control the back legs, plus eye diseases and bloat. In Caesar's case, Wobblers Syndrome was suspected by the vet, and the prognosis was not good.

Vaccinosis

The medical history of this puppy showed that when he was purchased at seven weeks of age, he had already received a distemper and parvo vaccine from the breeder (when he was six weeks old). Under the terms of the seller's guarantee, he was taken to Kelly and Mitchs' local vet for a health evaluation within 48 hours of purchase. Here he was given a five-in-one vaccine and wormed. The vaccines were

repeated at nine weeks, eleven weeks, thirteen weeks and again at fifteen weeks when a rabies vaccine was added. He was wormed twice more. Two days after the last vaccine, Caesar collapsed. At no time was any association made with his collapse and the enormous number of vaccines given to him (by now 22, excluding the rabies), by the original vet.

My experience in working with dogs of all breeds led me to believe that vaccinosis was a contributing factor in Caesar's collapse. Leading Great Dane breeders, who have been part of our Holistic Study Group for the last several years, have presented papers on the effect of vaccines on their breed and are studying long term effects of vaccines in all dogs. Dr Jean Dodds, one of America's leading immunologists, also questions the long term effect of over vaccination on the immune system of dogs.

Given the emergency nature of the case, we used acupuncture treatments at the site of the paralysis,which was in two places - behind the rib cage and at the base of the spine, just above the tail. These acupuncture points are associated with the stomach and small and large intestine. He was also treated at other points to put him into balance, so the body could start to heal itself.

After the first treatment, Caesar was gently lowered from the table to the ground. He stood for the first time in over two weeks, and took some wobbly steps. There was not a dry eye in the house! He was treated with acupuncture every three days to keep his energy level balanced, and after each treatment he improved. He was still wobbly at times, but at least walking in a straight line. His bowels functioned immediately, and the urinary incontinence stopped and his bladder returned to normal.

Caesar's diet has changed to my Natural Diet, which consists of raw natural foods. This diet is easy for a dog to digest, and is packed full of nutrients, digestive enzymes and herbs.

Caesar was also given the homoeopathic remedy Thuja at bedtime for two weeks to detoxify him from the side effects of the vaccines he had received, and Silica was used twice weekly for one month. He was also given Supportasode, a liquid homoeopathic, to support and rebuild his system. After a month, we started to cleanse the rest of his system homoeopathically.

The paralysis had caused a lot of damage to Caesar's body and he was sent to the veterinary chiropractor for several visits to put him, like Humpty Dumpty, back together again.

Today, Caesar is 7 months of age, and runs and chases like any normal puppy. I am sure that treating Caesar immediately after the damage manifested itself contributed to the success of this case. I am also sure that no one form of treatment could have helped him as did the combination of acupuncture, diet, homoeopathy, and chiropractic. If we had accepted the fact that this was a genetically inherited disease state with no known treatment, as is stated in veterinary text books, we would not have tried to work with him.

When we started, there were no guarantees that anything could be done. Sometimes you just have to try. And, as the saying goes - it's not over until it's over.

*Wendy is speaking for CHC at the Healthy Dogs Seminar in October.*

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## Homoeopathic First Aid For Pets

**Arnica**

Arnica can be used to lessen the immediate effects of shock, bruises, strains and bleeding. It is a first-course remedy if your dog or cat begins to limp.

**Cantharis**

This is a soothing remedy, used for the urinary system and some conditions where the skin is red and raw. Cantharis is indicated where there is burning, stinging or scalding pain, such as cystitis. It also helps with burns and blisters, insect bites, acute eczema, and kidney problems.

**Rhus Tox**

Rhus Tox is a major rheumatic remedy, particularly if the affected animal improves with movement. It is also helpful for strains and sprains, ear infections, conjunctivitis, and some forms of eczema.

**Sulphur**

Sulphur is commonly used for skin ailments such as eczema, dandruff, flea allergy, ear mites and mange.

If any condition is severe or long-lasting, please consult your vet!

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## Can't Cook, Won't Cook

During the 1930s and '40s, Dr Francis M Pottenger, MD, PhD, proved that many aspects of health and well-being of animals are directly associated with the amount of cooked food in their diet.

Observing generations of cats, Dr Pottenger fed some cats raw food, some cooked food, and some cooked and raw food. He found that the animals who consumed only raw food had perfect health, vitality, fertility and longevity. Conversely, animals who ate only cooked food showed signs of degeneration in the first generation, including premature ageing, diseases and infertility. Subsequent generations became increasingly degenerated, increasingly infertile, and even perverted in their behaviour.

## The Natural Diet for Your Dog

Many people get a little 'hung up' when it comes to feeding their dogs. This is probably because we've been taught that you need to be a scientist in order to be able to feed a dog properly. **Not true**. *Was your Grannie a scientist? A little common sense and a* ***VARIETY*** *of foodstuffs, are all that's needed.*

There are many books (**see CHC Update No 6)** that outline 'perfect' diets for dogs. Our observation tends to indicate that, so long as it isn't processed pet food containing chemicals, additives and by-products, then whatever you feed your dog - providing there's sufficient variety - is going to be a far better option.

### Dogs are omnivores.

That is, they are carnivores and also scavengers. In the wild they would delight in a wide variety of food sources: small prey such as rabbits, birds, fish, mice and small sheep. They would roam around and sample berries, fallen fruits, animal faeces, eggs, and whatever else they could find. Experience of zoo animals has shown that, to keep animals fit and healthy, you need to feed them their natural diet. And, as dogs can't cook, nothing could be easier than giving raw food to them.

So what can we, in our modern world, do to keep our animals' diets as close to nature as possible? The following diet was given to CHC member Rosamund Walters by her late homoeopathic vet many years ago. Rosamund says it can be used for healthy dogs, and also for dogs with allergies and behavioural problems. It was used originally, and successfully, for Rosamund's hyperactive Pembrokeshire Corgi.

### A Natural Diet

#### Breakfast

Monday: **Raw** meaty bone (chicken wing, oxtail, lamb neck, rabbit, etc)
Tuesday: Raw meaty bone
Wednesday: Porridge - cooked, using rolled oats. Millet can also be used.
Thursday: Porridge
Friday: Raw meaty bone
Saturday: Porridge
Sunday: Raw meaty bone

If you have any eggs to spare, you can occasionally add a cooked egg to the porridge.

#### Main meal

Monday: Leftovers from the weekend, such as chicken scraps added to baked beans with raw vegetables crushed in a food processor or juice extractor.
Tuesday: Raw lamb's liver and raw vegetables*
Wednesday: Raw mince and raw vegetables
Thursday: Raw lamb's heart and raw vegetables
Friday: Raw lamb's kidneys and raw vegetables
Saturday: Pilchards or sardines and raw vegetables
Sunday: An all vegetable day to which an egg and scraps from the table are added.

#### Evening snack

Baked brown bread or additive-free dog biscuits.

Rosamund's Recipe, continued...

* vegetables can be cabbage, sprouts, spinach, broccoli, cauliflower, carrots, swedes, parsnips, beans, peas, celery, etc. Rosamund varies the menu, and says that dogs like fruit, so the odd piece of banana or apple is much appreciated. Yoghurt and cream cheese are great favourites and can be given as a treat or when the family are having them.

Rosamund gives her dogs a teaspoon of oil, such as hemp seed oil, five times a week. She also adds vitamins C and E and brewers yeast (some dogs are allergic to this, so substitute with a B vitamin complex if necessary), plus a clove of garlic daily.

Alternatively, Rosamund suggests using a product called, 'Missing Link' which gives adult dogs all the nutrients they require. Spirulina, a complete vitamin and mineral supplement, is also an excellent alternative - if you use this, then you only need add a little extra vitamin C.

**Quantities:** if you have a small dog such as a Pekingese or a corgi, then one bone is enough. If you have a large dog, such as a German Shepherd, then they will appreciate more - say, four chicken wings or half an oxtail. The rule is to observe your dog and, if he's fat or isn't eating all you put out, give less. If he's still hungry and getting thin, give more.

# DOGS WITH BAD BREATH

Readers will no doubt have seen tv advertisements recently for biscuits that will help mask bad breath in dogs. But why do dogs have bad breath in the first place, and should we be trying to mask it?

Smelly breath is caused by a number of factors, chief of which is smelly food! Ever get stuck in a lift with someone who eats lots of curries? Or in a room with a dog who eats tinned by-products, chemicals, derivatives and ash?

Bad breath can also be an indication of kidney disease, so this should be checked out with your vet.

And, importantly, bad breath can also be a sign of tooth and gum disease which, according to the vet Tom Lonsdale (and his paper in the Journal of Small Animal Veterinary Practice), is caused by mushy pet food. Tom's advice for all dog (and cat) lovers is to put your dog onto a diet that includes nature's toothbrush: **raw meaty bones**.

Tom tells us that periodontal disease brings with it increased risk of kidney failure, liver failure, heart failure, blood disorders . . . he coined the phrase, *'diet-induced Aids'* to describe it, and explained that the millions of bacteria in a dog's mouth which result from mushy diets suppress the immune system.

***So . . . does your dog have bad breath? Then follow Tom's advice and give your dog a raw meaty bone!***

Please note that Pedigree Petfoods, which advises against feeding bones to dogs in its UK literature, **recommends feeding raw meaty bones in its Australian literature** (under the brand name of 'Uncle Bens'). When we asked Professor Gorman of Waltham (Pedigree) why the discrepancy, he explained, *"our business unit in a country supports the views of the official body of veterinary experts in that country . . ."*

In Australia, vets actively and officially recommend bones for dogs.

Professor Gorman went on to say in his letter that the Manual of Small Animal Dentistry published by the British Small Animal Veterinary Association, and edited by David Crossley and Susanna Penman, advises against bone chewing. However, Susanna Penman, former President of the British Veterinary Dental Association, has studied the natural diet, and now recommends raw bones as an important component of canine diet.

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It was a slow day in heaven, so God phoned Satan to see what was going on down there. "It's a slow day here, too," said Satan. "Well," God said, "I think a dog show might be fun." "Sounds good," said Satan, "but why are you calling me? You've got all the dogs up there."

"I know," answered God, "but you've got all the judges."

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## MAGNOTHERAPY FOR ANIMALS

*For Arthritis and Injuries by Heather Woodford*

For many years, the Japanese and Chinese have realised the value of magnotherapy. It has been used for hundreds of years to help relieve pain and accelerate the natural healing process. There is no definite explanation accepted by the medical profession as to how it works, but what we do know is that when you pass blood through a magnetic field, it seems to make it more efficient and you are helping the body to repair itself. I have received many reports from people whose animals have very successfully improved from injuries and arthritis.

I am a dog trainer at the Leicester Dog Training Club and have been competing in the 'obedience world' for nine years with my border collie, Kelly, who won Crufts in the bitch obedience and Pro Dogs in 1993. She is now 11 years old, and retired from the ring. In the last two-to-three years, she has developed arthritis and becomes less mobile, with her knee joints becoming swollen.

I bought a Bioflow magnetic dog collar for her which fits easily around her neck with the magnet on the vein at the side. The improvement was visible within a week, and she became a much livelier and happier dog, running around more like a puppy again. I also noticed an amazing difference in her knee joints as they had become far less swollen. The results were brilliant and I understand that the success rate is very high for dogs, cats and horses.

** So impressed is Heather with the effects of Bioflow collars, that she has become an agent. The cost of the dog collar is £29.99 including VAT - if you would like to receive further information, please ring Heather, telephone 0116 241 4423.*

## SEMINAR NEWS

Several very successful seminars have taken place over the last few months.

CHC National Branch Co-ordinator, Sylvia Kolkowski, and her band of loyal helpers, staged a vaccination seminar in Wakefield during June. Attendance was high, with delegates almost spilling out of the hall. Catherine O'Driscoll's talk on canine vaccination was perfectly complemented by the homoeopathic vet John Saxton, who spoke of vaccine-damaged animals he had treated, and told attendees to put the violins away when vets speak of the horrors of distemper: *"An 18-month-old puppy with arthritis, or a dog dying of haemolytic anaemia are equally distressing sights,"* he said, *"and vaccines are responsible."* John also spoke of the effectiveness of nosodes and answered questions concerning their administration.

Sylvia presented a cheque for £300 to CHC, **for which we are very grateful**.

Alison Pearce organised a day-long seminar in Tamworth during July, with CHC Branch Organiser Deborah Molwuka illustrating the benefits of natural food for dogs, and Catherine O'Driscoll speaking of the dangers of annual vaccination. Adrienne Campbell also spoke of the wonders of Aloe Vera, leaving most attendees desperate to get some! Profits from the day were donated to CHC funds. Again, we are very thankful to Alison and her colleagues who helped organise the excellent day.

And, later in July, Alison Lovell of Bristol organised an extremely successful seminar, with over a hundred attendees. The seminar was staged in memory of Cougar, Alison's dearly beloved GS puppy who had to be put to sleep with irreparable brain damage shortly after he was vaccinated.

Homoeopathic vet *James Newns* added entertaining and thought-provoking fire power to Catherine O'Driscoll's talk, and spoke of the safe and effective nosode alternative to vaccines. *Roger Burrows* from the University of Exeter was a surprise guest who kindly told delegates of his experiences with rabies vaccines in the Serengeti National Park in Africa. *"As a biologist,"* he said, *"I was studying five rare breeds of wild dogs in the Serengeti. It was decided to vaccinate these dogs against rabies, and within a year every one of them was dead. Far from reducing disease, the exact opposite occurred."*

Alison has raised £190 for CHC, with a further £48 coming from the raffle - prizes kindly donated by CHC Branch Organiser *Sally Cronk*.

## FORTHCOMING SEMINARS

Don't forget the CHC annual bash in October - it's guaranteed to be a day you won't forget. Taking place at Friends Meeting House, Euston, London on October 10th, and the Hatherton Country Hotel at Penkridge, Staffordshire on the 11th, our guest speakers are Christopher Day, the UK's leading light in holistic healthcare for animals; and Wendy Volhard who - we are told - is a 'phenomenal' speaker. Wendy is an author, acupuncturist, kinesiologist, behaviourist and expert on canine nutrition - and she's been running holistic seminars in America since the '70s.

As the PFMA has targeted this seminar, we would appreciate your support - by attending, and telling dog-loving friends about it. If you are able to get a group to come, then please contact us for details of discounts available.

### Leicester, November 7th

Two Leicester dog training groups have joined forces to stage a day-long seminar on vaccines in November. In addition to Catherine O'Driscoll, the homeopathic vet Peter Gregory will be speaking. He will be providing case stories to illustrate the myriad diseases that can arise from vaccines. For information or tickets, please contact Heather Woodford, telephone 0116 241 4423 after August 21st.

### USA and Canada

Overseas members might be interested in attending talks by Catherine O'Driscoll in Vancouver, Canada, and Missouri, USA, during August and September, or New York State in October. For details, please contact CHC.

## FUND RAISING

CHC is always in need of extra funds. Costs run into the £ thousands to print and distribute our newsletters, and there is so much more we would like to do in order to warn dog lovers of the dangers posed by unscrupulous big businesses and misleading veterinary advice.

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If you are able to raise funds in any way, we would be extremely grateful. As you know, CHC is staffed by unpaid volunteers, so every penny you raise will go back into helping dogs live longer, healthier, lives.

## NEW MEMBERS

The most effective way for us to raise funds and spread the good news effectively, is to have YOU as a member. Not only does your £10 annual subscription help enormously, but by actively talking about the issues to other dog lovers, and passing on relevant literature, you become part of a life-saving network.

To become a member of CHC, please send a stamped addressed envelope to Canine Health Concern, PO Box 1, Longnor, Derbyshire SK17 OJD, asking for a membership application form. We will send it to you by return.

## STAMP on IT!

*Sally Cronk* is collecting used stamps for CHC, which are then sent to auction. Sally has recently given CHC a £50 cheque from the proceeds. If you are able, please send your used stamps to Sally Cronk, 20 Downsview, Heathfield, East Sussex TN21 8PE. Thank you!

## LOITERING WITH INTENT

CHC has a number of collection boxes which can be legally used in many situations. For example, at seminars, in shops, in shop doorways and pubs (with permission from the proprietor), and so on. If you have a few hours to spare and are able to loiter with intent for the sake of our dogs, then please contact *Paul Kolkowski,* 397 Barnsley Road, Wakefield WF2 6BG.

## NEWSLETTER SALES

At a recent CHC Branch Organisers meeting, it was decided that we would put a cover price on CHC Updates (including this newsletter). Several

newsletters are being posted to each member to pass on to dog-loving friends. If your friends are in a position to pay the cover price, then this will be much appreciated. However, we don't want money to stand in the way of dog lovers learning how to better care for their friends, so please use your discretion. If they won't pay, give it away!

CHC member *Brian Cleghorn* wrote with a brilliant idea: *"I have given my copies of CHC Update No. 6 to a few natural health food shops. They were all keen to receive more copies for people to take from their counter. Also, my local library was interested. This seems like a good idea for other CHC members to follow. Please send me another hundred copies to distribute. I enclose a large A4 stamped addressed envelope."*

## Kennels and Clubs

CHC volunteers are compiling lists of boarding kennels and obedience and ringcraft classes that will accept non-vaccinated dogs. Most (if not all) of these require that your dog has received nosodes. One kennel owner will even reject dogs who have received the kennel cough vaccine as he (John 'the Dog') believes that this vaccine has actually created the disease in his kennels.

If you would like a list of kennels that accept nosode-protected dogs or, indeed, if you know of any that do, please contact:

Maggie Marshall
CHC Kennel Co-ordinator
3 Byefields
Kempsey
Worcestershire
WR5 3NN

If you would like a list of training or ringcraft classes that accept nosode-protected dogs, or if you can help us to compile a list, please contact:

Sylvia Kolkowski
CHC National Branch Co-ordinator
397 Barnsley Road
Wakefield
WF2 6BG

## *SAEs ENDEAR YOU TO US ALL!*

When you write to CHC or any of its volunteers, please remember that we are all unpaid and that funds are tight. So if you would like us to reply to your letter, please enclose a stamp, or a stamped-self-addressed envelope. If you are telephoning, please don't ask us to call you back unless it's urgent - as our phone bills are already enormous!

## TALKING OF TELEPHONES

CHC now has a network of volunteers who take phone calls throughout the week. Volunteers are available to help if your dog has a problem that might benefit from others who are experienced in the use of alternative healthcare, natural diets, homoeopathic nosodes, and helping sick dogs through difficult times. None of us are vets, but we can put you in touch with fully qualified professionals.

| | |
|---|---|
| Monday: | Deborah Molwuka - 0114 267 826 |
| Tuesday: | Catherine O'Driscoll 01298 84737 |
| Wednesday: | Rosamund Walters - 01686 668450 |
| Thursday: | Rosamund Walters - 01686 668450 |
| Friday: | Sylvia Kolkowski - 01924 252107 |
| Saturday: | Day of Rest |
| Sunday: | Jean Collinson - 0161 681 1184 |

Occasionally, volunteers take holidays or are unable to answer calls for some reason; sometimes they have to walk their dogs! So please be patient with us.

If in doubt, phone 01298 84737, and if there's no-one there to take your call, an answerphone message will tell you who is on duty. We'd be grateful if you don't phone volunteers on days other than those alloted to them, as some of them work from home and need to work to live! We will shortly be introducing a central number which guarantees to answer, so please bear with us.

# Tails of the Beauty Parlour

Joyce Davoile was a dog groomer, and shares some of her experiences with us. Joyce wrote:

Case One:

A middle-aged bitch who had been fed from puppyhood on a well known, advertised, canned food, plus a daily supply of well known, advertised, dog treats, was brought to me for grooming.

This bitch must have been her vet's best friend, as she was covered in wet eczema, including around the eyes. Her teeth were foul, and she was extremely overweight. I found her very difficult to bath and trim, owing to her sores. She was so sore, that after several visits to me, I asked the owner if she had ever considered feeding a white meat and rice diet, which would include withholding all her doggie chocs and treats.

I have, over the years, experienced cases of eczema which responded well to a white meat diet. I also asked the owner if her vet had ever suggested a change of diet. The answer was, 'no'. I wrote out a sensible healthy diet for this bitch, plus correct quantities in ounces to try to cut her weight down (she was twice what her normal weight should have been).

The new diet included cooked brown rice, chicken, fish, tripe, lamb, plenty of fresh vegetables, and instead of her dog biscuits, I recommended baked brown wholemeal bread and boiled water. I also suggested a well known herbal conditioner, and a visit to the vet for her teeth!

I next saw this bitch at her trimming appointment six weeks later - and what a difference! Even her owner couldn't believe the change. Her eczema hadn't completely cleared, but was hardly noticeable. Her eyes were bright and clear, she had double the energy, and just a few dry scaly patches on her body. Her weight, however, was no better. Teeth had also been cleaned and extracted.

The owner did, however, complain about how time-consuming the new diet was, and very inconvenient when someone else in the family was left to feed her.

After a short time, the bitch was brought back to me for another trim, and I noticed how bad her eczema was again. In fact, it was practically back to the original state and she was back on pills and injections from the vet.

When I questioned the owner, she admitted that the bitch was back on canned food. She had been on holiday and left the family to feed her, and they hadn't bothered too much with her diet.

As the owner now had proof that a natural diet did indeed help, she promised to put her back on it. She had learnt the hard way, but kept her promise and the bitch, although still overweight, is practically free from eczema and I'm sure feels a lot better.

Case Two:

A new puppy owner asked me if I could supply her with a diet sheet, so I gave her a natural feeding guide as given with my own puppies. The puppy grew into a fine normal adolescent, until he was approximately 12 months old, when I noticed him chewing and scratching. The owner had also noticed, but hadn't bothered to do anything about it.

The next time I saw him, he was practically hairless in three areas, and he was chewing even harder. He was also extremely highly strung. The owners were by now beginning to show concern, and took the dog to the vet, who as usual gave injections and tablets. All went well for around four weeks.

Next trim, and the dog looked like 'nine hairs on a nit!!'. When I questioned the owner about the dog's diet, I wasn't surprised to be told that he was being fed a well-known, advertised, canned food - because he liked it and it was less fuss, and so much easier and quicker to open a tin.

I tried to explain that a natural fresh meat diet with plenty of vegetables, etc., would be much more beneficial, especially considering the dog didn't chew before he was put on commercial food. Under protest, the owner changed back to the natural diet and, six weeks later, he showed great improvement: fur was growing over the chewed and scratched areas, and his temperament was a lot calmer. In fact, he seemed like a normal dog.

Unfortunately, this same dog today is back to chewing, scratching, and being extremely excitable, as the owner - like most others - finds opening a can much more convenient. This particular lady is also influenced by advertising. She keeps telling me that the food is advertised on television, and all the dogs seem very fit and healthy, and appear to love the food. . . . so it must be good! Human intelligence!

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## CHC Book List

Canine Health Concern sells a selective number of books and audio cassette tapes through mail order. These books and tapes are recommended reading and listening for dog lovers. All proceeds from sales go into CHC funds; and all prices include post and packaging. If you would like to order any books, please send a cheque to CHC, PO Box 1, Longnor, Derbyshire SK17 OJD.

### Books:

Who Killed the Darling Buds of May? What Vets Don't Tell You About Vaccines, by Catherine O'Driscoll. Price £16.45

Feeding Dogs the Natural Way, by Christopher Day MRCVS. Price £4.95

Vivisection Unveiled, by Dr Tony Page. Price £7.99

Let's Cook for Our Dog, by Dr Ed Dorosz. Price £16.95 (don't be fooled, it's not all cooking)

Let's Cook for Our Cat, by Dr Ed Dorosz. Price £15.95

### Cassettes:

Canine Vaccination by Catherine O'Driscoll - £4

Homoeopathy for Pets by Peter Gregory - £4

The Healthy Dog Guide by Catherine O'Driscoll - £5

Ian Billinghurst - a few sets left of his 1997 seminar presentation. £4.

## Vaccine Survey

The number of completed forms has grown and has now been entered into our database for further analysis. We expect to report back to you in the next newsletter about further findings. In the meantime we need more forms completed.

If you would like to take part in this survey, please write to CHC, PO Box 1, Longnor, Derbyshire SK17 OJD, enclosing a LARGE (A4) stamped, self-addressed envelope, and marking the envelope "(number) vaccine survey questionnaires".

## About Canine Health Concern

This Newsletter is being posted to CHC members only. However, we do ask our members to hand newsletters out to other dog lovers. Membership to Canine Health Concern is open to all.

The group fulfils three functions:

1. To conduct independent research concerning the health of dogs.
2. To educate and inform fellow dog lovers.
3. To act as a consumer protection group.

Membership to CHC entitles you to regular newsletters, discounted seminar tickets, attendance at local CHC Branch meetings, and - importantly - information that will help you to help your dogs live long, active, and healthy lives.

If you would like further information about Canine Health Concern and its work, please write to:

CHC, PO Box 1, Longnor, Derbyshire SK17 OJD.

Please enclose a large stamped-self addressed envelope.

Canine Health Concern is supported by an international group of vets and animal healthcare professionals.

# Science of Vaccine Damage

by Catherine O'Driscoll
(printed with permission)

A team at Purdue University School of Veterinary Medicine conducted several studies (1,2) to determine if vaccines can cause changes in the immune system of dogs that might lead to life-threatening immune-mediated diseases. They obviously conducted this research because concern already existed. It was sponsored by the Haywood Foundation which itself was looking for evidence that such changes in the human immune system might also be vaccine induced. It found the evidence.

The vaccinated, but not the non-vaccinated, dogs in the Purdue studies developed auto antibodies to many of their own biochemicals, including fibronectin, laminin, DNA, albumin, cytochrome C, cardiolipin and collagen.

This means that the vaccinated dogs -- "but not the non-vaccinated dogs"-- were attacking their own fibronectin, which is involved in tissue repair, cell multiplication and growth, and differentiation between tissues and organs in a living organism.

The vaccinated Purdue dogs also developed auto antibodies to laminin, which is involved in many cellular activities including the adhesion, spreading, differentiation, proliferation and movement of cells. Vaccines thus appear to be capable of removing the natural intelligence of cells.

Auto antibodies to cardiolipin are frequently found in patients with the serious disease systemic lupus erythematosus and also in individuals with other autoimmune diseases. The presence of elevated anti-cardiolipin antibodies is significantly associated with clots within the heart or blood vessels, in poor blood clotting, hemorrhage, bleeding into the skin, fetal loss and neurological conditions.

The Purdue studies also found that vaccinated dogs were developing auto antibodies to their own collagen. About one quarter of all the protein in the body is collagen. Collagen provides structure to our bodies, protecting and supporting the softer tissues and connecting them with the skeleton. It is no wonder that Canine Health Concern's 1997 study of 4,000 dogs showed a high number of dogs developing mobility problems shortly after they were vaccinated (noted in my 1997 book, What Vets Don't Tell You About Vaccines).

Perhaps most worryingly, the Purdue studies found that the vaccinated dogs had developed auto antibodies to their own DNA. Did the alarm bells sound? Did the scientific community call a halt to the vaccination program? No. Instead, they stuck their fingers in the air, saying more research is needed to ascertain whether vaccines can cause genetic damage. Meanwhile, the study dogs were found good homes, but no long-term follow-up has been conducted. At around the same time, the American Veterinary Medical Association (AVMA) Vaccine-Associated Feline Sarcoma Task Force initiated several studies to find out why 160,000 cats each year in the USA develop terminal cancer at their vaccine injection sites.(3) The fact that cats can get vaccine-induced cancer has been acknowledged by veterinary bodies around the world, and even the British Government acknowledged it through its Working Group charged with the task of looking into canine and feline vaccines(4) following pressure from Canine Health Concern. What do you imagine was the advice of the AVMA Task Force, veterinary bodies and governments? "Carry on vaccinating until we find out why vaccines are killing cats, and which cats are most likely to die."

In America, in an attempt to mitigate the problem, they're vaccinating cats in the tail or leg so they can amputate when cancer appears. Great advice if it's not your cat amongst the hundreds of thousands on the "oops" list.

But other species are okay - right? Wrong. In August 2003, the Journal of Veterinary Medicine carried an Italian study which showed that dogs also develop vaccine-induced cancers at their injection sites. (5) We already know that vaccine-site cancer is a possible sequel to human vaccines, too, since the Salk polio vaccine was said to carry a monkey retrovirus (from cultivating the vaccine on monkey organs) that produces inheritable cancer. The monkey retrovirus SV40 keeps turning up in human cancer sites.

It is also widely acknowledged that vaccines can cause a fast-acting, usually fatal, disease called autoimmune hemolytic anemia (AIHA). Without treatment, and frequently with treatment, individuals can die in agony within a matter of days. Merck, itself a multinational vaccine manufacturer, states in The Merck Manual of Diagnosis and Therapy that autoimmune hemolytic anemia may be caused by modified live-virus vaccines, as do Tizard's Veterinary Immunology ($4^{th}$ edition) and the Journal of Veterinary Internal Medicine. (6) The British Government's Working Group, despite being staffed by vaccine-industry consultants who say they are independent, also acknowledged this fact. However, no one warns the pet owners before their animals are subjected to an unnecessary booster, and very few owners are told why after their pets die of AIHA.

**A Wide Range of Vaccine-induced Diseases**

We also found some worrying correlations between vaccine events and the onset of arthritis in our 1997 survey. Our concerns were compounded by research in the human field.

The New England Journal of Medicine, for example, reported that it is possible to isolate the rubella virus from affected joints in children vaccinated against rubella. It also told of the isolation of viruses from the peripheral blood of women with prolonged arthritis following vaccination.(7)

Then, in 2000, CHC's findings were confirmed by research which showed that polyarthritis and other diseases like amyloidosis, which affects organs in dogs, were linked to the combined vaccine given to dogs.(8) There is a huge body of research, despite the paucity of funding from the vaccine industry, to confirm that vaccines can cause a wide range of brain and central nervous system damage. Merck itself states in its Manual that vaccines (i.e., its own products) can cause encephalitis: brain inflammation/damage. In some cases, encephalitis involves lesions in the brain and throughout the central nervous system. Merck states that "examples are the encephalitides following measles, chickenpox, rubella, smallpox vaccination, vaccinia, and many other less well defined viral infections".

When the dog owners who took part in the CHC survey reported that their dogs developed short attention spans, 73.1% of the dogs did so within three months of a vaccine event. The same percentage of dogs was diagnosed with epilepsy within three months of a shot (but usually within days). We also found that 72.5% of dogs that were considered by their owners to be nervous and of a worrying disposition first exhibited these traits within the three-month post-vaccination period.

I would like to add for the sake of Oliver, my friend who suffered from paralyzed rear legs and death shortly after a vaccine shot, that "paresis" is listed in Merck's Manual as a symptom of encephalitis. This is defined as muscular weakness of a neural (brain) origin which involves partial or incomplete paralysis, resulting from lesions at any level of the descending pathway from the brain. Hind limb paralysis is one of the potential consequences. Encephalitis, incidentally, is a disease that can manifest across the scale from mild to severe and can also cause sudden death.

Organ failure must also be suspected when it occurs shortly after a vaccine event. Dr Larry Glickman, who spearheaded the Purdue research into post-vaccination biochemical changes in dogs, wrote in a letter
to Cavalier Spaniel breeder Bet Hargreaves:

"Our ongoing studies of dogs show that following routine vaccination, there is a significant rise in the level of antibodies dogs produce against their own tissues. Some of these antibodies have been shown to target the thyroid gland, connective tissue such as that found in the valves of the heart, red blood cells, DNA, etc. I do believe that the heart conditions in Cavalier King Charles Spaniels could be the end result of repeated immunizations by vaccines containing tissue culture contaminants that cause a progressive immune response directed at connective tissue in the heart valves. The clinical manifestations would be more pronounced in dogs that have a genetic predisposition [although] the findings should be generally applicable to all dogs regardless of their breed."

I must mention here that Dr Glickman believes that vaccines are a necessary evil, but that safer vaccines need to be developed.

Meanwhile, please join the queue to place your dog, cat, horse and child on the Russian roulette wheel because a scientist says you should.

**Vaccines Stimulate an Inflammatory Response**

The word "allergy" is synonymous with "sensitivity" and "inflammation". It should, by rights, also be synonymous with the word "vaccination". This is what vaccines do: they sensitize (render allergic) an individual in the process of forcing them to develop antibodies to fight a disease threat. In other words, as is acknowledged and accepted, as part of the vaccine process the body will respond with inflammation. This may be apparently temporary or it may be longstanding.

Holistic doctors and veterinarians have known this for at least 100 years. They talk about a wide range of inflammatory or "-it is" diseases which arise shortly after a vaccine event. Vaccines, in fact, plunge many individuals into an allergic state. Again, this is a disorder that ranges from mild all the way through to the suddenly fatal. Anaphylactic shock is the culmination: it's where an individual has a massive allergic reaction to a vaccine and will die within minutes if adrenaline or its equivalent is not administered.

There are some individuals who are genetically not well placed to withstand the vaccine challenge. These are the people (and animals are "people", too) who have inherited faulty B and T cell function. B and T cells are components within the immune system which identify foreign invaders and destroy them, and hold the invader in memory so that they cannot cause future harm. However, where inflammatory responses are concerned, the immune system overreacts and causes unwanted effects such as allergies and other inflammatory conditions.

Merck warns in its Manual that patients with, or from families with, B and/or T cell immune deficiencies should not receive live-virus vaccines due to the risk of severe or fatal infection. Elsewhere, it lists features of B and T cell immune deficiencies as food allergies, inhalant allergies, eczema, dermatitis, neurological deterioration and heart disease. To translate, people with these conditions can die if they receive live-virus vac-

cines. Their immune systems are simply not competent enough to guarantee a healthy reaction to the viral assault from modified live-virus vaccines.

Modified live-virus (MLV) vaccines replicate in the patient until an immune response is provoked. If a defense isn't stimulated, then the vaccine continues to replicate until it gives the patient the very disease it was intending to prevent.

Alternatively, a deranged immune response will lead to inflammatory conditions such as arthritis, pancreatitis, colitis, encephalitis and any number of autoimmune diseases such as cancer and leukemia, where the body attacks its own cells.

A new theory, stumbled upon by Open University student Gary Smith, explains what holistic practitioners have been saying for a very long time. Here is what a few of the holistic vets have said in relation to their patients:

Dr Jean Dodds: "Many veterinarians trace the present problems with allergic and immunologic diseases to the introduction of MLV vaccines..." (9)

Christina Chambreau, DVM: "Routine vaccinations are probably the worst thing that we do for our animals. They cause all types of illnesses, but not directly to where we would relate them definitely to be caused by the vaccine." (10)

Martin Goldstein, DVM: "I think that vaccines...are leading killers of dogs and cats in America today."

Dr Charles E. Loops, DVM: "Homoeopathic veterinarians and other holistic practitioners have maintained for some time that vaccinations do more harm than they provide benefits." (12)

Mike Kohn, DVM: "In response to this [vaccine] violation, there have been increased auto-immune diseases (allergies being one component), epilepsy, neoplasia [tumors], as well as behavioral problems in small animals." (13)

**A Theory on Inflammation**

Gary Smith explains what observant healthcare practitioners have been saying for a very long time, but perhaps they've not understood why their observations led them to say it. His theory, incidentally, is causing a huge stir within the inner scientific sanctum. Some believe that his theory could lead to a cure for many diseases including cancer. For me, it explains why the vaccine process is inherently questionable.

Gary was learning about inflammation as part of his studies when he struck upon a theory so extraordinary that it could have implications for the treatment of almost every inflammatory disease – including Alzheimer's, Parkinson's, rheumatoid arthritis and even HIV and AIDS.

Gary's theory questions the received wisdom that when a person gets ill, the inflammation that occurs around the infected area helps it to heal. He claims that, in reality, inflammation prevents the body from recognizing a foreign substance and therefore serves as a hiding place for invaders. The inflammation occurs when at-risk cells produce receptors called All (known as angiotensin II type I receptors). He says that while At1 has a balancing receptor, At2, which is supposed to switch off the inflammation, but in most diseases this does not happen.

"Cancer has been described as the wound that never heals," he says. "All successful cancers are surrounded by inflammation. Commonly this is thought to be the body's reaction to try to fight
the cancer, but this is not the case.

"The inflammation is not the body trying to fight the infection. It is actually the virus or bacteria deliberately causing inflammation in order to hide from the immune system [author's emphasis]." (14)

If Gary is right, then the inflammatory process so commonly stimulated by vaccines is not, as hitherto assumed, a necessarily acceptable sign. Instead, it could be a sign that the viral or bacterial component, or the adjuvant (which, containing foreign protein, is seen as an invader by the immune system), in the vaccine is winning by stealth.

If Gary is correct in believing that the inflammatory response is not protective but a sign that invasion is taking place under cover of darkness, vaccines are certainly not the friends we thought they were. They are undercover assassins working on behalf of the enemy, and vets and medical doctors are unwittingly acting as collaborators. Worse, we animal guardians and parents are actually paying doctors
and vets to unwittingly betray our loved ones.

Potentially, vaccines are the stealth bomb of the medical world. They are used to catapult invaders inside the castle walls where they can wreak havoc, with none of us any the wiser. So rather than
experiencing frank viral diseases such as the flu, measles, mumps and rubella (and, in the case of dogs, parvovirus and distemper), we are allowing the viruses to win anyway - but with cancer, leukemia and other inflammatory or autoimmune (self-attacking) diseases taking their place.

**The Final Insult**

All 27 veterinary schools in North America have changed their protocols for vaccinating dogs and cats along the following lines; (15) however, vets in practice are reluctant to listen to these changed protocols and official veterinary bodies in the UK and other countries are ignoring the following facts.

Dogs' and cats' immune systems mature fully at six months. If modified live-virus vaccine is given after six months of age, it produces immunity, which is good for the life of the pet. If another MLV vaccine is given a year later, the antibodies from the first vaccine neutralize the antigens of the second vaccine and there is
little or no effect. The titre is not "boosted", nor is more memory cells induced.

Not only are annual boosters unnecessary, but they subject the pet to potential risks such as allergic reactions and immune-mediated haemolytic anemia.

In plain language, veterinary schools in America, plus the American Veterinary Medical Association, have looked at studies to show how long vaccines last and they have concluded and announced that annual vaccination is unnecessary. (16-19)

Further, they have acknowledged that vaccines are not without harm. Dr Ron Schultz, head of pathobiology at Wisconsin University and a leading light in this field, has been saying this politely to his veterinary colleagues since the 1980s. I've been saying it for the past 12 years. But change is so long in coming and, in the meantime, hundreds of thousands of animals are dying every year -unnecessarily.

The good news is that thousands of animal lovers (but not enough) have heard what we've been saying. Canine Health Concern members around the world use real food as Nature's supreme disease preventative, eschewing processed pet food, and minimize the vaccine risk. Some of us, myself included, have chosen not to vaccinate our pets at all. Our reward is healthy and long-lived dogs.

It has taken but one paragraph to tell you the good and simple news. The gratitude I feel each day, when I embrace my healthy dogs, stretches from the centre of the Earth to the Universe and beyond.

**About the Author:**
Catherine O'Driscoll runs Canine Health Concern which campaigns and also delivers an educational program, the Foundation in Canine Healthcare. She is author of Shock to the System (2005; see review this issue), the best-selling book What Vets Don't Tell You About Vaccines (1997, 1998), and Who Killed the Darling Buds of May? (1997; reviewed in NEXUS 4/04).She lives in Scotland with her partner, Rob Ellis, and three Golden Retrievers, named Edward, Daniel and Gwinnie, and she lectures on canine health around the world.

For more information, contact Catherine O'Driscoll at Canine Health Concern, PO Box 7533, Perth PH2 1AD, Scotland, UK, email **catherine@carsegray.co.uk** , website **http://www.canine-health-concern.org.uk.**

Shock to the System is available in the UK from CHC, and worldwide from Dogwise at **http://www.dogwise.com.**

**End notes**


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